



The Depot Express

MADISON SENIOR SERVICES NEWSLETTER



DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443

September 2010

OFFICE HOURS:
8:30 AM – 4:00 PM
MONDAY – FRIDAY

MUNICIPAL AGENT: 245-5687

MAIN OFFICE: 245-5627

FAX: 318-0670

CAFE SITE: 245-5686

SENIOR COMMISSION

CHAIR

Patricia Melady

VICE-CHAIR

Maureen Lopes

MEMBERS:

Elizabeth Booth

Robert Hale

Gerard Kerins

Leslie Marcarelli-Naizby

Barry Miller

Wendy Oberg

Marcy Sanders

Liaison to the Board of Selectmen:

Noreen Kokoruda

STAFF

Scot Erskine

David Melillo

Katherine DeBurra

Gina Millan

Heather Castrilli

Carrie Gazda

BUS DRIVERS

Pat Cocchiaro

Patricia Connelly

Michael Rand

Helen Sneider

Carolyn Tenedine

EXERCISE INSTRUCTOR

Patricia Velleca

CAFÉ MANAGER

Joan Waldron



SENIOR CENTER WEB PAGE

<http://www.madisonct.org/senior/vcs/index.shtml>

Be the first to share your ideas!

Stop by the office or email us your suggestions, all ideas appreciated!

Please call the Depot if you are interested in receiving the newsletter via email!

TOWN WEB PAGE

www.madisonct.org

MADISON SENIOR SERVICES COMMISSION

Meetings are held on the third Thursday of the month. Next meeting: September 16, 2010, 5:30 PM in the Hammonasset Room at the Town Hall.

NEW REGISTRATION METHOD

Registration is now on a first come first serve basis, as soon as you submit the registration form. The newsletter will be posted in the senior center and online by Wednesday, August 25, 2010. We will be using new registration forms, please stop by the senior center to pick up and submit your form. Registrations can be mailed in and are also taken at the Recreation Department.



CAPTAIN JACK LOBSTER BAKE & CASINO

Wednesday, September 8, 2010 Prog. # 700114-A

Foxwoods Resort and Casino and spend a few hours enjoying the casino. Price includes a buffet coupon for breakfast and \$15.00 voucher for Lucky Seven Keno. At 2:00 pm travel towards Narragansett Bay in Rhode Island and enjoy a delicious Lobster Clambake at Captain Jack's in Wakefield. Lunch includes Cup of Chowder and Three Clam Cakes, Shrimp Cocktail w/three shrimp, Choice of 1 ¼ Whole Boiled Lobster or Prime Rib of Beef, an ear of corn, apple crisp w/ice cream, rolls, and a beverage. **Leave Commuter Parking Lot at 8:00 am, return approximately 6:00 pm, Fee: \$65 pp.**

END OF SUMMER PICNIC @ THE DEPOT

Friday September 10, 2010, Prog. #700118-A

Celebrate the end of the summer with a picnic at the Depot. Join Karen Wagner in song while you feast on hot dogs, salads and more! 12:00 PM **Fee: \$2 pp.**

The new picnic area has been cleared behind the Depot. Bring a friend and have your lunch. Two new tables with umbrellas have been set up for your enjoyment!

BLACK HAWK FISHING

Monday, September 27, 2010, Prog. #700125-A



Depart on a fishing adventure for the day aboard the Black Hawk fishing boat out of Niantic, no fishing license necessary. Once you catch your fish, it's yours to keep, as long as they are legal size. The mates can fillet and clean your fish for an extra fee. Stop by the Depot for a checklist of information for your fishing excursion, rods and bait are included in price. **Early morning departure time to be announced, Fee: \$65 pp.**

MEDICARE TURNING 65 SEMINAR

Thursday, October 7, 2010 6:00-7:30 PM, Prog. #700131-A

Are you getting ready to turn 65? Does Medicare get you confused? Do you need some information about how to select a Medigap Policy? Join Carlos Maynard, our Medicare expert, a representative from social security and Craig Bernard of Madison Investments for information about what you need to know before you turn 65.

