

Trends & Traditions

June 2015

Madison Senior Center

THE INDEPENDENT YOU!

An interactive informational session about health and wellness presented by *Yale-New Haven Geriatric Services*.

- **Carecard**- A free health & wellness program for 50+
- **Lifeline**- A personal emergency response system, *new* lower monthly fee, and an Autoalert-button detects falls.
- **Healthy Aging Line**- Our *Healthy Aging Line* provides older adults and their caregivers with a gateway to the medical care and support they need. This service is free, confidential and staffed with service representatives specializing in resources for older adults.

There will also be a brief presentation by a Yale New Haven Hospital's Physical Therapists about fall prevention as well as demonstrating some chair exercises. **Please call to register**

Tues., June 2nd at 10:30

Free



Strawberry Social

Madison and Guilford seniors will celebrate the start of summer with a picnic at Jacob's Beach in Guilford. Food is being prepared by Chef Larry Santamaria consisting of a hot dog or hamburger, potato salad, garden salad, clam chowder, and strawberry shortcake. Entertainment will be provided. Registration is required, transportation will be provided or you may drive on your own. Please let us know if you will be taking the bus departing at 11:30am. **Wed., June 10th at 12pm Fee \$6**

Summer Plant Potting!

Come celebrate the memory of Joyce Blundon by joining her granddaughter, and Horticultural Therapist, Rachel Blundon Klein from Madison Earth Care and design your own annual container plant. Materials included in fee. Registration is requested by June 4th **Mon., June 8th at 12:45 FEE: \$12**



CASH MOB

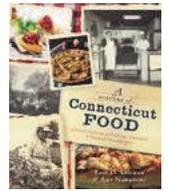
You may ask, what is a "Cash Mob", it is a group of people, in this case the Madison Senior Center who assemble at a local business to make purchases. The purpose is to support both the local business and the overall community. "*What's Cooking*" they are offering us 15% off!

Friday, June 5th, Depart MSC at 11:30

Fee: \$2

Local Author Discussion

Eric D. Lehman and Amy Nowrocki
"A History of CT Foods"



What is Connecticut food? Which crops, livestock and seafood have shaped the complex cuisines that its people have cherished for more than four centuries? This exciting investigation will please every food lover who appreciates the story behind a meal and every budding chef who longs for the secrets of favorite local dishes. Authors Eric D. Lehman and Amy Nowrocki open the mind and the mouth in this comprehensive history of Connecticut food. Books will be available to purchase **Monday, June 29th at 1pm Free**

Museum of The Month- The Glebe House

Experience the *Glebe House Museum* and *The Gertrude Jekyll Garden*, birthplace of the Episcopal Church in the America, and graced by the only extant American garden planned by England's most venerated designer, Gertrude Jekyll.



The Glebe House Museum offers a glimpse of Revolutionary War era Connecticut. After the Museum enjoy lunch on your own at the "Good News Café." Museum is Free.

Friday, June 19th Depart MSC at 9am

Bus fee: \$4

The Adventurous Culinary Club

Come on a culinary adventure to explore cuisines from around the world and make new friends! Go somewhere new every month, *on your own*. Prices vary, stop in for a copy of the menu. This month enjoy lunch at "*Captain Scotts Lobster Dock*" in New London.



Friday, June 26th Depart MSC at 10am Bus Fee: \$2

GAME DAYS & TREATS

ICE CREAM SOCIAL AND REMINISCENCE GAMES

Everyone loves ice cream, especially on a hot summer day. Enjoy socializing amongst friends, let's reminisce about the past by playing "Balloon Pop Reminiscing." Please preregister **Wednesday, June 3rd at 12:45 Free**

GOURMET S'MORES & SUMMER FUN GAMES

Childhood treats never tasted so good! Enjoy either *Peppermint Patty S'mores*, *Fresh Strawberry S'mores* or *Classic S'mores*. Enjoy playing indoor *Balloon Volleyball*, *Musical Prize Walk* and *Name That Capital*.

Wednesday, June 17th at 12:45

Fee: \$2



MADISON SENIOR CENTER
29 Bradley Road, Madison, CT 06443

PHONE: (203)245-5627

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Monday-Friday 8:30-4:00pm

SR. COMMUNITY CAFÉ
(203) 245-5686

For lunch reservations call before noon the day before and leave a message.

