

Trends & Traditions

September 2014

Madison Senior Center

MUSEUM OF THE MONTH



Museum in Orange

Over 4,000 square feet dedicated to all things PEZ. See the largest, most comprehensive collection of PEZ memorabilia on public display in the world. A PEZ motorcycle built by Orange County Choppers, the world's largest PEZ dispenser, viewing area into the production area, PEZ trivia game, factory store, interactive historical time line and much more. Learn about the brand that has been inspiring and innovating since 1927. Enjoy lunch on your own at Bertucci's. fee includes admission into museum and bus

Friday, September 19th at 9:30am

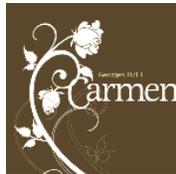
Fee: \$8

Opera Translation

Tom Lewy presents Bizet's "Carmen" The opera, Carmen Bizet, sung in French since it's premiere in 1875 has become one of the world's most performed operas and staple of the operatic repertoire. Join Tom Lewy as he plays this great opera with explanation, narration and translation from one of the most famous recordings of all time.

Monday, September 22nd at 12:45

Free



NEW "DECLARER PLAY"

Bridge classes starting



This is meant as an advanced beginners class for players looking to improve their "declarer skills" The required textbook is "Play of the Hand in the 21st Century". Books are available at BaronBarclay.com for \$19.95 and at Amazon.com for \$12.10 new and \$6.21 used. **8 weeks**

Monday, Sept. 8th - Nov. 3rd (No class on 10/13)

9:30-11:30 am

R \$48 | NR \$58

The *Adventurous* Culinary Club

Come on a culinary adventure to explore cuisines from around the world and make new friends! Go somewhere new for lunch every month (*on your own*). Prices vary, stop in for a copy of the menu. In September we visit **Lucky Lou's** in Old Wethersfield. After lunch view antiques on Main Street.

Friday, September 26th at 10:30

Bus Fee \$4



Maintaining Quality of Life As You Age *Things You Can Do Now to Help Maintain Your Independence Longer*



Join Nancy D. Butler for a book reading and discussion of her book, "Maintaining Quality of Life As You Age." Nancy D. Butler has helped individuals live more successful, fulfilling lives and realize their dreams while leaving audiences energized, educated and excited about their future. She's an award winning author, business coach and national speaker on many topics. Nancy has been a speaker for major corporations such as Pfizer, General Dynamics and Dow Chemical. There will be a book signing and sale to follow. **Please call to register.**

Monday, September 29th at 1:00pm

Free

Energy Saving Tips

Join the Smart Living Center in their community outreach program to discuss in detail energy saving lighting technology and ways to reduce your energy bill. They will also discuss other energy saving ideas and answer any of your questions. Please call to register



Monday, September 8th at 1:00

Free

Summer's End Picnic at the Surf Club



Mark your calendars for our Summer's End picnic planned in partnership with the *Hearth on Tuxis Pond*. Enjoy entertainment by the Music Makers and Joanne Wilder and the Hula Dancers. Lunch will include: Hot Dogs, Barbeque

Chicken, Salads, and dessert, lemonade or iced-tea. Pre-registration is required. Come rain or shine!

Wednesday, September 3rd 11:30-2:00

Fee: \$8

Shades of Ireland

Travel Presentation



Join Collette tours for an informational travel presentation on Ireland. This presentation will guide you through the sights you will see on our April 2015 trip. Trip highlights include: sights in Dublin, Irish Evening, Kilkenny, Waterford Crystal, Blarney Castle, Jaunting Car Ride, Ring of Kerry, Killarney, Farm Visit, Limerick, Cliffs of Moher, Galway, Castle Stay. **Book now and save \$350 per person. Presentation: Mon., Sept. 29th at 10:30 am.**

Please call to register.

For more trip information see page 8.



MADISON SENIOR CENTER
29 Bradley Road, Madison, CT 06443

PHONE: (203)245-5627

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Monday-Friday 8:30-4:00pm

SR. COMMUNITY CAFÉ
(203) 245-5686

For lunch reservations call before noon the day before and leave a message.

DIAL-A-RIDE (203)245-5627

Operates on Mondays, Wednesdays and Fridays only. 48 hour notice required.

MUNICIPAL AGENT FOR THE ELDERLY (203)245-5687



SENIOR COMMISSION

- Chair: Maureen Lopes
- Vice-Chair Dr. Gerard Kerins
- Members..... Mitchell Cohan
- Patricia Melady
- Sheri Puricelli
- Wendy Oberg
- Marcy Sanders
- Craig Bernard
- Susan Woodall

The Senior Commission meets on the second Thursday of the month at the Senior Center.

