

Trends & Traditions

May 2014



Madison Senior Center

MUSEUM OF THE MONTH TRIP

The New England Carousel Museum is dedicated to the acquisition, restoration, and preservation of operating carousels and carousel memorabilia. Cost of the Museum visit is \$5.50 paid at the door. Lunch at the Riverside Restaurant on your own.



Bus Fee: \$5

Friday May 16th
Depart MSC at 9:30

Chinese Philosophy and Culture



An introduction to Chinese philosophy and culture with a focus on Confucianism and Taoism. Their influence on Chinese society can be felt even today. Major Chinese holidays will be discussed.

Wednesday's, May 7th - 28th (4 classes)
2-3:30pm

\$5 Fee

Strawberry Social & Luncheon



Madison and Guilford seniors will celebrate summer with a picnic at Jacob's Beach in Guilford! Lunch includes: salads, hot dog *or* hamburger, and strawberry shortcake. Entertainment provided by Lenny Zaracone. Food prepared by Chef Larry Santamaria. Registration is required and you may drive on your own or take our bus. Please let us know if you will be taking the bus (bus will depart at 10:45).

Wednesday, June 4th at 11am

Fee: \$6

Merriano's Bakery Cannoli Truck is making a special stop here at the Madison Senior Center! After lunch cannolis will be available for purchase May 2nd and May 23rd!



FREE VNA Classes

Be Your Own Healthcare Hero May 6th 1-2pm
Speak up! Ask questions! Be Prepared. Learn various ways to improve communication with your Health Care provider.

Recipe for Healthy Stress June 10th 1-2pm
This program focuses on the "ingredients" needed to balance stress, including: laughing, journaling and breathing techniques.

The *Adventurous* Culinary Club

Come on a culinary adventure to explore cuisines from around the world and make new friends! Go somewhere new for lunch on the 4th Friday of every month (*on your own*). Prices vary, stop in for a copy of the menu. In May, we visit a Mediterranean-style atmosphere dotted with the influence of Spanish and Mediterranean cultures, *Bistro Mediterranean & Tapas Bar* in East Haven.



Friday, May 23rd

Depart MSC at 11:00
Bus Fee: \$2

Local Author Series Steve Horner "*From Hired to Fired*"



Stephen Horner has more than thirty years in employment and labor law. His book was written for everyone involved with any aspect of employment. It will help you have a better understanding of the laws that apply to both employees and employers.

Please call to register.

Mon., May 19th at 1 pm

FREE



"Cinco de Mayo"



Celebrate Cinco de Mayo with a free multimedia program on Mexico and a wonderful South of the Border lunch in the MSC Café. Special performance by the *No Excuses Tap Club* at 12:30. **Monday, May 5th please register by 5/1.**

Multimedia Program: 10:30-11:30 am Free
Lunch: 11:45-1:00pm Fee \$3 donation

Journey to Health & Wellness Fair

Save the Date

Thursday, May 29th 10:00am - 3:00pm

Events Schedule

10:00am-2:00pm **Vendor Fair and Free Raffles**
Sample Free Exercise Classes

Speakers

10:30am **Madison Police Department and K9 Unit:**
11:15am **Veteran's Association "My Healthy Vet"**
12:00pm **Light Lunch and Music**
1:00pm **VNA "Spotlight on Shingles"**
2:00pm **Rehab Concepts "OTAGO"**
Strength & Balance

Sponsored by the Madison Senior Center
and the Madison Senior Partners



MADISON SENIOR CENTER

29 Bradley Road, Madison, CT 06443

PHONE: (203)245-5627

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Monday-Friday 8:30-4:00pm

SR. COMMUNITY CAFÉ

(203) 245-5686

For lunch reservations call before noon the day before and leave a message.

DIAL-A-RIDE (203)245-5627

Operates on Mondays, Wednesdays and Fridays only. 48 hour notice required.

MUNICIPAL AGENT FOR THE ELDERLY (203)245-5687



SENIOR COMMISSION

Chair Maureen Lopes
 Vice-Chair..... Dr. Gerard Kerins
 Members Mitchell Cohan
 Patricia Melady
 Sheri Puricelli
 Wendy Oberg
 Marcy Sanders
 Craig Bernard

The Senior Commission meets on the second Thursday of the month at the Senior Center.