DIAL-A-RIDE (203)245-5627

Operates on Mondays, Wednesdays and Fridays only. 48 hour notice required.

MUNICIPAL AGENT FOR THE ELDERLY (203)245-5687



SENIOR COMMISSION

- Vice-Chairs..... Dr. Gerard Kerins
- Wendy Oberg
- Members..... James Ball
- Craig Bernard
- Mitchell Cohan
- Patricia Melady
- Sheri Puricelli
- Marcy Sanders
- Susan Woodall

The Senior Commission meets on the second Thursday of the month at the Senior Center.

*The next meeting will be
June 11th, 2015 at 5:30pm*

LIAISON TO BOARD OF SELECTMEN.....Diane Stadterman

SENIOR CENTER STAFF

- Director of Senior Services.. Austin Hall
- Asst. Manager Heather Castrilli
- Program Coord Kristen Caramanica
- Secretary: Ellie Gillespie
- Bus Driver: Michael Rand
- Bus Driver: Helen Sneider
- Bus Driver: Dennis Marron
- Bus Driver: Tina Macero
- Café Manager..... Jodie Shevlin

Women’s Coffee/Tea Hour

A few women have mentioned they just want to sit , relax and converse amongst friends, the Women’s Coffee Hour is a perfect way to do this! Join us if your interested in making new friends in the area or get together with old friends. On **Tuesday, June 9th at 10:00** meet to discuss further details such as day, and time of week and who is interested in making this happen. Please contact Kristen if you are interested in running this program as little as once or twice a month.

Novice Duplicate Bridge Game

Begin the session with a mini-lesson with the instructor. The games that follow will be “supervised,” meaning that you can ask questions about bidding or plays as you play the hands. It is best to come with a partner, but if you can’t, you can call the instructor, to be paired with someone. No reservations.

Director: Connie Graham 860-505-7833

Friday’s - 12:15- 3:30

Fee: \$6 per session



Swedish Weaving

Swedish Weaving is a very relaxing and fun needle craft that dates back centuries. The beauty of this needle-craft is that it only requires a few items: Monk’s cloth, 4-ply yarn, a #13 yarn needle, scissors, a pattern, and the desire to create a unique, impressive handcraft. We will start with a small project. The instructor will explain, at the first class, what is needed. New students welcome.

Tuesdays from 10:00-12:00pm Pre-Registration is required FREE

“Quilts of Joy”
with Ellen Olson

If you are someone who can sew, cut or iron or wants to learn how to quilt and contribute your time, join us for “Quilts of Joy.” Volunteer your time to help create beautiful quilts that are being donated to New Horizons Women’s Shelter in Middletown. Please bring scissors, pin cushions (*rotary cutter and board if you have one*) and an excitement for quilting! Please call to register. **FREE**

Meets Tuesdays from 1:15-3:30



BILLIARDS



Next tournament will start the week of June 8th. Sign up at Front Desk by June 4th. The schedule will be available on June 5th. Please give us a call if you are interested!

Ongoing Activities at the Senior Center

Bridge	Thursdays & Fridays	1 – 4 pm
Canasta	Tuesdays	1 – 4 pm
Crocheting Bags	Wednesdays	1—3 pm
Hand & Foot	Fridays	1 – 4 pm
Set Back	Wednesdays	12:45pm
Swedish Weaving	Tuesdays	10am - 1pm
Knitting Group	Tuesdays & Thursdays	10am - 12pm
MSC Mah Jongg	Thursdays	1 – 4 pm
Walking Club	Mondays & Tuesdays	10am



RENT REBATE

Application intake begins Monday, May 18th, 2015 until Thursday, Oct. 1st 2015

Participants will receive a one-time check in the fall to help offset rental expenses. Participants must submit proof of income for 2014, proof of rental, heating, electric, & water payments made in 2014. Eligible participants are age 65 & over, or disabled & have incurred rental expenses in 2014, in Connecticut. Applications will be accepted for PREVIOUS and NEW Applicants

2014 max. income: single: \$34,600 & couple: \$42,200

MEDICARE SAVINGS PROGRAM *Updated Program limits*

Helps to pay the monthly Medicare Part B premiums for qualifying participants. Depending on income level this program may also lower co-pays for prescriptions to between \$2.60 \$6.50 and may cover doctor's co-pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program.