Please call to pre register, spaces are limited.

2ND ANNUAL HEALTH FAIR & FLU SHOTS

Wednesday, October 13, 2010 1:00-4:00 PM

Madison Multidisciplinary Team along with the Madison Senior Center are hosting the 2nd Annual Health Fair. Many local health presentations and vendors will be present. Make sure you fill out your raffle tickets. **VNA flu shots are given by appointment only, Stop in to the Senior Center to put your name on the sign up sheet for an appointment.**

MUNICIPAL INFORMATION

For more information, please contact Heather Castrilli at (203) 245-5687 OR castrillih@madisonct.org

ANNOUNCEMENTS/CURRENT SOCIAL SERVICE PROGRAMS

RENT REBATE

The filing period for the Rent Rebate runs until September 15, 2010. Participants are required to submit proof of income for 2009, proof of rental, heating, electric, and water payments made in 2009. An eligible participant must be age 65 or older, or disabled and have incurred rental expenses in 2009, not necessarily in Madison.

Maximum income in 2009 for a single person: \$32,300 and for a couple: \$39,500.

SNAP PROGRAM (Formerly Food Stamps)

This program helps offset food expenses. Eligible participants are given a set amount of money on an EBT debit card each month to use at local grocery stores. Monthly income guidelines: **Single: \$1,671, Couple: \$2,248.**

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The pantry is located in the back of the First Congregational Church on the Town Green and is open Wednesdays from 11-3. **Transportation available, call Dial-a-Ride, 245-5695. Bus Pick up @ Concord Meadows at 10:15 AM.**

ANGEL FOOD MINISTRY

In these tight economic times, we all could use a little help in making ends meet! Bethel Assembly of God Church, Guilford, CT operates a program that can help lower your food costs. Preorder food through Angel Food Ministries & receive substantial savings. For more information, you can visit their website: <http://www.guilfordbethel.org/AngelFoodInfo.htm>. Stop in to the senior center to pick up this months menu or call (203)453-5171 or 245-1385. SNAP benefits are accepted.

CONNPACE

ConnPACE or the CT Pharmaceutical Assistance Program helps participants offset the costs of their Rx's. The filing period for new clients is Nov. 15th to Dec. 31st annually with an annual registration fee of \$45 per person. ConnPACE only cover Rx's on your Med. D formulary and will cover premiums of benchmark Med D plans.

MEDICARE SAVINGS PROGRAM

The Medicare Savings Program assists eligible participants with paying their Medicare Part B premiums each month. In addition, participants will have \$2.50 co-pay for generic Rx's and \$6.30 co-pay for name-brand Rx's. There is no asset test for this program. **Maximum Income for a single: \$2,091.67 and for a couple: \$2,816.67**

TRANSPORTATION OPTIONS

<p align="center"><u>DIAL-A-RIDE</u></p> <p>Madison Senior Center 245-5695</p> <p>A public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work. Please call to be mailed the rules and regulations. 48 HOURS NOTICE REQUIRED!!</p>	<p align="center"><u>SENIOR BUS</u></p> <p>Madison Senior Center 245-5627</p> <p>Fixed routes to the senior center, downtown, special events, hot lunch program, & Thursday grocery shopping. See enclosed monthly calendar for route schedule. 48 HOURS NOTICE REQUIRED!!</p>	<p align="center"><u>MADISON COMMUNITY SERVICES:</u> 245-3031</p> <p>Madison Community Services has a bank of volunteers who will take Madison residents to Medical Appointments. This program operates locally and in the surrounding areas. 7 DAYS NOTICE REQUIRED!</p>	<p align="center"><u>SHORELINE SHUTTLE</u></p> <p align="center">Estuary Transit District 860-510-0429 TDD & TTY 1-800-842-9710</p> <p>The 9-Town Transit Bus operates on a route from Old Saybrook to Madison. Stops in Madison include the train station, the senior center and at the Scranton Gazebo to connect with the Datto bus. Call for pick-up arrangements PRE REGISTRATION REQUIRED!</p>
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Medicare Mondays

The first Monday of every month, Carlos Maynard and Heather Castrilli will hold appointments to answer questions regarding Medicare and Health Insurance.