*The next meeting will be
 May 8th, 2014 at 5:30pm*

LIAISON TO BOARD OF SELECTMAN.....Diane Stadterman

SENIOR CENTER STAFF

Sr. Services Manager Austin Hall
 Municipal Agent Heather Castrilli
 Program Coord Kristen Caramanica
 Secretary Ellie Gillespie
 Bus Driver Michael Rand
 Bus Driver Helen Sneider
 Bus Driver Pat Cocchiaro
 Bus Driver Dennis Marron
 Bus Driver Domenick Vitti
 Café Manager Jodie Shevlin

RENT REBATE

Application intake begins Friday, May 16th, 2014

Participants will receive a one-time check in the fall to help offset rental expenses. Participants must submit proof of income for 2013, proof of rental, heating, electric, & water payments made in 2013. Eligible participants are age 65 & over, or disabled & have incurred rental expenses in 2013, in Connecticut. Applications will be accepted for PREVIOUS and NEW Applicants

2013 max. income: single: \$34,100 & couple: \$41,600

SENIOR & DISABLED TAX RELIEF PROGRAM

Application Deadline Thursday, May 15th, 2014

The Town of Madison and State of Connecticut offer tax relief for age 65 and older or totally disabled residents that own and occupy their property as a primary residence. There are income, age, and residency requirements in order to be eligible and qualify for a discount. Stop in for a complete list of updated guidelines. A qualifying applicant will receive a discount off of his or her property taxes beginning July 2014. **2013 income taxes must be filed prior to appointment.**

Maximum Qualified Income \$62,720.

TAX DEFERRAL PROGRAM

Application Deadline Thursday, May 15th, 2014

The Town of Madison offers a tax deferral program for age 65 and older, or totally disabled residents, who own and occupy their property as a primary residence. A qualifying applicant will be able to defer up to 100% of the real estate tax, not to exceed \$6,000 in one-tax year. Tax deferrals will be secured by a lien against the property with a current interest rate of 1%. To be eligible, applicants' mortgages, home equity and other liens cannot exceed the assessed value of their homes. Stop in for a complete list of updated guidelines. **Maximum Qualified Income \$62,720. 2013 income taxes and tax relief application must be filed prior to applying for a deferral. Application intake at the Town Assessor's Office.**

MEDICARE SAVINGS PROGRAM

Updated Program limits

Helps to pay the monthly Medicare Part B premiums for qualifying participants. Depending on income level this program may also lower co-pays for prescriptions to between \$2.60 - \$6.50 and may cover co-pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program. **Monthly Max. Income: Single: \$2,393.58 & Couple: \$3,225.06**

SNAP PROGRAM (Formerly Food Stamps).

Helps offset food expenses. Money is given to eligible participants monthly, on an EBT debit card to use at local grocery stores.

Monthly Max. Income: Single: \$1,671, Couple: \$2,248.

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The Pantry is located at Orchard Park off Mungertown Rd. and is open on Wednesdays from 11:00 AM – 3:00 PM. If you are unable to leave your home but would like to use the pantry, arrangements can be made. **Transportation is available through the Senior Center.**

Regular Bus Pick up for Concord Meadows will be around 12:30pm.



**WELL RIGHT NOW CLINICS**

Mon., May 12th 12-1:30pm
VNA Community Healthcare holds *Well Right Now Clinics* on the 2nd & 4th Mondays of the month. Includes a blood pressure check.

LEGAL ASSISTANCE

Thurs., May 15th 9-10am
Attorneys from Cronan and Shields offer private 15 min. counseling services
Call the MSC for an appointment.

**HANDICAPPED PARKING PERMIT**

Available in the Senior Center office.

**DIAL-A-RIDE**

M, W & F - 8:45 to 3:30
(203) 245-5627.



Transportation for elderly and disabled Madison residents. Rides are given in a 14-town region for medical appointments & personal business. Minimum 48 hour notice needed.

SENIOR CENTER BUS

Monday - Friday 9am to 3:30pm
A fixed route service to the MSC, downtown, grocery shopping and the center of town. Call for a schedule.

NOTARY SERVICES

By appointment only.

