

Trends & Traditions



May 2016

Madison Senior Center



Kuchta Spring Walk through Bauer Park

Bob Kuchta will lead another of his legendary walks through Bauer Park, Madison's little bit of heaven. The walk will follow the Woodland trail; located on the eastern side of the park through the woods, past the pond and stream and nearby old pasture stone walls. A description of how the park developed over the past 25 years and some quips about Erwin Bauer will also unfold. Approximately 90 minutes.

Friday, May 20th Depart MSC at 1:30

FREE

Save The Date!

Dr. Tortland will discuss *Stem Cell Enhancement Therapy*, one of the most exciting recent developments in the treatment of chronic musculoskeletal conditions is harnessing the power of adult stem cells. He'll cover what it is, what it is *not* and how it can help you. If you have painful arthritis, chronic tendon and ligament tears, and other painful musculoskeletal conditions this informative lecture could be very helpful to you. Pre-register please!

Monday, June 27th

3:00 pm

FREE



FOLLOW-UP VISITS FOR "MAKING SENSE OF ART"

Yale Center for British Art program

Making Sense of Art, is a multi-visit program created around sustained artwork viewing, conversation, and art appreciation. A series of visits to the museum have been crafted around a theme. The docent acts as a facilitator for the discussion and not as a lecturer although key information is provided to encourage discussion. The program involves 2 visits, one in May and one in June. Each time, different objects are used to teach, encourage close looking, and conversation. No one needs any background or knowledge of art or British art. **Preregistration is required.**



Wed., May 25th & June 15th at 1:30pm
We will depart MSC at 12:45pm.

Bus Fee: \$4



Downton Abbey at the Senior Center

Are you having the Downton blues? Or are you kicking yourself that you missed it altogether? Well, we have just the thing for that! Starting with Season 1 we will be showing the entire series at the Senior Center. We will begin on Wednesday May 4th and end in October.

Wednesdays & Thursdays

at 1:00pm

FREE

SHOPPING ADVENTURES



Cozy Corner Bake Shop Friday, May 6th

depart MSC at 1:30pm

I have it on good authority that Killingworth's Cozy Corner Bake Shop, is one of the best bakeries in the state. They have everything from breakfast pastries, specialty cakes and cupcakes to pies and specialty breads. Come with us and discover or re-discover this Connecticut gem.

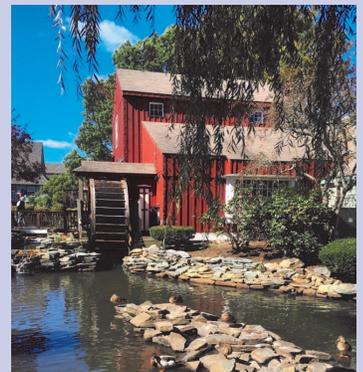
Bus Fee \$2

Olde Mystick Village Monday, May 16th -

depart MSC at 10:30am

These shops have something for everyone, from men and women's clothing, jewelry, home décor, toys, artisanal food items, to something for your pampered pet. The have lunch at one of the unique restaurants offering everything from wood-fired pizza, steak and seafood to ice cream, cupcakes and gourmet coffee and chocolates.

Bus Fee: \$4





MADISON SENIOR CENTER

29 Bradley Road, Madison, CT 06443

PHONE: (203)245-5627

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Monday-Friday 8:30-4:00pm

SR. COMMUNITY CAFÉ

(203) 245-5627

DIAL-A-RIDE (203)245-5627

Operates on Mondays, Wednesdays and Fridays only. 48 hour notice required.

MUNICIPAL AGENT FOR THE

ELDERLY (203) 245-5687



SENIOR COMMISSION

- Vice-Chairs..... Dr. Gerard Kerins
- Wendy Oberg
- Members..... James Ball
- Craig Bernard
- Patricia Melady
- Sheri Puricelli
- Marcy Sanders
- Dale Kach
-Lori Murphy

The Senior Commission meets on the second Thursday of the month at the Senior Center.

The next meeting will be

May 12th, 2016 at 5:30pm

SENIOR CENTER STAFF

- Director of Senior Services.. Austin Hall
- Asst. Director Heather Castrilli
- Program Coordinator Ellie Gillespie
- Receptionist Peggy Zambarano
- Chef Kevin Wolfe
- Server Stephanie Jacoboski
- DishwasherDan Lux
- Bus Driver: Michael Rand
- Bus Driver: Helen Sneider
- Bus Driver: Dennis Marron
- Bus Driver: Tina Macero

Dance for Joy



- Dancers from Madison and other Shoreline communities will gather in the Senior Center Café, to demonstrate social and competitive dancing.
- Dances will include examples of *Latin, Rhythm, Smooth* and *Standard* styles as well as *Country Line Dance*. Members of the Senior Center Ballroom Line Dancing class will perform with their teacher, Karen Pfrommer, from the *Dance in Rhythm Studio*. This is sure to be a exciting and entertaining afternoon of extraordinary dancing. Refreshments will be served and please call to let us know you plan to attend.
- **Monday, May 16th at 2 pm. FREE**

Lunch with Tom

Come enjoy lunch with our First Selectman, Tom Banisch. Tom joins us on the 3rd Tuesday of every month to have lunch and chat with Madison seniors. Bring your questions, concerns and compliments. *Please remember to make a reservation for lunch, prior to the day before, by noon.*



Tuesday, May 17th, at 11:30 am

Lunch Fee: \$4

Mah Jongg Game Play



It's a game of skill, strategy and a certain degree of chance. Lots of opportunities to play at MSC.