NEW GUIDELINES EFFECTIVE MARCH 1st 2015 Monthly Max. Income: Single: \$2,413.26 & Couple: \$3,266.88

WIRELESS CELLPHONE

Provides eligible low-income households a free cell phone, mobile access to emergency services, and 3 different plan choices with free minutes of airtime monthly for 1 year. A qualifying customer must participate in one of the following programs: state energy assistance, Federal Public Housing Assistance/Section 8, Food Stamps, Medicaid/ Title 19, Personal Care Assistance, Refugee Program, Rental Assistance, SAGA, State Supplement to the Aged, Blind, or Disabled, SSI, TFA.



FARMERS MARKET COUPONS



Eligible participants enjoy CT Grown fruits, vegetables, fresh cut herbs, & honey from local Farmer's Markets. To be eligible: age 60 or older or are disabled and living in senior housing, & participating in another program that has means testing and meet income requirements. Eligible participants receive \$15 in coupons, good at the Madison Farmer's Market. Coupons **should** be available beginning July 1, 2015. The market is open on the town green on Fridays from 3 to 6pm until the end of October.

Single Maximum Monthly income: \$1,799.17 and Couple: \$2,425.08

THINKING OF VOLUNTEERING?

Looking for Volunteers to assist in a variety of areas at The Madison Senior Center. Do you have a favorite activity or craft you would like to teach others? Some additional areas we need assistance are: greeters to help direct and assist customers, assist with computer check in process, answer phones, assist with newsletter, Meals on Wheels volunteer drivers. Please contact the Senior Center at (203) 245-5627 to express interest.

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The Pantry is located at Orchard Park off Mungertown Rd. and is open on Wednesdays from 11:00 AM – 3:00 PM. **Transportation is available through the Senior Center. Regular Bus Pick up for Concord Meadows will be around 12:30pm.**

Food Pantry Homebound Delivery - If you are unable to leave your home but would like to use the pantry arrangements can be made to have a delivery to your house. Volunteers deliver food from the pantry on Wednesday mornings. A qualifying person will be unable to physically go to the food pantry. Please contact Heather to register for this program.

SNAP PROGRAM (Formerly Food Stamps)

Helps offset food expenses. Money is given to eligible participants monthly, on an EBT debit card to use at local grocery stores. **Monthly Max. Income: Single: \$1,800, Couple: \$2,425.**



CAREGIVER SUPPORT GROUP

Join VNA's Caregiver Support Network expert, Molly Standley for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers. Discuss different options such as: Curative, Palliative or Hospice Care. Discover ways to be mindful in healing from grief. Group meets the 3rd Tuesday of the month.

Tuesday, June 16th, 11am-12pm FREE





THE BIG EVENT!!!

The Madison Senior Center and Madison Youth and Family Services are partnering to bring a **BIG EVENT** to Madison! This community service event will be a day where youth can give back to their fellow Madison residents. This project will provide a rare opportunity for intergenerational collaboration. Seniors will be able to apply for a job request and the youth volunteers, along with adult volunteers, will show up on the day of the Big Event and work on the requested job. These jobs can include but are not limited to; mulching, trimming bushes, washing windows, organizing a garage or storage unit, miscellaneous yardwork, etc. Jobs *CANNOT* require power tools or ladders for liability reasons. Job request forms will be available at the senior center and will be mailed out as well. It is our hope (*weather permitting*) that after the jobs are completed, there could be a celebratory cook out at the senior center where everyone involved with the project will be invited! Please contact the Madison Senior Center for more information or stop in to pick up an application (203-245-5627).

The day of THE BIG EVENT is scheduled for Thursday, August 20th, 2015
Completed applications must be submitted by Wednesday July 1st, 2015

CALLING ALL ARTISTS, CRAFTERS OR JEWELRY MAKERS!!