MEALS-ON-WHEELS

by The Estuary Council of Seniors

(860) 388-1611 Ext. 207
Meals delivered around noon to the homebound or recently recovering. **Needs 5 days notice & doctor referral.**

**SENIOR CAFÉ**

Monday through Friday at 11:45
Serving people ages 60 and up or disabled folks; there is a suggested donation of \$3.00. **To order: call Jodie, (203) 245-5686 by Noon the day before.**

**Thursday Book Club**

The Book Club will meet at 1pm on: May 22nd to discuss *Husbands Secret*

Discussion led by Barbara MacDonald

REDISCOVERING THE YALE PEABODY MUSEUM

An hour-long community outreach program that includes a power point presentation of the museum's past and present, plus a selection of objects and specimens each with their own unique and fascinating story. Presentation delivered by a volunteer docent who will answer questions. **Please call to register.**
May 15th at 1 pm at the Madison Senior Center



FREE

**Bingo!**

St. Margaret's Bingo
May 14th

**BILLIARDS**

Currently forming leagues to be held at the Senior Center
Please give us a call if you are interested.

**MATINEE @ MSC**
FREE

Fridays at 1:00 pm

May 2nd Bringing Up Baby
May 9th The Importance of Being Earnest
May 16th Mon Oncle
May 23rd Captain Phillips
May 30th Saving Mr. Banks

DATE CHANGE

Senior Singles Group

Do you like to do things, but not alone? The singles group is where you can join with others for all kinds of activities and fun events. They are looking for new members, both men and women, and NEW IDEAS! Dinner on your own to follow at Donohue's in Madison
May 20th MSC at 5:30pm

Body, Mind & Spirit
30 Workshop 30

Take an afternoon to reconnect your body, mind and spirit through conversation, gentle movement, relaxation and contemplation. Bring a mat, a small pillow and a water bottle. Classes will be held the third Tuesday of every month.

Tues., May 20th 12:30-4pm
\$12.50 R | \$17.50 NR

French Class

Parlez-vous Francais? All levels welcome; some prior exposure to French helpful. This will be a class to learn conversational phrases and French culture.

Weds., July 2nd (6 classes) 10 - 11:15am
Instr: Candace Routh Fee: R\$34 | NR\$44

**Lunch Bunch & Shopping**
Bus Fee \$2

Mon., May 12th Jai Mei
Depart MSC at 11:45

Mon., May 19th Saybrook Walmart
Depart MSC at 12:45

SPECIAL TREAT!

Fri., May 30th Ballou's Restaurant & Wine Bar for Afternoon Tea which includes: 1 pot of tea (25 varieties), 1 scone with double cream and jam, 1 finger sandwich, and assorted desserts. Depart MSC at 11:45 Fee: \$15

**ART 101**

Instruction in drawing, pastel, watercolor, acrylics and oils.

Tuesdays-1:30-3:30pm

Last class May 27th

Instr: M.Waldvogel Fee \$5



Exercise with Patty Velleca

CHAIR EXERCISES

Seated exercise. increases muscle tone, joint flexibility, and cardiovascular strength.



Mondays 10:30 to 11:30am
April 28th– May 19th 4 classes

R\$17.00 | NR \$27.00

Fridays 10:30 to 11:30am
May 2nd–May 23rd 4 classes

R\$17.00 | NR \$27.00

SENIORS IN MOTION

Standing & chair exercises to help improve balance, strength, and stability.

Wednesdays 10:30 to 11:30am
April 30th–May 21st 4 classes

R\$13.00 | NR\$23.00

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase circulation and relaxation. Yoga postures provide deep tension release, self-control, & they increase energy.

Tuesdays 9:30-10:30am
April 29th–May 27th 4 classes

R\$33.00 | NR\$43.00

Thursdays 3:00-4:00pm
May 1st–May 22nd 4 weeks

R\$33.00 | NR\$43.00

FITNESS & MOVEMENT

Low impact aerobics for continuing good health. Cardiovascular workout with muscle and joint strengthening. Light weights will be used.

Mondays 9 to 10am
April 28th– May 19th 4 classes

R\$17.00 | NR \$27.00

Wednesdays 9 to 10am
April 30th–May 21st 4 classes

R\$17.00 | NR\$27.00

Fridays 9 to 10am
May 2nd–May 23rd 4 classes

R\$17.00 | NR\$27.00

CAREGIVER SUPPORT GROUP

Join VNA's Caregiver Support Network expert, Molly Standley for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers.

FREE Tues., May 20th
11am-12pm



TAICHI

T'ai Ch'uan is a gentle way of nourishing body, mind, and spirit. Practicing slow movements can improve health, vitality, balance, & concentration. Instr.: S. Hanley



See Kristen about upcoming Summer classes beginning in July

LINE DANCING



A great way to keep moving, exercise, dance and have fun!

Mondays. 2:00pm to 2:55pm
5 Class Pass R \$23 | NR \$33
10 Class Pass R \$46 | NR \$56

FREE TECH SUPPORT

Have an iPad or a smart phone and don't know how to use it?
"Facebook & Skype" What's that?

Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering "drop-in" learning sessions. Teen Volunteers will be available to answer your questions, one-on-one, the last Monday of every month.

Monday, May 19th 4:30-5:30pm

AUTHOR TALK

Justin Kramon, author of
"The Preservationist".

A dark tale of psychological suspense, *The Preservationist* is a story of an unlikely romance unraveling as a threat of violence approaches and the reader becomes unsure of whom to trust. Books will be available to purchase. Please call to register
Mon., May 19th at 7:00pm FREE



Balance & Fall Prevention

Physical Therapist Kate McDonough, from Select Physical Therapy, will give information and suggestions to stay on your feet! **May 12th at 12:45pm Free**

WELLNESS TALKS

Middlesex Hospital's Rehabilitation team will provide an informative program on *Living with Arthritis!*
Thurs. May 22nd 10:30am
Registration is required.

EXERCISE CLASSES WITH KRIS

The "exercise pass" is good for 5 or 10-classes taught by Kris and is valid until the end of the fiscal year of purchase. **Fiscal Year ends: June 30th, 2014.**

5 - Class Pass - R \$40 NR \$50
10 - Class Pass - R \$80 NR \$90

All classes taught by Kris Reaske
ZUMBA FOR ALL

Use Zumba dance steps and lively music to create your own intensity level. **Monday– 6 to 7pm**

ZUMBA GOLD

Latin inspired, easy-to-follow, calorie burning, dance fitness-party.
Mondays - 1:00 to 1:55pm
Thursdays - 11:10 to 12:10pm



Walkie Talkies!!

Start the year off on the right foot by becoming a member of the walking club. If you are tired of walking alone and want to meet other walkers come walk and talk with us!
Mondays & Tuesdays 10:00am.
Weather permitting (no snow, ice, or rain)



"THINK MORE PROGRAM"

Topic: *The Leather Man, A Historical Account of a Connecticut Legend.*



This program, presented by The Hearth at Tuxis Pond's Doug Sabino, will bring you back in time to the late 1800's.

Friday, June 27th at 1:00 FREE



Tai Chi Silk Reeling (Chan Ssu Jing) Demonstration

Reeling movements are slow and benefit the whole body while increasing one's flexibility, joint movement and balance. It is known as a spiral force because of movements involved that are similar to unwinding a silk cocoon. Very popular, so sign up fast!

Thurs., May 8th 10am FREE

**Mohegan Sun Friday**

Every turn leads to a new adventure. Food vouchers & bet coupons included. **Depart MSC at 9am.**

Friday, May 9th

Fee: \$7

The Aqua Turf***Yale Whiffenpoofs & CT's Sweet Adeline's***

Wednesday, May 7th

The Whiffenpoofs travel extensively during the school year and take a three-month world tour during the summer. World's oldest and best known collegiate a cappella group and one of Yale's most celebrated traditions. Also performing, *Sound of New England*, CT Chapter of international female Barbershop singers which consists of more than forty women from Connecticut and Massachusetts. Price includes: Coffee & Donuts, Door Prizes, Complimentary Beverage, Salad, Pasta, Chicken Française, Roast Beef, Vegetables, Potatoes, and Dessert. **Depart MSC at 10am**

Fee \$43.00

Tour of the Deacon John Grave House

Monday, May 12th

Learn the history behind the Deacon Grave House as well as colonial cooking. See the new improvements! All are welcome! Visit them at deaconjohngravehouse.org. **Walk from the MSC at 10am.** (if it rains, bus transportation will be provided) **FREE**

"Who Loves You"***A Musical Tribute to Frankie Valli and the Four Seasons***

Tuesday, May 27th

What can be better than watching Frankie Valli and the Four Seasons perform live? This show consists of five young, Broadway veterans recreating the music of the era. Choreography, staging and melodious harmonies, creating a memorable afternoon. Listen to *Sherry*, *Big Girls Don't Cry*, *Candy Girl*, and *Walk Like A Man*, all the songs you love to hear. Family-style lunch menu which consist of Garden Salad, Pasta, Chicken Française, Salmon with Dill Sauce, Vegetables, Potatoes, Rolls, dessert, and a beverage.