The next meeting will be

September 11th, 2014 at 5:30pm

LIAISON TO BOARD OF SELECTMEN.....Diane Stadterman

SENIOR CENTER STAFF

- Sr. Services Manager Austin Hall
- Municipal Agent Heather Castrilli
- Program Coord Kristen Caramanica
- Secretary: Ellie Gillespie
- Bus Driver: Michael Rand
- Bus Driver: Helen Sneider
- Bus Driver: Pat Cocchiaro
- Bus Driver Domenick Vitti
- Café Manager..... Jodie Shevlin

September is upon us and we have weathered the summer months without much in the way of a heat wave. I hope you continue to read our newsletter and find a program or activity that interests you.

I am happy to announce the winner of our raffle for the most days attendance at the Senior Center for the month of July. The winner, with perfect attendance for the month, is Robert Manning. Congratulations Robert!! Coming in second place with a total of 19 days attendance is Dewey Zuroweste. Both gentlemen were awarded a prize during a recent lunch.

We recently held a volunteer training, where our volunteers gathered to get updated on the latest news regarding Madison Senior Services and to discuss what makes a great volunteer. I would like to give a big thank you to all of our volunteers and express to them how much they mean to the staff and to the public they serve. Volunteerism is alive and well in Madison and I am lucky to have some of the best in town give their time to my department. The next time you are at the Senior Center, please thank our many volunteers.

Austin

Director's Pick of the Month...

Get Your Flu Shots Here at the Senior Center

Sponsored by the VNA Community Healthcare and Madison Senior Services

ALL VACCINES ADMINISTERED BY LICENSED AND EXPERIENCED NURSES

- CDC recommends a yearly flu shot for all ages
- Pneumonia vaccine may be available
- Participating insurance or private pay (cash, check or MC/VISA)
- Bring all insurance cards with you.

Insurances Accepted

65 Years or Older

- Medicare Part B
- Aetna Medicare
- Anthem BCBS Medicare
- Connecticare VIP

All Ages

- * Aetna
- * Anthem BCBS
- * Connecticare

DATES

- Mon., Oct. 6th 12:30pm-3pm
- Tues., Oct. 15th 5pm-7:30pm
- Tues., Oct. 28th 12:30pm-2pm

“SAFETY CHECK LIST”

Are you concerned for your safety in the event of a Hurricane or other weather event, or do you have someone you would worry about in the aftermath of an emergency weather event? The “safety check list” will be utilized in the case of an emergency. In the days following an emergency weather event, a representative from Madison Senior Services will contact those on the list. To add your name to the list, call (203)245-5627.

Always plan and be prepared for at least 3 days following a weather emergency.



BILLIARDS



Next tournament will start September 10th
Informational meeting to be held September 3rd at 1:30
Please give us a call if you are interested!

RENT REBATE

Filing Deadline: Wednesday, October 1st, 2014

Participants will receive a one time check in the fall to help offset rental expenses. Participants must submit proof of income for 2013, proof of rental, heating, electric, & water payments made in 2013. Eligible participants are age 65 & over or disabled & have incurred rental expenses in 2013, in Connecticut. Applications will be accepted for PREVIOUS and NEW Applicants. **2013 max. income: single: \$34,100 & couple: \$41,600**

CONNECTICUT ENERGY ASSISTANCE PROGRAM

Early Application Intake!!! Begins Monday, September 1st, 2014. Energy Assistance helps to offset heating expenses during the winter. All fuel sources welcome to apply. An applicant must meet income & asset guidelines. Income and assets are counted for all members living in the household who are benefitting from the heat. Asset limit for homeowners is \$10,000 & for renters is \$7,000. Proof of all income, rent, & utility expenses, & bank statements for the month prior to the application date are required. *Last Year's Monthly Income Guidelines: Single: \$2683 Couple: \$3508 **This year's guidelines will be announced at the end of October. Income guidelines not available at time of this printing.*



FARMERS MARKET COUPONS ARE HERE!!!!

Eligible participants enjoy CT Grown fruits, vegetables, fresh cut herbs, & honey from local Farmer's Markets. To be eligible: age 60 or older or are disabled and living in senior housing, & participating in another program that has means testing and meet income requirements. Eligible participants receive \$15 in coupons, good at the Madison Farmer's Market. Coupons are currently available. The market is open on the town green on Fridays from 3 to 6pm until October.

Single Maximum Monthly income: \$1,773 and Couple: \$2,393.

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The Pantry is located at Orchard Park off Mungertown Rd. and is open on Wednesdays from 11:00 AM – 3:00 PM. **Transportation is available through the Senior Center. Regular Bus Pick up for Concord Meadows will be around 12:30pm.**

Food Pantry Homebound Delivery - If you are unable to leave your home but would like to use the pantry arrangements can be made to have a delivery to your house. Volunteers deliver food from the pantry on Wednesday mornings. A qualifying person will be unable to physically go to the food pantry. Please contact Heather to register for this program.



SNAP PROGRAM (Formerly Food Stamps).