Monday: 11:30 - 3:30pm * Wed.: 9:30-12 & 11:30 - 3:45pm

Fridays: 9:30-12 & 11:30 - 3:45pm

All are welcome!



The Adventurous Culinary Club



This month we'll be going to *Nellie Greene's Restaurant* on the water in Branford. Nellie's is well reviewed and although the prices are not low the food is good! One reviewer said, *"A great place to dine. The food is great and imaginative, great location fun atmosphere. Very attentive staff."* So sign up and come with us to this fun shoreline eatery!

Friday, May 20th leaving MSC at 11:45am

Bus Fee: \$2

Please help us out and pre-register for all events.

Ongoing Activities at the Senior Center

Bridge	Thursdays & Fridays	1 – 4 pm
Canasta	Tuesdays	1 – 4 pm
Crocheting Bags	1st Wednesday of the Month	1 - 3 pm
Hand & Foot	Fridays	1 – 4 pm
Poker	Wednesdays	12:45 - 3pm
Knitting Group	Tuesdays & Thursdays	10am - 12pm
Walking Club	Mondays, Tuesdays & Wednesdays	10am
Quilts of Joy	Tuesdays	1:15 - 3:30pm

REMINDER: SENIOR & DISABLED TAX RELIEF PROGRAM

Tuesday, February 2nd – Friday, May 14th

The Town of Madison and State of CT offer tax relief for elderly and/or totally disabled residents that own and occupy their property as a primary residence. There are income, age, and residency requirements in order to be eligible and qualify for the program. Please stop into the Senior Center for a complete list of guidelines. **2015 income taxes must be filed prior to appointment. Maximum Annual Income: \$63,660.**

TAX DEFERRAL PROGRAM

Tuesday, February 2nd – Friday, May 14th

Eligible participants can defer payment of the real estate taxes for as long as they meet the qualifications of the program. Deferral of taxes cannot exceed \$8,000 in any one tax year. Tax deferrals will be secured by a lien in the full amount and an interest rate is charged. The current interest rate is 1%. An applicant must first apply for the Tax Relief Program to be eligible for a deferral. **2015 Maximum Annual Income: \$63,660.**

RENT REBATE Application Intake begins **Monday, May 16th, 2016**

If you rented an apartment in CT in 2015 you may be qualified to receive a one time payment of up to \$700 to help offset rental expenses. If you wish to file, please contact your electric company, landlord, the water company, and heating company to get proof of payments you made to them in 2015.

2015 Income Guidelines: Single:\$35,200 and Couples: \$42,900

MEDICARE SAVINGS PROGRAM *Updated Program limits*

Helps to pay the monthly Medicare Part B premiums for qualifying participants. Depending on income level this program may also lower co-pays for prescriptions to between \$2.60 \$6.50 and may cover doctor's co-pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program.

***NEW INCOME GUIDELINES* Monthly Max. Income: Single: \$2,435.40 & Couple: \$3,284.10**

MADISON SENIOR CENTER DINING PROGRAM ASSISTANCE

The cost of the lunch program is \$4.00 per meal. We understand that the cost could be burdensome for some seniors and we have developed the following guidelines for assisting those who cannot afford to eat at the Senior Center each day. We will use Energy Assistance guidelines to help us determine what level of assistance you can receive. Please see the guidelines listed below:

Income

<\$990/Month

\$991–\$1,238/Month

Number of Possible Meals Subsidized Per Week

4 meals/week maximum

3 meals/week maximum

This program is run off of a donation from Neighbor to Neighbor and is on a first come, first served basis. To seek further information on the program, please see Heather Castrilli or call (203)245-5627



MADISON COMMUNITY SERVICES FOOD PANTRY

The food pantry is operated by **Madison Community Services** and available for those residents who need the assistance. The Pantry is located at Orchard Park off Mungertown Rd. and is open on Wednesdays from 11:00 AM – 3:00 PM. **Transportation is available through the Senior Center. Regular Bus Pick up will be around 12:30pm for those needing a ride.**

Food Pantry Homebound Delivery - If you are unable to leave your home but would like to use the pantry, arrangements can be made to have a delivery to your house. Volunteers deliver food from the pantry on Wednesday mornings. A qualifying person will be unable to physically go to the food pantry. Please contact Heather to register for this program.

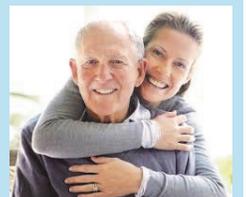


SNAP PROGRAM (Formerly Food Stamps).