Depart MSC at 10am

Fee: \$77R | \$82NR

Newport Ice Cream Train

Thursday, June 5th

Step back and enjoy time aboard a luxury train and enjoy a scenic train ride on a 90-minute journey along Narragansett Bay. Sightseeing attractions including: Naval Base & aircraft carriers USS Forrestal & USS Saratoga; beautiful Prudence Island in Portsmouth & many handsome ships under sail. Ice Cream Parlor Car: Harken back to the good ole days— enjoy a hot dog or a slice of pizza, a beverage and a softserve ice cream sundae with your favorite toppings! After the train ride enjoy a scenic 10 mile drive through Newport, see historic mansions on Bellevue Avenue and Ocean Drive. Then it's time for shopping and strolling on Bannister & Bowens Wharf area. Price includes: Motor coach, sightseeing attractions and drivers gratuity.

Depart MSC at 8:30am Estimated return: 6:00pm

Fee: \$77R | \$82NR

Goodspeed Opera House***Damn Yankees (The Red Sox version)***

Wednesday, June 11th

Batter Up! Just in time for baseball season comes the muscular musical comedy about a Red-Sox super fan who is transformed into a star slugger after he makes a deal with the devil and his sexy associate, Lola. Goodspeed re-imagines a Broadway classic that swings for the fences, no matter which team you root for. In the game of love and baseball, *You Gotta Have Heart*-but watch out for *Whatever Lola Wants*. **Depart MSC at 12:45pm**

Fee: \$54 R | \$59NR

Suffolk Downs***A Day At the Races***

Monday, June 16th

Today we are off to the races, located just three miles from downtown Boston. Your day includes Clubhouse admission, a daily racing Program and a race named in honor of your group. Lunch buffet, transportation, admission to Suffolk Downs and Driver. All gratuities are included in the price! *There may be multiple pickups.* Departure time to be determined.

Fee: \$70R | 75NR

9/11 Memorial and Museum

Monday, June 23rd

Visit the newly opened 9/11 Memorial, a national tribute of remembrance and honor to the nearly 3,000 people killed in the terror attacks of September 11, 2001. The memorial design is defined by two reflecting pools, a grove of trees and the names of victims inscribed in bronze panels edging the Memorial pools. After the museum you will enjoy a late-afternoon lunch at Carmine's Italian restaurant. Your family-style meal will include: Rigatoni with Broccoli, and Chicken Parmigiana served with all the trimmings. *There may be multiple stops.* Price includes transportation, lunch, memorial and museum, tour director and driver gratuities.

Fee \$117R | \$122NR

Aqua Turf Club***Celebrate Italia***

Tuesday, July 15th

Offers a wide variety of American and Italian favorites so that everyone will have a chance to enjoy the celebration. The band, "*Italian Connection Band*," has performed in various areas such as the Boston Harbor Hotel, Bay Towers, The Ritz Carlton Hotel, The Four Seasons Hotel, The World Trade Center and hundreds of area's best country clubs and function halls. Coffee and donuts, door prizes, complimentary beverage. Then enjoy a family style lunch: Salad, Pasta and Meatballs, Chicken Parmesan, Porchetta, Vegetables, Potatoes and Dessert.

Depart MSC at 10:00

Fee:\$45

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Jennifer Jones

Director of Community Relations



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7 Menu

MAY 2014



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Please remember to make your reservation with Jodie Shevlin at (203) 245-5686 by 12 Noon the day before you plan to come for lunch. (If you want to attend on a Monday please call by noon the previous Friday.)



1 Turkey w/ Gravy, Stuffing, Bean Blend, Oat Bread, Cranberry Sauce, WW Roll, Green Jello w/ fruit, Milk

2 Baked Tuna w/ Salsa Verde, Roasted Potato, Broccoli, WW Bread, Pineapple Juice, Berry Strudel, Milk

5 Cinco De Mayo
Taco Bake w/ Tortilla Chips, Lettuce, Tomatoes, Taco Sauce, Fiesta Corn, Lime Jello w/ Fruit, Topping, Milk

6 Chicken Cacciatore, Bowtie Pasta, Green Beans, Pumpernickel Roll, Cranapple Juice, Pistachio Pudding, Milk

7 Birthday Cake Day
Beef Stew, Mashed Squash, Green Cabbage, Biscuit, Carrot Cake, Milk

8 Mother's Day
Fruit Cup, Spinach, Broccoli & Mushroom Quiche, Home Fries, Tossed Salad, Ital. Dressing, Cinnamon Coffee Cake, Milk