Helps offset food expenses. Money is given to eligible participants monthly, on an EBT debit card to use at local grocery stores. **Monthly Max. Income: Single: \$1,773, Couple: \$2,393.**

MEDICARE SAVINGS PROGRAM

Updated Program limits

Helps to pay the monthly Medicare Part B premiums for qualifying participants. Depending on income level this program may also lower co-pays for prescriptions to between \$2.60 \$6.50 and may cover doctor's co-pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program.

Monthly Max. Income: Single: \$2,393.58 & Couple: \$3,225.06

CAREGIVER SUPPORT GROUP



Join VNA's Caregiver Support Network expert, Molly Standley for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers. Discuss different options such as: Curative, Palliative or Hospice Care. Discover ways to be mindful in healing from grief. Group meets the 3rd Tuesday of the month. **Tuesday, August 19th 11 am-12pm FREE**

FREE MAH JONG LESSONS

Interested in learning to play the Western Chinese tile game, Mah Jong? A game of skill, strategy and a certain degree of chance. Instructor: Ronnie Olinsky

Wednesdays, Sept. 10th-Oct. 15th 9:30-11:30

FREE

Mystery Writer "Steve Liskow"

Steve Liskow, is a former English teacher, actor, and director. He now conducts writing workshops, does freelance editing in addition to writing. His story *Hot Sugar Blues* was included in the MWA anthology, *Vegeance*, was nominated for an Edgar for best short story, and *Stranglehold* appeared in Alfred Hitchcock Mystery Magazine after winning the Black Orchid Novella Award. His work often draws on his background as a guitarist and blues fan. The first five novels are set in Central CT. He will discuss his background, the writing process, how he came to write his books and why he writes mysteries. Books will be available for purchase. **Wednesday, September 24th at 10:30**



Free

French Class

Parlez-vous Francais? All levels welcome; some prior exposure to French helpful. This will be a class to learn conversational phrases and French culture. Call to express interest.

Sept. 10th-Oct. 15th

6wks

10:15-11:15am

Fee: R \$29 | NR \$39

Sculpture in Clay

Hands on Demonstration/Seminar presented by: Robert Trupin, sculpture for over 20 years. Learn about sculpture techniques and have fun creating your own pieces. All levels of sculptors are welcomed. Please call to Register

Mon. Sept. 15th from 1-3

FREE

Crocheting with Plastic Bags

Do you know how to crochet? Come join **Eleanor Wimble** to learn how to make beautiful crocheted bags from your recycled plastic shopping bags. Please bring 2-3 colored bags, scissors and large crochet hook size (7-10). Starting: **Wed., Sept. 10th 1-2:30pm**



THINKING OF VOLUNTEERING?

Looking for Volunteers to assist in a variety of areas at The Madison Senior Center. Do you have a favorite activity or craft you would like to teach others? Some additional areas we need assistance are: greeters to help direct and assist customers, assist with computer check in process, answer phones, assist with newsletter, Meals on Wheels volunteer drivers. **Please contact the Senior Center at (203) 245-5627 to express interest.**



New Smart Driver Course

AARP Driver Safety is offering its newly revised Smart Driver Course at The Madison Senior Center. The classroom **Fee: \$15 for AARP members \$20 for non-members.** *To get the member fee you will need to bring your current AARP Membership card.*

The 4-hour AARP Smart Driver course teaches valuable defensive driving skills and provides a refresher of the rules of the road. Payment is required with registration. Please make checks or money orders payable to AARP.

Wed., Sept. 10th 12 pm-4pm

Future Classes: Oct. 8th, Nov. 12th & Dec. 10th

ART 101

This popular class provides instruction in drawing, pastel, watercolor, acrylic and oil. Get your creative juices flowing!

Tuesdays from Oct. 7th - Jan. 27th 2015

No class 11/4 or 11/11

1:30-3:30pm

Instr: Muriel Waldvogel

Fee \$5

BRIDGE

If interested in learning how to play bridge please contact

Kristen

at (203)245-5695

New class starting soon!

Calling all SETBACK Players looking to form a group. Group gathers following lunch around 12:30. Please contact Kristen if interested.



Swedish Weaving



Swedish Weaving is a very relaxing and fun needle craft that dates back centuries. The beauty of this needle-craft is that it only requires a few items: Monk's cloth, 4-ply yarn, a #13 yarn needle, scissors, a pattern, and the desire to create a unique, impressive handcraft. We will start with a small project. The instructor will explain, at the first class, what is needed. New students welcome.

Tuesdays beginning September 9th FIRST CLASS TIME 10:00-12:00pm, from September 16th on classes will be held from 10:00-1:00 Pre-Registration is required FREE

LEGAL ASSISTANCEThurs., Sept. 18th 9-10am

Attorneys from Cronan and Shields offer private 15 min. counseling services
Call the MSC for an appointment.

**HANDICAPPED PARKING PERMIT**

Available in the Senior Center office.

**NOTARY SERVICES**

By appointment only.