Helps offset food expenses. Money is given monthly to eligible participants, on an EBT debit card to use at local grocery stores. **Monthly Max. Income: Single: \$1,815, Couple: \$2,456.**

CAREGIVER SUPPORT GROUP

Join VNA's Caregiver Support Network expert, for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers. Discuss different options such as: Curative, Palliative or Hospice Care. Discover ways to be mindful in healing from grief. Group meets the 3rd Tuesday of the month at the Senior Center. **Tuesday, May 19th, 11-12.pm FREE**



Aging: The Good, the Bad, and the Ugly with Taffy Bowes, LPC

We face a host of challenges as we age—loss of relationships, leaving jobs, time to “relax,” bionic parts, “downsizing.” If you are interested in discussing the challenges and issues we face as we age, Taffy Bowes, semi-retired, sage counselor will be leading a discussion group on these topics. All are welcome!

Topic: Our perspective on the world between the ages of 15 and 30.

Monday, May, 2nd at 1:00pm Free

Bingo!

Dessert Bingo with Watrous
Friday, May 6th at 1pm

St. Margaret's Bingo
Wednesday, May 11th
depart MSC at 11:30 am



CREATIVE WRITING

Write and share your thoughts, values and life lessons with other Seniors. Stimulating topics will be suggested each session and may be expressed in prose or poetry, as fiction or creative non-fiction. Attendees should be good listeners, maintain confidentiality, with willingness to share and contribute to discussion.

Mondays, 1-2:30pm Free

COMPUTER CLASSES

Classes are forming for the courses listed below. As we gather enough students for each class we will schedule the dates for them to run. Please call the Senior Center (203-245-5627) and let us know if you are interested in any of the classes below.

Computer Basics for Beginners - Learn the basic terminology, components etc. what can be done with a computer. Feel free to bring your own laptop or tablet.
Minimum: 4 Wed. 10 to 11:30 (4 classes) Fee: \$36R | \$46NR

iPad for Beginners - Learn basic skills, terminology, components etc. What can you do with an iPad: e-mail, games, and entertaining. Bring your iPad & password.
Minimum: 4 Wed. 1-2:30pm (4 classes) Fee: \$36R | \$46NR

E-Bay: and “New” Craig’s List - Learn to open E-bay & PayPal accounts, search & bid on items, pay and complete a transaction, and find the best deal. Become an eBay seller, what it costs, how to price your items, take and upload a picture, complete the sale. Bring a camera, charged battery. Bring your laptop with you.
Minimum: 4 Thurs., 10-12:30 (3 classes) Fee: \$27R | \$37NR

Open Lab: computers available for personal use when classes are not in session from 9am-4pm. Free



“Cinco de Mayo”



Celebrate Cinco de Mayo with a free multimedia program on Mexico and a wonderful South of the Border lunch in the MSC Café. **Please register for this multimedia program by 5/2.**

Thursday, May 5th

10:30-11:30 am

Lunch: \$4

Senior Newcomers’ Club

Have you just relocated or recently retired to the Shoreline? Our newcomers club is designed to acquaint new residents with the community. We look forward to meeting you for fun, friendship and great conversation! **Chair: Jennie Owens**
 Hors d'oeuvres and conversation at Jim and Barbara Ryan's, RSVP to Jennie Owens and please let Jennie know if you need transportation
newcomersclub15@gmail.com
 Saturday, May 7th 4pm

The Friday Movie Matinee at MSC

All movies begin at 1:00pm

5/6 “Manchurian Candidate”

5/13 “Seven Days in May”

5/20 “Charlie Wilson’s War”

5/27 “Fail Safe”

Many thanks to the
SSILL for providing these movies.

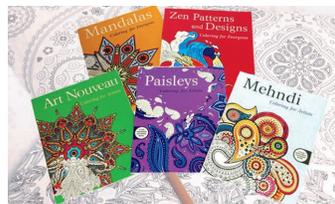
MSC ART GALLERY

View our latest exhibit by **Tom Benincas**. The show will run from May 8th through May 20th and is open Monday thru Friday from 8:30am-4pm (Please call the senior center for alternate times.)

The Art Gallery is a rotating gallery with a new local artist every 6 weeks. If you are an artist or know of a local artist with interest in exhibiting, please contact the Senior Center.

THE MSC COLORING CLUB!

Coloring Clubs for adults are popping up all over, and for great reasons! It is a wonderful relaxing activity that improves focus and is just plain fun! We will have some coloring books and colored pencils, but you are welcome to bring your own materials. Please pre-register.



Wednesdays from 2:00 - 3:30pm

Free

LEGAL ASSISTANCEThurs., May. 19th 9-10am

Attorneys from Cronan and Shields offer private 15 min. counseling services
Call the MSC for an appointment.