9 Meatloaf w/ Gravy Mashed Potatoes, Peas and Onions, Oat Bread, Mandarin Oranges, Milk

12 Herb Baked Chicken Qtr., Sweet Potato, Green Beans, Rye Bread, Fresh Fruit, Milk

13 Stuffed Pepper, Mashed Potatoes, Carrot Coins, Wht Dinner Roll, Grape Juice, Lemon Cookie, Milk

14 Hot Open Turkey Sandwich w/ Gravy on Wheat Bread, Steak Fries, Cali. Blend, Van. Pudding with Berry Topping, Milk

15 Chicken Noodle Soup, Crackers, Baked Salmon w/ Honey, Mustard Sauce, Confetti Brwn Rice, Spinach, Dinner Roll, Pears, Milk

16 Eggplant Rollatini, Cauliflower, Parm. Cheese, Tossed salad w/ Cucumber & Ital. Drssng, Garlic Bread, Mandarin Oranges, Milk

19 Spaghetti, Meatballs, Broccoli, Parmesan, Herbed breadstick, Peaches, Milk

20 Pork Loin w/ gravy, Applesauce, Scalloped Potato, Peas & Mushrooms, Multigrain Bread, Fresh Fruit, Milk

21 New Orleans Chicken, Brown Rice, Oriental Bled Veggies, Wheat Bread, Pineapple Tidbits, Milk

22 Memorial Day
Cheeseburger w/ sautéed onions and peppers on Bun, Potato Salad, Baked Beans, Blueberry Pie, Milk

23 Veg. Barley Soup, Crackers, Seafood Salad Plate, Carrot & Raisin Salad, Pumpernickel Bread, Cherry Jello w/ Pears, Milk

26 Memorial Day Holiday

27 Chicken Breast w/ Lemon Sauce, Couscous pilaf, Scandinavian Blend Veg. Wht Dinner Roll, Fresh Fruit, Milk

28 Swedish Meatballs w/ Noodles, Green and Wax Beans, Oat Bread, Peaches, Milk

29 Lentil Soup, Crackers, Chef Salad with Turkey, Ham, Cheese, Lettuce, Cucumbers, Croissant, Mandarin Oranges, Milk

30 Vegetable Omelet, Roasted Tomato, Grilled Vegetables, Rye Bread, Pineapple, Milk



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Madison Senior Center
29 Bradley Road
Madison, CT 06443

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5/2014

**Memorial Day
Celebration**

Memorial Day is a day we set aside to honor those that have lost their lives while serving in the U.S. Armed Forces. Join us in our presentation by Ralph Garcia on the History of the American Flag, then join us for complimentary coffee and Danish. Everyone is welcome! Please call to let us know you are coming
Thursday May 22nd at 10am



COMPUTER CLASSES

Computer Basics For Beginners

For the person who is new or relatively new to computers. We start with the basics - terminology, components, etc. We will learn what can be done with a computer: composing a letter, e-mail, and an introduction to the Internet.

Tuesdays, June 10th– July 8th 1 to 2:00pm

Fee: R \$42 | NR \$52 (5 classes)

iPad for Beginners

Learn the basics of using an iPad, terminology, components etc. What can you do with your iPad? Learn e-mail, playing games, entertaining and set a reminder of when to take your medications! Bring your iPad & Apple password.

Thursdays, June 12th– July 10th 1 to 2:00pm

Fee: R \$42 | NR \$52 (5 classes)

E-Bay: and “New” Crai’s List

This is sure to be a fun class! You will learn how to Open E-bay & PayPal accounts online, search and bid on an item, pay and complete the transaction, investigate sellers, and find the best deal. Also learn how to become an eBay seller, what it costs, how to price your items, take and upload a picture, complete the sale, and the best words to describe your item. Please bring a camera, charged battery, a pad and pencil, & questions you may have. Classes are 2 hours.

Tuesdays, May 20th– June 3rd 10 to 12pm

Fee: R \$42 | NR \$52 (3 classes)

All Computer Classes offered with the Guilford Senior Center. Guilford residents will be charged the resident fee.

Ongoing Activities at the Senior Center

Bridge	Thursdays	1– 4 pm	Hand & Foot	Fridays	1– 4 pm
Canasta	Tuesdays	1– 4 pm	Knitting Group	Tuesdays & Thursdays	10a-12p
Mah Jong	Thursdays	1– 4 pm	Poker	Wednesdays	1– 4 pm
Crocheting w/ Plastic Bags	Wednesdays	1–3 pm	Walking club	Mon and Tues.	10:00am

**There’s
LOTS
to do at the
Madison Senior Center**