Looking for enthusiastic, creative and committed individuals to serve as volunteers for our, "First Annual Craft Fair Committee" which is being planned for the fall. If interested please call Kristen (203)245-5695

MAH JONGG LESSONS

It's a game of skill, strategy and a certain degree of chance. Interested in learning to play the American version of Mah Jongg? Please call to register. We need a minimum of 4 registrations
Instr.: Ronnie Olinsky
(no class on 6/24 or 7/1)
Wed. Jun. 3rd - Jul. 22nd 9:30-11:30am
Fee: R\$30 | NR\$40



Crochet with Mrs. Wimble

Learn how to make beautiful crocheted bags from your recycled plastic shopping bags. Please bring 2-3 colored bags, scissors and large crochet hook size (7-10).
Wednesdays 1-2:30pm



"SENIOR FASHION SHOW"



Join us for an afternoon of fashion. Clothes modeled by your fellow seniors. Candy will be provided in honor of "National Candy Day" Please register so we know how much candy to buy. Sit back, relax, enjoy the fashion show!

Wednesday, June 24th at 12:45 FREE
Calling all models or fashionista's (we are looking for more volunteers to show off their fashion flair)
Contact Kristen at (203)245-5627

Everyone has a story! What's yours?

A roundtable discussion and writing group (no instructor)

In this platform during roundtable talks you will reflect on your life, relive special moments, and begin to come to terms with other aspects of life. These exercises will be exciting and help motivate you to write! All attendees should be good listeners, able to maintain confidentiality, and have a willingness to share. As the weeks pass, there will be the joyful discovery by many of you of shared places and events. Everyone is amazed at the common ground they discover during the class. Many students repeat this class because they say it gives them motivation to put pen to paper. Not only is it popular here, at the Senior Center but across the country, so give it a try, you will enjoy it!

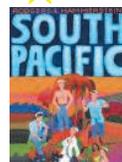
Mondays, 1-2pm

Free



"Rodgers & Hammerstein's South Pacific" with Tom Lewy

Join Tom as he presents his interpretation of Rodgers and Hammerstein's South Pacific. The winner of 10 Tony awards and a Pulitzer Prize came to be through the writings of Tales of the South Pacific by James Michener. These tales told the stories told to him by actual service men during the Second World War. Learn about South Pacific from Tom prior to attending the show with the Madison Senior Center at the Ivoryton Playhouse in July. Please call to register



Tuesday, June 30th at 10:30

FREE

MADISON SENIOR CENTER ART GALLERY

Join the Madison Senior Center as we welcome our latest exhibit by *Muriel Waldvogel's Art 101 Class*. The show will run from **May 25th thru July 3rd** and is open Monday thru Friday from 8:30am-4pm (*other open times can be found by calling the Senior Center at 245-5627*).

The Art Gallery is a rotating gallery with a new local artist every 6 weeks. If you are an artist or know of a local artist with interest in exhibiting, please contact the Senior Center.

LEGAL ASSISTANCEThurs., June 18th 9-10am

Attorneys from Cronan and Shields offer private 15 min. counseling services
Call the MSC for an appointment.



HANDICAPPED PARKING PERMIT APPLICATION

Available in the Senior Center office.

NOTARY SERVICES

By appointment only.

MEDICARE COUNSELLING

By appointment only.

DIAL-A-RIDE

M, W & F - 8:45 to 3:30
(203) 245-5627.



Transportation for elderly and disabled Madison residents. Rides are given in a 14 town region for medical appointments, & personal business. Minimum 48 hour notice needed.

SENIOR CENTER BUS

Monday - Friday 9am to 3:30pm

A fixed route service to the MSC, downtown, & grocery shopping. Call for a schedule.

MEALS-ON-WHEELS

by The Estuary Council of Seniors (860) 388-1611
Ext. 207



Meals delivered around noon to the homebound or recently recovering. **Need 5 days notice & a doctor referral.**

SENIOR CAFÉ

Monday - Friday at 11:45

Serving people ages 60 and up or disabled folks; there is a suggested donation of \$3.

To order call Jodie, (203) 245-5686 by noon the day before you want to attend.

**HEARING CLINICS**

Nancy from Audiology Concierge will be at the Madison Senior Center on the 3rd Monday every month, for free hearing

testing, hearing aid checks, wax inspection, and listening demonstrations.