HANDICAPPED PARKING PERMIT APPLICATION

Available in the Senior Center office

MEET, MINGLE & MUNCH SOCIAL GROUP

Do you like to do things, but not alone? At the 3M's social group you can join others for fun activities and events. Meet us at 5pm on the 2nd Thursday of the month at a local restaurant.

May 12th at *Bill's Seafood in Westbrook***Ask the Nurse**

VNA Nurse can check your blood pressure, pulse and weight. She can also review your medications, help you to create a medication list, help you prepare for an appointment with your doctor.

Tues., May 10th & 24th 12:30pm**DIAL-A-RIDE**

M, W & F 8:45am to 3:30pm

(203) 245-5695 or (203) 245-5627
Transportation for elderly and disabled Madison residents. Rides are given in a 14 town region for medical appointments, & personal business.

**SENIOR CENTER BUS**

Monday - Friday 9am to 3:30pm

A fixed route service to the MSC, downtown, & grocery shopping.


TECH SUPPORT


Have an iPad or a smart phone and don't know how to use it? Get all your questions answered for free at the Madison Senior Center. The Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering **free** learning sessions.

No Class in May, but we'll start the summer weekly sessions June 20th *Please register with **Jessa Franco** at the Scranton Memorial Library (203) 245-7365, to receive updates regarding cancellations.*

MEALS-ON-WHEELS

by Madison Senior Center
Meals delivered around noon to the homebound or recently recovering. **Need 5 days notice & a doctor's referral.**

**SENIOR CAFÉ**

Monday through Friday at 11:30am Fee: \$4.00

Reservations needed by the day before by 12pm. Call (203) 245-5627.

**MASSAGE THERAPY**

Loosen up those tight muscles and get the blood flowing with a twenty minute chair massage. Let an experienced massage therapist help you achieve your wellness goals and feel better in the process.



Licensed Massage Therapist Susan Graham
Friday, May. 20th Fee: \$24
Call Senior Center for appointment.


HEARING CLINICS


Nancy Jablonski, from *Audiology Concierge* will be at the Madison Senior Center on the 3rd Monday of every month, for free hearing testing, hearing aid checks, wax inspection, and listening demonstrations. **Monday, May. 16th By Appointment Only**

Protect Yourself Against Financial Abuse

Fake emails. Phony lotteries. False promises. Elder financial fraud and abuse is on the rise. So it's important to know what to be aware of and what to do to protect yourself. Presented by Webster Bank.

Wednesday, May 4th at 10:30

FREE

ART 101

Come get your creative juices flowing! This popular class provides instruction in drawing, pastel, watercolor, acrylic and oil.

Tuesdays 1:30-3:30pm
Instr: Muriel Waldvogel
2nd Semester Fee \$5

DROP-IN NOVICE DUPLICATE

BRIDGE GAME

Begin the session with a mini-lesson with the instructor. The games that follow will be "supervised," questions about bidding or plays as you play the hands are allowed. Come with a partner, but if you can't find a partner, you can call the instructor, to be paired with someone.

Director: Connie Graham 860-505-7833

Friday's - 12:15- 3:30 pm

Fee: \$6 per class

BRIDGE BASICS 1

An 8-week class that covers the fundamentals of the game of Bridge which will consist of play, and defense. This class is for anyone who wants to learn to play bridge. In addition to discussion, practice hands will be provided for actual play. Please purchase the book, *Bridge Basics 1, An Introduction* by Audrey Grant and bring to the first class. It is available at R.J. Julia's at a 10% discounted price of \$10.75 (*may need to be ordered*). 8 Sessions
Instructor: Don Brueggemann Min. enrollment: 8
Tuesday, June 7th– July 26th 10-11:30am
Fee: \$60R | \$70NR

Exercise With Patty Velleca

CHAIR EXERCISES

Seated exercise. Increase muscle tone, joint flexibility, and cardiovascular strength.

Mondays - 10:30 to 11:30am

May 2nd - 23rd (no class 5/30)

R\$19 | NR\$29

4 classes

Minimum Enrollment: 9

Fridays - 10:30 to 11:30am

May 6th - 27th

R\$19 | NR\$29

4 classes

Minimum Enrollment: 9

SENIORS IN MOTION

Standing & chair exercises to help improve balance, strength, and stability.

Wednesdays - 10:30 to 11:30am

May 4th - 25th

R\$19 | NR\$29

4 classes

Minimum Enrollment: 9

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase circulation and relaxation. Yoga postures provide deep tension release, self-control, and they increase energy.

Mondays 9:30-10:30am

May 2nd - 23rd (no class 5/30)

R\$34 | NR\$44

4 classes

Minimum Enrollment: 5

Tuesday's 9:30-10:30am

May 3rd - 31st

R\$42 | NR\$52

5 classes

Minimum Enrollment: 5

FITNESS & MOVEMENT

Low impact aerobics for continuing good health. Cardiovascular workout with muscle and joint strengthening. Light weights will be used.