The New Simplified Process to attain...

 **Handicapped Parking Permit . . .** New application form from the DMV available on the www.ct.gov/dmv.org or in the Depot office. The form is now a one-page document that can be faxed by your doctor's office to the DMV expediting the process.

Notary Services At The Depot By Appointment:
Heather Castrilli, Katherine DeBurra & Gina Millan
Call the Depot for an appointment



Elder Law And Legal Assistance For Medicare Patients.
Call the Center for Medicare Advocacy **1-800-262-4414.**

Meals-On-Wheels

Hot meals are delivered around noontime to the homebound or just recently out of the hospital & recovering. please call (860) 388-1611; Ext. 207
Requires 4-5 days notice and doctor or nurse referral.

Meals On Wheels Volunteer Drivers:

The Meals on Wheels Program is always looking for new volunteers to help deliver meals. The Town of Madison will reimburse drivers 32.5 cents per mile.

Madison Food Pantry Donations

Donations to the Food Pantry are welcome, Please contact Madison Community Services: (203)245-3031

SEPTEMBER 2010 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<p><u>ACTIVITY REGISTRATION FORMS</u> A new registration method is now in effect. Stop into the Senior Center office to pick up registration forms in order to sign up for the upcoming events.</p>		9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 1:00 PM Clinton Goodwill & ice cream stop @ Dairy Queen Prog. #700115-A	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg	9:00 AM Fit & Mov 10:30 AM ChairErcise 11:15 AM Greek Festival Enjoy food, music, & more \$2.00. Prog. #700116-A Lunch on your own. 12:00 PM LUNCH
6	7	8	9	10
	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 Art Class 5:00 PM Bocce for fun!	8:00 AM Leave Comm. Lot Captain Jacks Lobster & Foxwood Casino 9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 12:00 PM ST. Margaret's Bingo Prog. #700123-A	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH End of Summer Picnic & Music w/ Karen Wagner \$3.00 Prog. #700118-A
13	14	15	16	Museum of the Month 17
9:00 AM Fit & Mov 9:00 AM Leave Depot Thimble Island Cruise \$11.00 Lunch on own @ Parthenon Diner Prog. #700119-A 10:30 AM ChairErcise 12:00 PM LUNCH 12:30 PM Blood Pressure 5:00 PM Safe Driving	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 Art Class 5:00 PM Safe Driving 5:00 PM Bocce for fun!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 12:45 PM Expect Discounts, HomeGoods, & TJ Maxx in East Haven Prog. #700120-A	9-10 AM LEGAL ASSISTANCE by Appt. 9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg 5:30 PM MSCC	9:00 AM Fit & Mov 9:30 AM Leave Depot to Mystic Aquarium \$21.00 Prog. #700121-A 10:30 AM ChairErcise 12:00 PM LUNCH
20	21	22	23	24
9:00 AM Fit & Mov 9:30 AM Leave Depot to the Hamden Plaza \$2.00 Lunch stop @ McDonalds Prog. #700122-A 10:30 AM ChairErcise 12:00 PM LUNCH 12:30 PM Blood Pressure	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 Art Class 5:00 PM Bocce for fun!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 1:00 PM Fresh Summer Vegetable shopping @ the Clinton Farmers Market Prog. #700132-A	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM Bocce Picnic 12:00 PM LUNCH 1:00 Cards & Mah Jongg	9:00 AM Fit & Mov 9:30 AM Mark Twain House Bring a bag lunch Fee \$15.00 Prog. #700124-A 10:30 AM ChairErcise 12:00 PM LUNCH
27	28	29	30	
7:00 AM Blackhawk Fishing Excursion \$65.00 Prog. #700125-A 9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 9:00 AM Breakfast on your own & Shopping at IKEA Prog. #700126-A	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 Art Class 5:00 PM Bocce for fun!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 11:00 AM Leave Depot to Crystal Mall & lunch on your own at Olive Garden \$2.00 Prog. #700127-A	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg	