HEARING CLINICS

Nancy will also be at the Madison Senior Center on the 3rd Monday, monthly, for free hearing testing, hearing aid checks, wax inspection, and listening demonstrations. **Appointment Only.**
Monday, Sept. 15th 1-4 pm

DIAL-A-RIDE

M, W & F - 8:45 to 3:30
(203) 245-5627.



Transportation for elderly and disabled Madison residents. Rides are given in a 14 town region for medical appointments, & personal business. Minimum 48 hour notice needed.

SENIOR CENTER BUS

Monday - Friday 9am to 3:30pm

A fixed route service to the MSC, downtown, & grocery shopping. Call for a schedule.

MEALS-ON-WHEELS

by The Estuary Council of Seniors

(860) 388-1611 Ext. 207

Meals delivered around noon to the homebound or recently recovering. **Needs 5 days notice & doctor referral.**

**SENIOR CAFÉ**

Monday through Friday at 11:45

Serving people ages 60 and up or disabled folks; there is a suggested donation of \$3.00. **To order: call Jodie, (203) 245-5686 by Noon the day before.**

**Bingo!**

St. Margaret's Bingo at Noon,
Wednesday, September 10th

TECH SUPPORT

Have an iPad or a smart phone and don't know how to use it? "Facebook & Skype" What's that? Get all your questions answered for free at the Madison Senior Center. Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering free "drop-in" learning sessions. Teen Volunteers will be available to answer your questions.

Sessions will be on the 4th Monday of the month from 4-5pm starting in October FREE!!

"Musical Wednesday"

The last Wednesday of the month
Sept. 24th "My Fair Lady"
12:45pm

Cool off, enjoy some popcorn and a movie

**MATINEE @ MSC****FREE****Fridays at 1:00 pm**

Sept. 5th "Bringing Down the House"
Sept. 12th "A Night at the Museum"
Sept. 19th "Donovan's Reef"
Sept. 26th "Hitchcock"

**Book Club**

Thursday, September 25th
Meets at 1 pm to discuss
"The Book Thief"

Discussion led by Barbara MacDonald

MADISON SENIORS SUPPER CLUB

Formally "The Singles Group"

Do you like to do things, but not alone? At the social club you can join others for activities and fun events. Looking for new members, both men and women, and **new ideas**. Meetings are the 2nd Thursday of every month at **5:30pm** at a local restaurant.

Thursday, Sept. 11th
Café Allegra in Madison

Local Outings

please note: lunch on your own

Friday, Sept. 5th *Nicks Place, Merriano's Bakery & Dollar Store* in Guilford
Depart MSC at 11:45 **Bus Fee: \$2**



Monday, Sept. 15th *TJ's & Walmart* in Old Saybrook
Depart MSC at 11:45 **Bus Fee: \$2**

Monday, Sept. 29th *Lenny and Joe's & CVS* in Madison
Depart MSC at 11:45 **Bus Fee: \$2**

**Italian for Conversation**

This four-week course will include basic greetings, numbers (telling time), days of the week, months of the year, asking questions, shopping and phrases for travel and ordering in restaurants. Enjoy the journey.

Mon., Sept. 15th - Oct. 7th
10:30-11:30am
Fee: R \$29 | NR \$39 4 weeks

Tai Chi Silk Reeling (Chan Su Jing) Class

A form of Tai Chi that involves reeling movements that are slow and benefit the whole body while increasing one's flexibility, joint movement and balance.

Very popular so sign up fast!

Thurs., Sept. 11th - Oct. 2nd 9-10 am
Fee: R\$30 | NR \$40 4 weeks

Exercise With Patty Velleca

CHAIR EXERCISES

Seated exercise. increase muscle tone, joint flexibility, and cardiovascular strength.

Mondays - 10:30 to 11:30am

Sept. 15th-Oct 6th

Fee: R \$17 | NR \$27

4 classes



Fridays - 10:30 to 11:30am

Sept. 19th-Oct. 17th *No class on 10/10*

Fee: R \$17 | NR \$27

4 classes

SENIORS IN MOTION

Standing & chair exercises to help improve balance, strength, and stability.

Wednesdays - 10:30 to 11:30am

Sept. 17th - Oct. 8th

Fee: R \$13 | NR \$23

4 classes

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase circulation and relaxation. Yoga postures provide deep tension release, self- control, & they increase energy.

Tuesdays 9:30-10:30am

Sept. 16th-Oct. 7th

Fee: R \$33 | NR \$45

4 classes

Thursday's 3:00-4:00pm

Sept. 18th - Oct 9th

Fee: R \$33 | NR \$43

4 classes

FITNESS & MOVEMENT

Low impact aerobics for continuing good health. Cardiovascular workout with muscle and joint strengthening. Light weights will be used.

Mondays - 9 to 10am

Sept. 15th- Oct. 6th

Fee: R \$17 | NR \$27

4 classes

Wednesdays - 9 to 10am

Sept. 17th-Oct. 8th

Fee: R \$17 | NR \$27

4 classes

Fridays - 9 to 10am

Sept. 19th-Oct. 17th *No class 10/10*

Fee: R \$17 | NR \$27

4 classes

FREE Health Seminars

Managing Your Back Pain

Presentation by Rehab Concepts, ways to manage your back pain.