Wednesdays - 9:00 to 10:00am

May 4th - 25th

R\$34 | NR\$44

4 Classes

Minimum Enrollment: 5

Fridays - 9:00-10:00am

May 6th - 27th

R\$34 | NR\$44

4 Classes

Minimum Enrollment: 5

**Please Note: New Session
Registration Deadline:
Friday, April 29th.**

TAICHI



T'ai Ch'uan is a gentle way to nourish body, mind, and spirit. Slow movements can improve health, vitality, balance, and concentration. Instructor: S. Hanley **May 23rd - June 27th (5 weeks)**
No Class Memorial Day 5/30
Fee: R\$27 | NR\$37 9-10 am
Minimum Enrollment: 9



No Excuses Tap Dance Club

Tap dancing is not only great exercise, it's also great for your memory, sequencing skills, large and small motor skills, balance, core muscle work, right and left brain work, a great workout, and fun too! Dancers get together to practice weekly without an instructor.

Instructor Annette Smith will be here on Thursday, May 19th Fee is \$12.00
Tap shoes & registration required.
Thurs. from 10-11am FREE



Walkie Talkies

If you are tired of walking alone and want to meet other walkers. Walk with us weather permitting on **Mon. & Tues. at the MSC at 10 am.** Walking the Madison section of the *Shoreline Greenway Trail* on **Wednesday's at 10**, starts at Hammonasset State Park. A new parking area is now available just east of the main entrance, on Rte 1.



Laughter is the Best Medicine

provided by Diane Piagentini

A man was telling his neighbor, "I just bought a new hearing aid. It cost me four thousand dollars, but its state of the art. It's perfect."
 "Really," answered the neighbor, "What kind is it?"
 "Twelve thirty" he replied.

EXERCISE CLASSES WITH KRIS

The "exercise pass" is good for 5 or 10 classes taught by Kris and is valid until the end of the fiscal year of purchase. **Fiscal Year ends: June 30th, 2016.**

5 - Class Pass - R \$40 | NR \$50

10 - Class Pass - R \$80 | NR \$90

ZUMBA GOLD

Latin inspired, easy-to-follow, calorie burning, dance fitness-party. Feel the music and let loose.

Mondays at 1:00 Thursdays at 11:10
Closed Monday, May 30th



Ballroom Line Dancing

Reminisce with songs and dances you love, enjoy the memories they evoke while having fun and getting fit. Instructor: Karen Pfrommer (6 classes) (No Class 5/30/16)
Mon., May 2nd - Jun. 13th 2-3pm
Minimum: 9 Fee: \$24R | \$34NR

Meditation & EFT

Beth Lazor will continue the Meditation and EFT class she began last month. Meditation is a practice that refreshes the mind, expands your capacity for happiness, well-being, love, creativity and ease. Learn to live your life with less stress and anxiety and create more clarity, focus, compassion and joy. A regular practice of meditation creates changes in the brain physiology and can alter our genes! This 3 session course is designed for both new meditators and for experienced meditators. We will also continue EFT (Tapping), to calm the nervous system and help to restore balance to the body. (4 classes)

Minimum enrollment: 12

Wed. May. 4th - 25th at 10:30 Fee: \$20



Book Club

The next meeting will be May 26th discussing "Olive Kitteridge"
 Meetings are on the last Thursday of the month and begin at 1 pm

Mohegan Sun Friday**Friday, May 13th**

Every turn leads to a new adventure. Food vouchers & bet coupons included. *To register for the Mohegan trips: The Mohegan trip take place on the second Friday of every month. Madison residents may sign up starting on the Monday following the trip. Out of town residents may sign up on the Thursday following the trip. You do not need to wait for the month in which the trip is happening to register.* **Depart MSC at 9am.** **Fee:\$7**

Rhinebeck Arts Festival & Hudson River Cruise**Saturday, June 25th**

The Rhinebeck Arts Festival is located in Rhinebeck, NY in the heart of the Hudson Valley. It is a perfect destination for an early summer outing! Locals and tourists will have the opportunity to meet a unique mix of emerging and seasoned artists whose extraordinary skill and vision help make this one of the region's most anticipated annual events. Cruise the majestic Hudson River on board Hudson River Cruises. Trip includes round-trip motorcoach transportation, admission to the Rhinebeck Arts Festival, and Hudson River Cruise- lunch at the festival on your own. Time of Departure TBA. **Departing from the Commuter Parking Lot at Exit 61** **Registration deadline June 6th** **Fee: \$93**

Broadway Your Way**NEW!!****Wednesday, June 29th**

There is nothing more exhilarating than live theatre. Enjoy a day in the Big Apple, watch a Broadway Show, design your own day on Broadway. Round trip motorcoach transportation. Orchestra seating to the Matinee performance of one of the following shows - *your choice!* Jersey Boys, School of Rock, Kinky Boots, or Beautiful: the Carol King Musical. Then enjoy free time in Times Square. Lunch served family style at **Buca di Beppo** includes Mixed Green Salad or Caesar Salad, House Bread, Spaghetti Marinara or Fettuccine Alfredo, Chicken Parmigiana, Homemade Cheesecake, unlimited Soft Drinks, Coffee and Tea. **Fees: Jersey Boys - \$165 pp, School of Rock - \$195 pp, Kinky Boots - \$185 pp, Beautiful - \$225pp** **Departing from the Commuter Parking Lot at Exit 61** **Registration deadline June 10th**