SENIOR COMMUNITY CAFÉ

Lunch begins at 12:00 PM

<p>Please remember to call to order lunch by 12:00 PM the previous day. To order lunch held on a Monday, call the Friday before.</p> <p>Lucky Lunch Fridays include a free raffle for those purchasing lunch.</p>	<p>1 Turkey Kielbasa Sauerkraut Boiled Potatoes Belgian Carrots Rice Pudding w/Topping</p>	<p>2 Yankee Pot Roast w/ Gravy Mashed Potatoes Mixed Vegetables Fresh Fruit Cup</p>	<p><u>LUCKY LUNCH</u> 3 Fried Fish Rice Combo Zucchini Unfrosted Brownie</p>	
<p>6 Labor Day Depot Closed</p>	<p>7 Cream of Carrot Soup Tuna Fish Salad on A Bed of Lettuce Pickled Beet Salad Fresh Fruit Cup</p>	<p>8 Southern Fried Chicken Macaroni & Cheese Spinach Watermelon</p>	<p>9 Broiled Roast Pork Sweet Potatoes Salad Sliced Peaches</p>	<p><u>LUCKY LUNCH</u> 10 Baked Pollock Fluffy Brown Rice Salad Apple Pie w/Topping</p>
<p>13 Baked Chicken ¼ Cranberry Sauce Baby Carrots Green Beans Tapioca Pudding w/Topping 12:45 PM Blood Pressure w/the VNA</p>	<p>14 Meat Lasagna w/ Tomato Sauce Salad Spinach Sliced Peaches</p>	<p>15 Roasted Turkey w/Gravy Stuffing Cranberry Sauce Corn Sliced Pears</p>	<p>16 Meatloaf w/ Chunky Tomato Sauce Roasted Potatoes California Blend Veg. Oatmeal Raisin Cookie</p>	<p><u>LUCKY LUNCH</u> 17 Vegetable Beef Soup Seafood Salad on A Bed of Lettuce Orange</p>
<p>20 Sl. Ham & Cheese on a Bed of Lettuce Macaroni Salad Tropic Fruit Cup</p>	<p>21 Meat Cannelloni w/ Tomato Sauce Salad California Blend Veg. Apple</p>	<p>Birthday Cake Day 22 Chicken Marsala Rice Salad Birthday Cake</p>	<p>23 Chicken Vegetable Soup Hamburger Baked Beans Creamy Cole Slaw Mandarin Orange</p>	<p><u>LUCKY LUNCH</u> 24 Crunchy Fish Scalloped Potatoes Zucchini Sliced Peaches</p>
<p>27 Cream of Broccoli Soup Grilled Chicken Strips on a Bed of Lettuce Marinated Veg. w/Onions Cup Fresh Fruit 12:45 PM Blood Pressure w/the VNA</p>	<p>28 Eggplant Rollatini Pasta w/ Marinara Sauce Salad Oatmeal Raisin Cookie</p>	<p>29 Beef Stew Corn Salad Sliced Pears</p>	<p>30 Italian Wedding Soup Chicken Salad on A Bed of Lettuce Pasta Salad Cole Slaw Orange</p>	<p>All meals include Bread & Butter, Milk, Coffee & Tea. All Soups come with Unsalted Crackers. All Soups, Entrees, Gravies, Sauces, Salad Dressings & Desserts are Low Fat, Low Sodium.</p>

HAPPY BIRTHDAY TO ALL THE SEPTEMBER BIRTHDAYS!

Celebrate with us on Birthday Cake Day

September 22, 2010

Receive a special surprise to celebrate your day!

Please make Joan aware of your birth date, to receive a surprise.

(Attendance is required on Birthday Cake Day)



If you cannot attend a luncheon that you have reserved, please call Joan in the Café at 245-5686. There may be last minute calls to fill your spot. Thank you for your cooperation.

Exercise and Relax with Yoga

Instructed by Pat Velleca. Learn Yoga techniques are used to increase circulation and relaxation. Know your body physically and mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control, and an increase in energy. Suitable for all ages and conditions. Loose clothing and mats needed. Memorial Hall Upper Level.