Thursday, Sept. 18th at 10:30am

"Lyme Disease" presentation with Physicians Assistant Geoff Burnham from ASAP-Urgent Care.

Friday, September 26th at 10:30am

TAICHI

T'ai Ch'uan is a gentle way of nourishing body, mind ,and spirit. Practicing slow movements can improve health, vitality, balance, and concentration.

Instructor: S. Hanley

Mondays, 9-10am Sept. 8th - Oct. 6th

Fee: R \$30 | NR \$40

(5 weeks)



No Excuses Tap Dance Club

Tap dancing is not only great exercise, it's also great for your memory, sequencing skills, large and small motor skills, balance, core muscle work, right and left brain work, a great workout, and fun too! Dancers get together to practice weekly without an instructor

Tap shoes & registration required.

Thursdays from 10-11am FREE

Class with Instructor:

Thurs: Sept. 4th & 18th Fee: \$12

Please come 15 minutes before class to sign up.

Stronger Seniors

An education and exercise program focusing on heart health and fall prevention. For all exercise levels.

Tuesday's and Thursday's 1-2pm
Sept. 16th - Dec. 11th

No class 10/13, 11/11, and 11/4

\$15 fee paid to VNA Community Healthcare covers the series.

Please contact VNA to register :
(203)458-4200

Nurses Clinics

VNA Community Healthcare holds a Nurses Clinic on the 2nd and 4th Monday of each month. A Registered Nurse is available to check your blood pressure, pulse and weight; assess your health and work with you to set goals. The Nurse can also review your medications and help you to create a medication list, as well as discuss how to prepare for an appointment with your doctor.

Mon., Sept. 8th & 22nd 12-1:30pm



EXERCISE CLASSES WITH KRIS

The "exercise pass" is good for 5 or 10-classes taught by Kris and is valid until the end of the fiscal year of purchase. **Fiscal Year ends: June 30th, 2015.**

5 - Class Pass - R \$40 | NR \$50

10 - Class Pass - R \$80 | NR \$90

All classes taught by Kris Reaske

ZUMBA FOR ALL

Use Zumba dance steps and lively music to create your own intensity level. Will start up again in September!

ZUMBA GOLD

Latin inspired, easy-to-follow, calorie burning, dance fitness-party. Feel the music and let loose.

Mondays - 1:00 to 1:55pm

Thursdays - 11:10 to 12:10pm

Walkie Talkies!!

Get moving by becoming a member of the walking club. If you are tired of walking alone and want to meet other walkers.

Mondays & Tuesdays 9:00am.
Weather permitting (no snow, ice, or rain)



"New" Ballroom Line Dancing

Reminisce with songs and dances you love, enjoy the memories they evoke while having fun and getting fit. Your instructor, Karen Pfrommer, certified through the Imperial Society of Teachers of Dance, began teaching in the 80's, and in 1991 opened her own dance studio "Dance in Rhythm", in Branford. She currently teaches two ballroom classes at Quinnipiac University, as well as, coaches the Yale Ballroom Newcomer team and club and is the instructor for Sacred Heart University Ballroom Ensemble.

Mon., Sept. 9th - Oct. 20th 2 - 3 pm
(No class 10/13) Fee: R\$37 | NR\$47

Mohegan Sun Friday

Every turn leads to a new adventure. Food vouchers & bet coupons included. **Depart MSC at 9am.**

Friday, September 12th**Fee: \$7****Mohonk Mountain House**

Join us for Music Week at the beautiful and elegant Mohonk Mountain House located in New Paltz, NY! This “unspoiled resort” has over 2,000 wooded acres and beautiful landscapes with the main building, a Victorian-style castle, sitting lakeside. You’ll feast at the fabulous Grand Buffet for lunch and have time to stroll through the award winning gardens or relax by the lake. Celebrate music week with two concerts throughout the day. Music acts vary from classical, contemporary, Broadway, to big band and everything in between! You will also get to enjoy a trip to the Mohonk Barn Museum, one of the largest barns in the Northeast. Complimentary tea and cookies will follow the performance and before departing you will receive a 15% discount in the gift shop. Price includes transportation, buffet lunch, barn museum, and driver’s gratuity. There may be multiple stops. **Please arrange for pick up from the Madison Senior Center.** Departure time TBD.