By Appointment Only June 15th**LOVE PLAYING BILLIARDS?**

Share your knowledge and teach others! Please call Kristen if you are interested in teaching at 203-245-5695

**Ask the Physical Therapist**

Meet with Physical Therapist Kevin Russell and Skylar Miers from *Select Therapy*. Do you have Spinal Stenosis? Join us for the latest information and treatment for this low back diagnosis. We will explain the causes and the possible treatments to bring you back to good health.

Wednesday, June 17th at 12:30**Book Club**Thursday, June 25th

Meets at 1 pm to discuss

"Friendship Bread" by Darien Gee

Discussion led by Barbara MacDonald

**The Friday
Movie Matinee at MSC**

All movies begin at 1:00

June 5th "The Shootist"June 12th "The Maltese Falcon"
 June 19th "Somethings
Gotta Give"
June 26th "National Treasure"**MEDICARE REFORM**

Kathy Figgis of Banker's Life will discuss medicare reform and how will this change your health care requirements for hospitals, doctors, prescriptions, home health care and long term needs. Refreshments will be provided.

Thursday June 18th at 10:30**Lunch Bunch & Shopping**

*please note: lunch is on your own
Bus fee \$2 we need to have a
minimum of 5 people.*

Mon., Jun. 1st Lenny & Joes New Haven
Depart MSC at 11:30

Mon., Jun. 15th New Haven Ikea & Ikea Café,
Depart MSC at 10:30

Mon., Jun. 22nd Old Mystic Village, Mystic
Depart MSC at 9:30

Bingo!**Dessert Bingo with Watrous**Friday, June 5th 1:00pm**St. Margaret's Bingo**

No bingo in June

**MEET, MINGLE &
MUNCH
SOCIAL GROUP**


Do you like to do things, but not alone? At the social club you can join others for activities and fun events. Looking for new members, both men and women, and *new ideas*. Social hour is at **5:00pm.** at a local restaurant.

June 11th at
The Madison Beach Hotel

TECH SUPPORT

Have an iPad or a smart phone and don't know how to use it? Get all your questions answered for free at the Madison Senior Center. Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering **free** learning sessions. Teen Volunteers will be available to answer your questions.
Mon., June 22nd 4-5pm Free

Please register with Katie Fargo at the Scranton Memorial Library (203) 245-7365 to receive updates regarding cancellations and changes. This also assists the library to schedule an appropriate number of volunteers.

Exercise With Patty Velleca

CHAIR EXERCISES

Seated exercise. increase muscle tone, joint flexibility, and cardiovascular strength.



Mondays - 10:30 to 11:30am

June 1st-June 29th

R\$21 | NR\$31

5 classes

Fridays - 10:30 to 11:30am

June 5th-June 26th

R\$21 | NR\$31

4 classes

SENIORS IN MOTION

Standing & chair exercises to help improve balance, strength, and stability.

Wednesdays - 10:30 to 11:30am

June 3rd-June 24th

R\$13 | NR\$23

4 classes

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase circulation and relaxation. Yoga postures provide deep tension release, self-control, and they increase energy.

Mondays 9:30-10:30am

June 1st-June 29th

R\$42 | NR\$52

5 classes

Tuesday's 9:30-10:30am

June 2nd-June 30th

R\$42 | NR\$52

5 classes

FITNESS & MOVEMENT

Low impact aerobics for continuing good health. Cardiovascular workout with muscle and joint strengthening. Light weights will be used.

Wednesdays - 9:00-10:00am

June 3rd-June 24th

R\$17 | NR\$27

4 classes

Fridays - 9:00-10:00am

June 5th-June 26th

R\$17 | NR\$27

4 classes

Wall of Kindness

Special Thanks to

Mary Hake

(Food Pantry and Café)

Jan Crawford

(Trips)

Dolores Sacridier

(Swedish Weaving)

TAI CHI

T'ai Ch'uan is a gentle way of nourishing body, mind, and spirit. Practicing slow movements can improve health, vitality, balance, and concentration.

Instructor: S. Hanley

No Class until August



No Excuses Tap Dance Club

Tap dancing is not only great exercise, it's also great for your memory, sequencing skills, large and small motor skills, balance, core muscle work, right and left brain work, a great workout, and fun too! Dancers get together to practice weekly without an instructor.