Program # 204203 A

Day: Tuesday
 Dates: 9/21-11/23 no 10/12
 Time: 3:00-4:00pm
 Fee: \$68.00

Program # 204203 B

Day: Thursday
 Dates: 9/23-12/2 no 11/11 & 25
 Time: 3:00-4:00 pm
 Fee: \$68.00



Chair-Exercise

Instructed by Pat Velleca. Designed for those who need to exercise while seated. Benefits: muscle tone, joint flexibility and cardiovascular strength. Held at the Depot Meeting Center.

Program #204206 A

Day: Monday
 Dates: 9/27 to 12/6
 No class 10/11
 Makeup 12/13
 Time: 10:30-11:30am
 Fee:\$10
 Non Resident: \$15

Program #204206 B

Day: Friday
 Dates: 9/24-12/10
 No Class 11/26
 Makeup 12/17
 Time: 10:30-11:30am
 Fee: \$11
 Non resident Fee: \$15

Seniors in Motion

Instructed by Pat Velleca. Designed for seniors who want more than Chair Exercise, involves some standing. Improve balance, strength and stability. Held at the Depot Meeting Center.

Program #204205 A

Day: Wednesday
 Dates: 9/22 -12/8
 No Class 11/24
 Makeup 12/17
 Time: 10:15-11:15am
 Fee: \$30.00



Fitness & Movement

Instructed by Pat Velleca. Low impact aerobics for mature folks interested in continuing good health. Good cardiovascular workout combined with muscle and joint strengthening. Please Bring Sneakers, cool, comfortable clothing and a floor mat. Held at the Depot Meeting Center.

Program #204204 A

Day: Monday
 Dates: 9/27 to 12/6
 No class 10/11
 Make up 12/13
 Time: 9:00-10:00am
 Fee: \$30.00

Program # 204204 B

Day: Wednesday
 Dates: 9/22-12/8
 No Class 11/24
 Make up 12/17
 Time: 9:00-10:00am
 Fee: \$30.00

Program #204204 C

Day: Friday
 Dates: 9/24 to 12/10
 No Class 11/26
 Make up 12/17
 Time: 9:00-10:00am
 Fee: \$33.00

MONTHLY SERVICES AT THE DEPOT

MEDICARE MONDAY

Monday, September 13, 2010
 9:00 – 11:00 AM

BLOOD PRESSURE CHECK

September 13 & 27, 2010
 12:30 PM @ the Depot.

LEGAL ASSISTANCE,

September 16, 2010.
 9:00 – 10:00 AM.



Unbiased information, counseling, & assistance on Medicare, Supplemental Insurance, & Medicare Advantage Plans. Carlos A. Maynard a volunteer and Heather Castrilli assist Madison Residents. **By appointment only: Call Heather 245-5687**

VNA Community Healthcare holds BP Clinics on the 2nd & 4th Monday of the month @ the Depot.

Blood Pressure Monitor also available for use in office. Just ask!

Attorneys Thomas Cronan, Michael Sweeney, & Timothy Shields volunteer counseling services on a one-on-one basis.

Thank you to our legal team for their monthly assistance!

By appointment only: Call the Depot 245-5627.

AARP DRIVING SAFETY PROGRAM COURSES 2010

The Guilford & Madison Senior Centers have created a Shoreline Guilford/Madison AARP Safe Driving Class offered to seniors to sharpen driving skills & enjoy a discount on auto insurance. State law mandates that people 60 & older are entitled to a minimum 5% discount on the liability portion of their policy upon completion of the two-day, 8-hour course.



*Advance registration required: AARP members \$12.00 & Non Members \$14.00
Please make checks payable to AARP. Bring your membership card at time of registration.*

AARP also offers an online course @ www.aarp.org/drive

Classes held @ Guilford Community Center: No further classes this year in Guilford @ this current time!