Friday September 5th**Fee: R \$119 | NR \$124****The Big E Fair**

The Big E, “New England’s Great State Fair,” is the premier event of fall with nearly one million guests passing through the gates every September. Located in West Springfield, Mass., it is ranked among the top fairs in the country. Prices include motor-coach transportation, admission into the Big E and driver’s gratuity. There may be multiple stops. **Please arrange for pick up From the MSC** **Departure time TBD. Please note there will be lots of walking required.** **Fee: \$52R/NR \$57**

Wednesday, September 17th**Celebrate Polka**

An 18 time Grammy Award winner, Jimmy Stur and his orchestra perform at the Aqua Turf. He was on the top ten list for all time Grammy Awards and more consecutive Grammy nominations than anyone in the history of musical awards. Voted the number one Polka band in the country for the past 12 years! They have appeared on shows such as “Grand Ole Opry,” “Saturday Night Live,” as well as television commercials for Budweiser, Pontiac and Mrs. T’s Pierogies. Price includes transportation, coffee and donuts, complimentary beverage, family style luncheon, salad, pasta, stuffed cabbage, kielbasa and kraut, pierogies, vegetable, potato and dessert. Depart MSC at 10:00.

Aqua Turf**Tuesday, September 23rd****Fee: \$45****Pumpkin Festival**

Late morning departure en route to Keene, NH, where you will experience the town’s 23rd Annual Pumpkin Festival, which has set 8 Guinness World Records for the largest number of pumpkins. The festival features food, craft vendors, live entertainment and even a children’s costume parade! Entertainment will be played on three different stages throughout the day, featuring many different artists and dancers. Bring a carved pumpkin to add to the scaffoldings in the Connecticut section in hopes to break another world record of over 31,000 pumpkins. As dark begins to fall, enjoy the luminous glow as pumpkins light up the nights sky. **Depart for home around 7-7:30 pm, please arrange transportation to and from the MSC.** Price includes transportation, driver’s gratuity and time at the Pumpkin Festival. Departure time: TBD *(there may be multiple pick ups).* **Fee: R \$54 | NR \$59**

Keene, New Hampshire**Saturday, October 18th****Oktoberfest**

Travel to the well known Platzl Brauhaus in Pomona, NY for an Oktoberfest Celebration. The fun begins while you enjoy delicious homemade donuts and danish served with hot coffee or tea. Later, revel in an Oktoberfest dinner including a choice of Roasted Half Chicken, Roast Pork Platter, or Sauerbraten. Also enjoy spare ribs, red cabbage and sauerkraut served with all the trimmings. soda, beer and apple cider will be served throughout the day. Dessert is fresh apple pie! Feel free to dance or sing along with the German band and dancers performing all day long! Come and enjoy all the music, excitement and great food of these October festivities! Price includes transportation, festivities, family-style luncheon and driver’s gratuity. Departure time: TBD *(there may be multiple pick ups)*

Platzl Brauhaus**Tuesday, October 21st****Fee: R \$90 | NR \$95****Las Vegas & Atlantic City Legends Show**

Critically impressionist, Mark Verselli captivates audiences with an ever-changing cast of characters, which now includes over 120 personalities. Holy Faris is a one woman show unlike anyone you have ever seen! Holy has thrilled audiences from coast to coast with her assortment of celebrity impersonations and comedy. Coffee and donuts, door prizes, complimentary beverage, family style lunch: salad, pasta, chicken fraicais, roast beef, vegetable, potato, and dessert Depart MSC at 10:00am.

Aqua Turf**Tuesday, Oct. 28th****Fee: \$45**

“Say Goodnight Gracie”**Ivoryton Playhouse****Wednesday, October 29th**

The Life, Laughter and Love of George Burns and Gracie Allen. This Broadway play invites you to spend a hilarious, heart-warming afternoon in the uplifting company of the world’s favorite and funniest centenarian. George Burns, who spanned one hundred years of American entertainment history, is now miraculously alive and kicking in a stunning tour de force. “**Say Goodnight Gracie**” was Broadway’s third longest running solo performance show and was nominated for a 2003 Tony Award for BEST PLAY and won the 2003-04 National Broadway Theatre Award for Best Play! Depart MSC at 1:15 **Fee: R\$35/NR\$45**

It’s All About the 50’s**Costa Azzurra, Milford, CT****Thursday, November 6th**

You can’t beat the scenic water views of Long Island Sound and Charles Island, making for a breathtaking dining experience. After lunch, enjoy the performance, “It’s All About the Fifties.” Tap your feet and sing along as “Big John” Hartman walks you through the many styles of music that came over the airwaves during this incredible decade. A talented pianist and singer, “Big John” also plays the banjo and ukulele. Price includes transportation, drivers gratuity, luncheon and show. Meal Choice: Sliced Sirloin Steak, Stuffed Sole or Chicken Parmesan. (There may be multiple stops) Departure time TBD. **Fee: R70\$/NR75\$**

Holiday Inn**Goodspeed Opera House****Wednesday, November 12th**

Happy Holidays!! Check into the tuneful world-premiere musical about a Connecticut farmhouse transformed into a jubilant nightspot-but only on holidays. From Valentine’s Day to the Fourth of July, Thanksgiving to Christmas, expect a cornucopia of hits songs by Irving Berlin in a dance-dizzy romance based on the classic film that first starred Fred Astaire and Bing Cosby. Raise a glass to cheer to “*Happy Holiday*”, “*Easter Parade*”, “*Be Careful*”, “*It’s My Heart*”, and more greatest show tunes. Price includes show and bus fee. Depart MSC at 12:45pm. **Fee: R\$54 | NR\$59**