Long Island Sound Lighthouse Cruise**Tuesday, July 12th**

 Start the morning off with a narrated Lighthouse Cruise on the Long Island Sound. Narration will be given by a lighthouse historian. The tour will last about 2 hours and will be aboard the comfortable, high speed Sea Jet catamaran. The boat offers 2 closed decks and one open one. You will view 8 lighthouses, two forts and more. Due to having dinner after the cruise, please feel free to bring a snack or lunch or buy aboard ship at the snack bar. Dinner will be at **Go Fish** Choose one of the following entrees: Baked Atlantic Cod with Lemon Herb Butter, Grilled Fillet of Salmon with Fresh Pineapple Salsa, Pan Roasted Breast of Chicken with Mushroom Marsala Pan Sauce. All Entrees come with Field Greens Salad with Balsamic Vinaigrette Dressing, Coffee, Tea and Dessert. *Please let us know your choice when you register.* **Time of Departure is 11am MSC parking lot. Return around 7:30 pm** **Fee: \$95**

Lobsterfest Matinee**Newport Playhouse****Tuesday, July 26th**

"Unnecessary Farce" two cops...three crooks...eight doors...Go! This combines all the elements of classic farce with a contemporary American Plot. From the moment you enter the cabaret room until the moment you leave, hosts, wait staff, cast and crew stand poised to pamper you, entertain and make sure you have a wonderful time. The tiered seating ensures everyone has a good view. The Newport Playhouse has found the perfect formula, a fabulous buffet, light comedies and an afternoon theatre cabaret. Sample menu: 1¼ lbs boiled lobster, peel & eat shrimp, mussels in wine & herbs, fresh corn on the cob, roasted chicken, roasted potatoes, tomato salad, tuna salad, BBQ chicken, glazed sweet potatoes, ham, baked beans, watermelon, strawberry shortcake, pudding, jell-o, coffee & tea Time of Departure TBA. **Departing from the Commuter Parking Lot at exit 61** **Registration deadline July 5th** **Fee: \$115**

Boston POPS By The Sea**Sunday, August 14th**

Reserved Seating for the Boston POPS by the Sea Concert, Cape Cod's single largest cultural event on the Hyannis Village Green. This fundraising concert regularly sells out to a live audience of over 12,000 people. Gates open at 1pm and there is pre-show entertainment leading up to the beginning of the POP performance at 5pm. Trip also includes Hyannis Harbor Cruise on board Hy-Line Cruise. Learn about the history of Hyannis and local area landmarks on your way to view the Historic Kennedy Compound in Hyannisport. Points of interest are: Great Island, The Kennedy memorial, Egg Island, St. Andrews-by-the-Sea, Squaw Island and Point Gammon Light. Leisure time in Hyannis for lunch and shopping- Main Street Hyannis is an interesting and eclectic all-American Main Street that is a wonderful place to visit, to shop, to dine and be entertained. **Time of Departure TBA. Place of departure is the Commuter Parking Lot at exit 61. Registration Deadline July 22nd** **Fee: \$125**



Samson, Sight & Sound Theatre & Longwood Gardens

Depart Tuesday, October 4th – 6th

3 days, 2 nights, 2 breakfasts and 2 dinners. **Day 1:** Arrive at the Sand's Casino in the afternoon where you'll receive a \$20 Free Play and a \$5 Meal Voucher. You'll be staying at the 4 star Double Tree Hilton Hotel in the center of Reading, PA, enjoy a private wine and cheese reception before dinner and then enjoy a brand new musical show. **Day 2:** Enjoy a full breakfast buffet at the hotel before traveling to **Lancaster County** to hear a "Chalk Talk" given by an Old Order Mennonite artist who will captivate you with her story and artistry in chalk. Then on to *Kitchen Kettle Shopping Village* before taking our seats at *Sight and Sound Theatre* for "Samson." The story of the world's first super hero, is filled with colorful characters, extraordinary feats of strength and amazing special effects. When Samson stands between two colossal columns in a godless temple and starts to push - it will literally bring down the house! Dinner included after the show. **Day 3:** Following breakfast travel to **Kennett Square, PA** to visit the beautiful **Longwood Gardens**. The original gardens, designed by Pierre S. du Pont, set on 1,077 acre property are a sight to behold. **Double: \$467.00pp, Single: \$541.00pp Triple: \$414.00. Trip Insurance is \$28 for all passengers in single, double or triple occupancy. \$50.00 tour deposit due with reservation, Final payment due Aug. 29. MSC Depart time TBD.**