**Classes held @ Madison Senior Center: September 13-14, 5:00-9:00 PM, October 4-5, 1:00-5:00 PM,
November 8-9, 1:00-5:00 PM.**

ART CLASSES

New Session begins: Tuesday, September 7, 2010, 1:30-3:30 PM

Instruction in drawing, charcoal, pastel, watercolor, acrylics, oils. The instructor, Muriel Waldvogel is a local Madison Artist, who volunteers her time and talent to teach our weekly program! List of art supplies available.

Session A: September 7 – November 30, Resident Fee: \$13.00, Non-Resident: \$18.00. **Prog. # 703400-A**
Session B: December 7 – February 22, Resident Fee: \$12.00, Non-Resident Fee: \$17.00. **Prog. # 703400-B**
Session C: March 1 – June 28, Resident Fee: \$18.00, Non-Resident Fee: \$23.00. **Prog. # 703400-C**

CARD PLAYING & MAH JONGG

Tuesdays: Bridge, Canasta; Thursdays: Pinochle, Setback & Mah Jongg
On-Going through the year 1:00-4:00 PM

LINE DANCING AT MEMORIAL TOWN HALL

New session begins: Monday, September 13th, 2010 at 1:30 PM

Gayle Melonson is our Line Dancing Instructor for seniors.

Classes held Monday's at 1:30 PM in the Upper Level of the Memorial Town Hall.

Pre-register @ the Depot or at the Beach & Recreation Department.

Session A: September 13 – October 25 Fee: \$31.50 **Prog. #203100-A**

Session B: November 1 – December 6 Fee: \$27.00 **Prog.#203100-B**

FALL COMPUTER CLASSES

Fall Session of Computer Classes will be held on Tuesday mornings.

Session A: September 7, 14, 21, 28 @ 9:00-10:00 AM **Prog. # 100115-A**

Session B: September 7, 14, 21, 28 @ 10:00-11:00 AM **Prog. # 100115-B**

Session C: October 5, 12, 26, November 12 @ 9:00-10:00 AM **Prog. # 100115-C**

Session D: October 5, 12, 26, November 2 @ 10:00-11:00 AM **Prog. # 100115-D**

Session E: November 9, 16, 30, December 7 @ 9:00-10:00 AM **Prog. # 100115-E**

Session F: November 9, 16, 30, December 7 @ 10:00-11:00 AM **Prog. # 100115-F**

Each session runs for 4 weeks, \$20.00 per session.



COMPUTER FREE TIME

The computer area has a very busy schedule for personal use but please call to check on times available for you.
Be sure to sign in at the office.

LIFE LONG LEARNING

This exciting program offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! A variety of classes offered. Become a member of this great program. New online registrations will be available for the fall session of classes. Be sure to include your email address with your registration to receive weekly class reminders, notifications of class changes, special guest events not listed in the catalog. Membership: \$25 for the year.

Some of the upcoming Life Long Learning Topics:

“The Inside Out of Politics,” “An Introduction to Post Traumatic Stress,” “The Big Bang & Creation of Our Solar System”, “Printing with Plants”, “Why Social Media Matters”, A Film Festival: “Katharine Hepburn and the men in her films”, “Spirituality for the Later Years”, “Best Selling Books of the Middle Ages”, and many more...

SENIOR CENTER LIBRARY

The library has received a wonderful donation of books on tape, as well as many different novels and reference materials.
Please feel free to stop by and pick up a good book to read.

PROGRAMS & TRIPS

Refund requests issued, if your seat can be filled from the waiting list.

CAPTAIN JACK LOBSTER BAKE & CASINO

Wednesday, September 8, 2010 Prog. # 700114-A

Arrive at The Foxwoods Resort and Casino and spend a few hours enjoying the casino. Price includes a buffet coupon for breakfast and \$15.00 voucher for Lucky Seven Keno. At 2:00 pm travel towards Narragansett Bay in Rhode Island and enjoy a delicious Lobster Clambake at Captain Jack's in Wakefield. Lunch includes Cup of Chowder and Three Clam Cakes, Shrimp Cocktail w/three shrimp, Choice of 1 ¼ Whole Boiled Lobster or Prime Rib of Beef, an ear of corn, apple crisp w/ice cream, rolls, and a beverage.