Christmas Spectacular (Orchestra Seats!)**Radio City****Thursday, Dec. 4th**

Radio City is celebrating a magical 86 years with the Rockettes. The Radio City Rockettes perform their “*Parade of Wooden Soldiers*,” “*New York Christmas*,” and the “*Living Nativity*,” the brand new show features six new scenes. After the show lunch is served at Maria’s Mont Blanc. Entrée choice of Grilled Pork Chop, Chicken Marsala, or Grilled Salmon served with vegetable, potato, rolls & butter, soup, salad dessert, coffee, tea and decaf. Depart MSC at 8:30am est. return 6:30pm. Shared trip with the Old Saybrook Estuary Council of Seniors, Inc. **Fee: \$155**

Holiday Wishes at the Aqua Turf**Tuesday, Dec.9th**

Featuring *Red Satin Band*! Versatile and experienced, Red Satin has the talent for sparking enthusiastic audience response whether they’re listening or dancing up a storm. Price includes: coffee and donuts, complimentary beverage, door prizes, family style luncheon of salad, pasta, roast turkey, sliced roast beef, vegetable, potato and dessert Depart MSC at 10:00. **Fee: \$43**

Shades of Ireland**Thursday, April 16th-to Saturday, April 25th, 2015**

Travel to the Emerald Isle and find yourself surrounded by its “forty shades of green.” Soak in the landscapes of rolling hills and feel the warmth of an Irish welcome. Itinerary at a glance: **Day 1:**Over night flight, **Day 2:** begin your tour in Dublin, this evening join your fellow travelers for some traditional entertainment during a fun filled Irish evening. **Day 3:** Tour Dublin– visit St. Patrick’s Cathedral, O’Connell Street, Grafton Street, Phoenix Park, and see the city’s trademark Georgian town homes. **Day 4:** Travel to Kilkenny to explore the medieval atmosphere of this city situated on the banks of the River Nore. Visit the House of Waterford Crystal. **Day 5:** journey to historic Blarney Castle and kiss the famous Blarney Stone to receive the gift of eloquence. **Day 6:** Travel along one of the most beautiful coastal routes in the world, the Ring of Kerry. Shop for traditional Irish goods, enjoy pristine ocean scenery, gaze upon the Lakes of Killarney. **Day 7:** Experience the customs and daily life of a traditional Irish family during a memorable visit to the Molanna Dairy Farm. Continue to Limerick to see a panoramic city tour which showcases King John’s Castle and the Treaty Stone. **Day 8:** An exciting day awaits– journey to the stunning 700ft. High Cliffs of Moher for awe-inspiring views of the mighty Atlantic and Aran Islands. Travel through the vast limestone landscape of the Burren, known for its stark beauty and Neolithic tombs. Continue past scenic countryside into Galway for a brief city tour. **Day 9:** Start your day with a cross-country journey to Irish Whiskey territory. The ancient towns of Tullamore and Kilbeggan, enjoy a tasting of the final product during a visit to one of the historic distilleries. Top your day off with an overnight stay on the regal grounds of Cabra Castle, where you will toast the end of this great trip during your farewell dinner. **Day 10:** the tour ends in Kingscourt–travel home. This ten day trip includes: 13 meals: 8 breakfasts, 5 dinners, ground transportation to and from New York Airport Round Trip Air from New York, Air Taxes, and fees/surcharges, hotel transfers.