Hawaii

Depart Wednesday, January. 11th – 21st

11 Days, 7 Shore Excursions: 2 Pre-Cruise nights in Waikiki Beach, 7 Shore Excursions, 7 Night Cruise on Norwegian Cruise Line's *Pride of America* All Meals and Nightly entertainment onboard the ship. **Day 2:** We arrive in Honolulu. Extraordinarily beautiful and impossible romantic, Hawaii possesses some of the most exotic landscapes on earth. **Day 3:** This morning is free to explore Waikiki on your own or take a stroll on the beach right across the street from the hotel. This afternoon we will visit the Polynesian Cultural Center and explore the 7 Polynesian Cultures to view the island through native eyes. Experience everything the center has to offer including a canoe pageant, hula lessons and canoe rides. Tonight enjoy a traditional Hawaiian Luau. **Day 4:** This morning we will visit Pearl Harbor and U.S.S. Arizona Memorial before we board the *Pride of America* Cruise ship, which sails at 7:00 pm. **Day 5:** Scheduled Arrival in Maui 8:00 am. Today discover why Maui is known as "The Magic Isle" on the *Tours of Distinction's Private Island Excursion*. **Day 6:** Free Day in Maui - ship departs at 6:00 pm. **Day 7:** Scheduled Arrival in Hilo 8am. Enjoy the included *Tours of Distinction's Private Island Excursion*. **Day 8:** Scheduled Arrival in Kona. Explore the west side of the Big Island of Hawaii today. Fabulous fishing, secluded hideaways, rain forests, deserts...it's all here on the largest and most varied of the Hawaiian Islands. Enjoy the included *Tours of Distinction's Private Island Excursion*. **Day 9:** Scheduled arrival in Kauai at 8 am. "The Island of Discovery" is the earthly Garden of Eden. Here you can see Waimea Canyon, the Grand Canyon of the Pacific, Wailua Falls, Fern Grotto, and the Na Pali Coast - some of the most spectacular scenery in all of Hawaii, *Tours of Distinction's Private Island Excursion* is again included here. **Day 10:** Kauai - Free Day Ship Departs at 2pm. **Day 11:** Scheduled Arrival in Honolulu. Disembarkation usually begins two hours after docking. Today, we will stop at the Dole Pineapple Plantation before boarding the return flight home. **Come to the Senior Center for the presentation on June 8th at 10:30. PRICING: Inside Stateroom: \$4799pp; Ocean view Stateroom: \$5399pp; Balcony Stateroom: \$5699 pp (based on Double Occupancy, Please call for single and triple occupancy rates). 1st Deposit: \$850.00 pp due at time of reservation + optional Travel Insurance. 2nd Deposit: \$1770 pp due July 25, 2016 Final Deposit: due October 20, 2016. \$250pp Early Booking Bonus!**



South Pacific Wonders

Australia and New Zealand's South Island

Tuesday, March 21st - April 4th 2017

This is a once in a lifetime bucket list trip! 15 days, 19 meals: 12 breakfasts, 2 lunches and 5 dinners. **Days 3-6:** You will land in Cairns, Australia, the tropical gateway to one of the world's most spectacular natural attractions - *The Great Barrier Reef*. Established as a marine park in 1975, the reef is a haven for thousands of species of sea life, as well as turtles and birds. You will board a catamaran for an exciting tour of the reef, where you will have the choice of snorkeling and seeing the sea life up close, or exploring a small sand island and the end of the reef. You will also have the opportunity to learn about the original inhabitants of Australia and learn to play a didgeridoo or even throw a boomerang. **Days 7 - 9** you will fly to Sydney, where you will tour the city, enjoy a guided tour of the *Sydney Opera House*. You'll have one day of guided tours and one day on your own. **Days 9-15:** Next day you fly to Christchurch, New Zealand, where you will make yourself right at home as a New Zealand family welcomes you into their home for dinner! The next day you will visit a Canterbury farm to see how a family farm operates, and perhaps even catch a sheep shearing demo. Next day you will travel to *Mt. Cook National Park*. You may choose to view the massive glaciers on an optional flightseeing tour, or perhaps enjoy a nature walk through the park. You will continue to Queenstown where you'll stop at a local fruit stand and enjoy the local produce of New Zealand. The next day one of the activities will be a breathtaking cruise of *Milford Sound* and see why this fjord is one of the most visited places on the South Island. After your cruise you'll return to Queenstown. **Day 13:** you have several options, shop and people watch, go on a jet boat ride on the *Shotover River*, or join the optional "Journey through Middle Earth" which takes you through many of the spots where *Lord of the Rings* was filmed. **Day 14:** Visit the Gold Rush town of Arrowtown, take time to explore its quaint streets and sights. Next go to the Central Otago region where many of NZ's best wines are produced and stop at a local winery for a wine tasting. **Pricing: \$5,999 (pricing based on double occupancy). Travel Insurance: \$350** passengers to cancel for any reason it covers medical, travel delay, baggage protection, theft and to be flown home early due to death in immediate family. **Travel Presentation: Tues., May 24th @ 10:30**