Leave Commuter Parking Lot at 8:00 AM; return approx. 6:00 pm Fee: \$65 pp.

BOCCE PICNIC

Thursday, September 23, 2010

Celebrate the bocce season with your team and friends. Enjoy the end of season picnic, catered by Jason with hot dogs, hamburgers, macaroni salad, and toss salad with soda, water and lemonade. Lunch begins at 12:00 PM.

An Awards ceremony to follow. **Team captains and substitutes please register with Joe Malec or Joan Mormile.**

"DRIVING MISS DAISY!" @ THE IVORYTON

Wednesday, October 6, 2010 Prog. # 100129-A

This graceful and moving drama by Alfred Uhry affectionately covers the twenty-five year relationship between a wealthy, strong willed Southern matron and her equally indomitable black chauffeur, Hoke; a delicate, funny, and bittersweet story.

Leave Depot @ 1:00 pm Fee: \$32 pp.

KITTERY MAINE

Saturday, November 6, 2010 Prog. # 700128-A

Get started on your Christmas shopping early; enjoy a day at the outlets in Kittery Maine. Stop at Fosters Clambake restaurant for a choice of Lobster or Chicken. Package includes transportation, dinner & coupon booklets for shopping @ the outlets. **Leaves Commuter Lot @ 7:30 AM and Return approx. 8:30 PM Fee: \$ 75 pp.**

ELIZABETH VONN TRAPP @ THE KATE!

Thursday, November 18, 2010 Prog. # 100130-A

Enjoy a luncheon at The Riverhouse at Goodspeed Station in Haddam, overlooking the Connecticut River and the Goodspeed Opera House. Then off to the new Katharine Hepburn Cultural Arts Center in Old Saybrook, CT for an afternoon of pre holiday entertainment featuring Elisabeth von Trapp, granddaughter of the legendary Maria and Baron von Trapp, whose story inspired the "Sound of Music" Choice for dinner: Prime Rib or Baked Stuffed Shrimp.

Leave Depot at 10:45 am, Fee: \$65 pp.

THE LOG CABIN CHRISTMAS EXTRAVAGANZA

Wednesday, December 1, 2010 Prog. # 700130-A

Make the holidays special with a trip the Berkshires premier destination, The Log Cabin. While dining at the Log Cabin enjoy the Christmas Extravaganza Show of "Rocking around the Christmas Tree". Let us bring back the holidays when life was simple, relaxing and fun filled. Entrees include: Roast Turkey & Baked Scrod, all meals are served family style.

Departure time to be announced, Fee:\$75 pp.

CHRISTMAS SPECTACULAR @ RADIO CITY

MONDAY, DECEMBER 13, 2010 Prog. # 700129-A

The Radio City Christmas Spectacular starring the world famous Rockettes is an unparalleled show featuring the signature high kicks and precision choreography. These show stopping numbers include the legendary "Parade of the Wooden Soldiers", and "New York at Christmas", a dynamic holiday celebration.

Lunch at the renowned Carmine's, a wonderful Southern Italian Restaurant, food is served in abundant portions.

Leave Commuter Parking Lot at 7:00 AM, arrive home approximately 6:00 PM, Fee: \$145 pp.

NOW TAKING SUGGESTIONS FOR THE WINTER SCHEDULE

If you have an interest in a special, trip or activity, please contact the Senior Center or add it to the suggestion box.

RETURN ADDRESS:
MADISON SENIOR SERVICES COMMISSION
DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443-2691
TELEPHONE: 245-5627

PRSRRT STD
U S POSTAGE
PAID
MADISON CT
PERMIT
NO. 140



**DATED MATERIAL
PLEASE DELIVER PROMPTLY**

Save the Date

2nd Annual Health Fair with Flu Shots

Wednesday, October 13, 2010, 1:00-4:00 PM

Registration for flu shot appointments begins Wednesday, September 1, 2010



**NEW REGISTRATION METHOD NOW IN EFFECT
DETAILS ARE LISTED ON THE FRONT PAGE**