Fee does not include Cancellation Waiver or Insurance of \$260 pp.**Book Now and Save: \$350 per person. Double pp \$2,999, Single pp \$3,399, Triple pp \$2,969****Valid rates until Oct. 17th, 2014.****Collette Tours will have an informational presentation on Monday, September 28th at 10:30 am. Please call to register.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 MSC will be closed for Labor Day</p>	<p>2 Sliced Pork w/ Gravy, Rstd, Garlic Mashed Potatoes, Ital. Veggie Blend, Pumpernickel bread, Fresh Apple, Milk</p>	<p>3 End of Summer Picnic</p>	<p>4 Grandioli w/ Marinara Sauce, Parm. Cheese, Zucchini, Braised Carrots, Ital. Bread, Apple Juice, Chocolate Chip Cookie, Milk</p>	<p>5 Cheeseburger on Wheat Bun, Tomato Cuke Salad, Potato Salad, Pears, Milk</p>
<p>8 Sliced Turkey, Mashed Turnip, Green Beans, Marble Rye Bread, Orange Juice, Apple Pie, Milk</p>	<p>9 Philly Cheesesteak with onions and peppers, Country Style Blend, Mandarin Oranges, Milk</p>	<p>10 Rstd Chicken w/ Hickory BBQ Sauce, Sweet Cranberry Rice Pilaf, Wax Beans, Pumpernickel Bread, Fruit Cocktail, Milk</p>	<p>11 Rstd Cauliflower, Crab Cake, Tartar Sauce, Mac & Cheese Broccoli, Wheat Dinner Roll, Fresh Fruit. Milk</p>	<p>12 Meatloaf w/ Gravy, Mashed Potato, Peas and Pearl Onions, Enriched Bread, Fruit Yogurt, Milk</p>
<p>15 Whl Wht Spaghetti, Meatballs in Marinara, Parmesan Cheese, Garden Salad, Vinaigrette Dressing, Breadstick, Fresh Fruit, Milk</p>	<p>16 Chicken Orzo Soup, Vegetable Quiche, Ital. Breadstick, Tomato Cucumber & Basil Salad, Fresh Fruit, Milk</p>	<p>17 Pot Roast with Gravy, Smashed Potato, Carrots and Onions, Marble Rye Bread, Fruit Cocktail, Milk</p>	<p>18 Cod in Chucky Tomato and Mozzarella Sauce, Oven Baked Fries, Zucchini, Dinner Roll, Apple Juice, Lemon Pudding, Milk</p>	<p>19 Happy Birthday! Sweet & Sour Pork, Brown Rice, Oriental Blend, Bread, Mandarin Apple Juice, Carrot Cake, Milk</p>
<p>22 Sliced Turkey w/ Grvy, Rstd Potato, Green Beans, Marble Rye Bread, Grape Juice, Pumpkin Bread Pudding, Milk</p>	<p>23 Pulled Pork wit BBQ Sauce, Wht Bun, Cole-slaw, Baked Swt Potato Wedges, Cranberry Juice, Ice Cream Sandwich, Milk</p>	<p>24 Vegetable Lasagna, Caesar Salad with Croutons and Caesar Dressing, Dinner Roll, Scalloped Apples, Milk</p>	<p>25 Salmon in a Rosemary Cream Sauce, Brown Rice, Zucchini, Dinner Roll, Fresh Fruit, Milk</p>	<p>26 Eggplant Rollatini w/ Marinara Sauce, Garlic Penne, Calif. Blend, Ital Bread, Mandarin Oranges, Milk</p>
<p>29 Chicken a la King, Brown Rice, Mixed Veggies, Multigrain Bread, Fruit Cocktail, Milk</p>	<p>30 Sliced Roast Beef w/ Grvy, Baked Potato, Scandinavian Veg. Blend, Marble Rye Bread, Pineapple</p>	<p>Please remember to make your reservation with Jodie Shevlin at (203) 245-5686 by 12 Noon the day before you plan to come for lunch. (If you want to attend on a Monday please call by noon the previous Friday.)</p>		



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IPad for Beginners

Learn the basics of using an iPad, terminology, components etc. What can you do with your iPad? Learn e-mail, playing games, entertaining and set a reminder of when to take your medications! Bring your iPad & Apple password. **Thursday's, Sept. 11th-Oct.9th 1 to 2:00pm** **Fee: R \$42 | NR \$52 (5 classes)**

E-Bay: and "New" Craig's List

You will learn how to Open E-bay & PayPal accounts online, search and bid on an item, pay and complete the transaction, investigate sellers, and find the best deal. Learn how to become an eBay seller, what it costs, how to price your items, take and upload a picture, complete the sale, and the best words to describe your item. Please bring a camera, charged battery, & a pad and pencil. Classes are 2 hours. If you have your own laptop, please bring it with you. **Tuesdays, Sept. 9th 16th and 23rd 10 to 12pm** **Fee: R \$42 | NR \$52 (3 classes)**

Shopping the Internet Safely

Save money, save time. Find that perfect dress: locate that part for your classic 1955 Plymouth: Comparison shop prices; compare different brands; get that missing piece to your collection. From LL Bean to Macy's to Nordstrom's to e-bay. From new to antique to rare. **Tuesday Sept. 30th & Oct. 7th 10 to 12pm** **Fee: R \$35 | NR\$45 2 classes**

All Computer Classes offered with the Guilford Senior Center. Guilford residents will be charged the resident fee.

Open Lab: computers are available for your personal use when classes are not in session from 9am-4pm free

Ongoing Activities at the Senior Center

Bridge	Thursdays	1– 4 pm	Hand & Foot	Fridays	1– 4 pm	<div style="display: flex; flex-direction: column; align-items: center;"> <p style="font-size: 24px; margin: 0;">There's LOTS</p> <p style="font-size: 24px; margin: 0;">to do at the Madison Senior Center</p> </div> 
Canasta	Tuesdays	1– 4 pm	Knitting Group	Tuesdays & Thursdays	10a-12p	
Mah Jong	Thursdays	1– 4 pm	Poker	Wednesdays	1– 4 pm	
Crocheting Bags	Wednesdays	1–3 pm	Walking Club	Mon and Tues.	9:00am	