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May is Mothers' Month



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cream of Asparagus Soup, Grilled Flank Steak, Roasted Potatoes and Corn Pudding, Pound Cake	3 Beef Minestrone Soup, Ginger Chicken Kabob with Brown Rice and Peas, Cherry Pie	4 Chicken Vegetable Soup, Grilled Pork with Apples, Cinnamon Apple Cake	5  Chicken Tortilla Soup Soft Tortilla Tilapia Tacos with Lettuce, Fresh Salsa and Churros	6 Coconut Crusted Tilapia on a Bed of Fresh Baby Spinach, Chocolate Peanut Butter Pie
9 Chili, Hot Dog Bar, Cookies	10 Tomato Soup, Grilled Salmon Salad, Strawberry Short Cake	11 Chicken Orzo Soup, Grilled Pork Chop Green Beans, Rice and Red Velvet Cake	12 Garden Salad, Eggplant Parmesan Chocolate Cream Pie	13 New England Clam Chowder, Stuffed Flounder, Twice Baked Potato, Carrot Cake
16 Garden Salad, Chicken Parmesan Chocolate Cake	17 Chicken Vegetable Soup, Tuna and Swiss Melt on Croissant, Apple Pie	18 Cream of Asparagus Soup, Cheese Ravioli with Tomato Basil Sauce, Chocolate Pudding	19 Pasta Faggioli, Chicken Marsala with Garlic Mashed Potatoes, Ice Cream	20 Manhattan Clam Chowder, Grilled Chicken Topped with Swiss Cheese and Jell-O
23 Potato Soup, Quiche Lorraine with a Fresh Baby Spinach Salad	24 Chicken Noodle Soup, Turkey Cutlet Dijonaise, Jell-O	25 <i>Celebrate Mothers Luncheon</i> Split Pea Soup, Grilled Salmon with Melon BBQ, Chocolate Lava Cake \$10.00	26 Beef Vegetable Soup, Five Cheese and Sausage Macaroni, and Chocolate Pound Cake	27 Miso Soup, Tuna Club with an Asian Slaw, Blueberry Pie
30 MSC Closed in Observance of Memorial Day	31 Seafood Bisque, Buffalo Mozzarella Ravioli with Feta and Beef, Chocolate Peanut Butter Pie	<p><i>Please remember to call for your reservation for lunch at (203) 245-5627 by at least 12 Noon the day before you plan to attend (call by Friday for a Monday reservation). Lunch is \$4.00 and is served at 11:30 am.</i></p>		



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MAY HIGHLIGHTS

Afternoon Tea at Savvy Tea
Monday, May 9th at 2pm \$12

Flower Pots with Rachel
Wednesday, May 11th at 1:30pm \$5

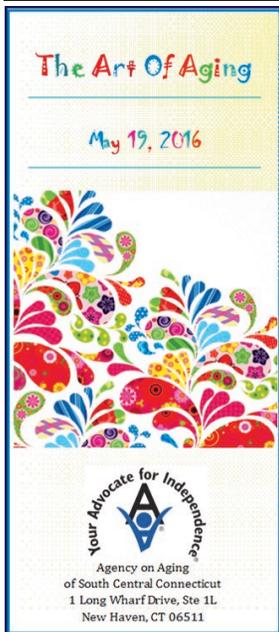
Dance For Joy
Monday, May 16th at 2pm FREE

Kuchta Walk through Bauer Park
Friday, May 20th at 2pm FREE

Travel Presentation - S. Pacific Wonders
Tuesday, May 24th at 2pm FREE

Painting Party
Friday, May 27th at 2:00pm
call Ellie for details 203-245-5695

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CALLING ALL ARTISTS

*Announcing the Agency on Aging's
"Art of Aging" show*

**May 19th (opening reception) to June 19th
One Long Wharf Drive, New Haven**

We encourage the Senior Center artists to submit a work of art. Anyone 60 or older can enter framed paintings, drawing or photographs in the *Art of Aging* show. There are no entry fees, and prizes will be awarded to winning artists.

The Opening Reception is on Thursday, May 19th from 2 - 6pm. We will provide a bus to the Opening for anyone who would like to go. Depart MSC at 1:30 The Agency provides a lovely assortment of refreshments as well. To submit a work of art please stop in to pick up an Exhibit Registration form at the front desk.



Celebrate Mothers at the Senior Center

Afternoon Tea at Savvy Tea
Monday, May 9th at 2:00pm
\$12

Flower Pots with Rachel
Wednesday, May 11th
\$5

Celebrate Mothers Luncheon
Weds, May 25th at 11:30 am
\$10

Painting Party
Friday, May 27th at 2pm
call Ellie for details 203-245-5695



Schiller Shoreline Institute for Lifelong Learning



The Madison Senior Center is happy to host many programs provided by the Schiller Shoreline Institute for Lifelong Learning. SSILL provides many interesting educational programs for adults living in the Shoreline area. If you are interested in becoming a member call the Guilford Community Center (203) 453-8086. You can also visit the SSILL website at www.ssill.org.