Instructor Annette Smith teaching on

June 25th her fee is \$12

Tap shoes & registration required.

Thurs. from 10-11am FREE

Walkie Talkies

If you are tired of walking alone and want to meet other walkers. Walk with us weather permitting **Mon. & Tues. at the MSC 10 am.**



Wednesday's at 10

Walking the Madison section of the *Shoreline Greenway Trail*. Starts at Hammonasset State Park. A new parking area is now available just east of the main entrance, on Rte 1.

"NEW" OPEN EXERCISE ROOM



Get off of the couch and move! Take advantage of our exercise room. Bring music and jump rope or do jumping jacks, walk, stretch, & bring your hand weights. Bring a mat for yoga, rehearse your tap or ballroom line-dance moves. The open exercise room schedules change monthly check the newsletter for availability.

Mondays: 12:00-12:45, 3:15-3:45

Tuesdays: 11:00-12:45, 2:15-3:45

Wednesdays: 12:00-4:00pm

Thursdays: 9-9:45am

Fridays: 12:00-3:45pm

EXERCISE CLASSES WITH KRIS

The "exercise pass" is good for 5 or 10 classes taught by Kris and is valid until the end of the fiscal year of purchase. **Fiscal Year ends: June 30th, 2015.**

5 - Class Pass - R \$40 | NR \$50

10 - Class Pass - R \$80 | NR \$90

ZUMBA GOLD

Latin inspired, easy-to-follow, calorie burning, dance fitness-party. Feel the music and let loose.

Mondays - 1:00 to 1:55pm

Thursdays - 11:10 to 12:10pm



Ask the Nurse

The VNA holds a Nurses Clinic on the 2nd and 4th Tuesday monthly. Check your blood pressure, pulse and weight; assess your health and work to set goals. The Nurse can also review your medications and help you to create a medication list, and discuss how to prepare for an appointment with your doctor. **12:30 pm on: Tues. June 9th & June 23rd**

BIKE CLUB- PEDAL PUSHERS



We want to form a low-key, senior bicycle club. Riding is a great way to get out of the house and enjoy a beautiful summer day. This would be open to all skill levels. We are looking for somebody to run this. Ideas for enjoyable rides are Hammonasset Beach and Chatfield Hollow. Please call Kristen if you are interested at **(203)245-5695**

Ballroom Line Dancing

Reminisce with songs and dances you love, enjoy the memories they evoke while having fun and getting fit. Instructor: Karen Pfrommer no class 5/25
Mon., June 1st-July 6th 6 weeks
2-3pm Fee: \$37R | \$47NR



For all trips please park across the street from the Senior Center at the softball fields.

SOLD OUT

Mohegan Sun Friday

Every turn leads to a new adventure. Food vouchers and coupons included. **Depart MSC at 9am.**

Friday, June 12th

\$7

Statue of Liberty and Ellis Island

Travel by motor coach to Liberty State Park in New Jersey to explore one of the greatest symbols of freedom in America. Upon arrival at Liberty State Park, board the ferry to Ellis Island, where millions of immigrants began the process toward American citizenship. After visiting Ellis Island, board the ferry for the Statue of Liberty. An early dinner is included at Bonefish Grill. Entrée choice of Chicken Marsala, Longfin Tilapia or Spring Basil Fettuccine served with all the trimmings. Please let us know your meal choice when you sign up. Price includes: Transportation, Ferry to Statue of Liberty and Ellis Island, Dinner at Bonefish Grill and Driver and Tour Director Gratuities. *There maybe multiple stops.*

Thursday, June 25th

Departure time TBD

\$105R | \$110NR

My Fair Lady

Theatre By The Sea, Matunuck, RI

Thursday, July 9th

My Fair Lady, is the wonderful story of Eliza Doolittle, a cockney flower girl, and her memorable makeover by Professor Higgins. Pre-show lunch at *Captain Jack's* a popular seafood eatery. The menu is clam chowder, clam cakes, a choice of either lobster salad roll with fries, fish and chips with coleslaw, 8 oz prime rib au jus or baked scrod with corn on the cob, dessert, coffee or soda. **Entrée choice is required upon registration.** Price includes motorcoach, sightseeing and attractions, driver gratuity and pre-show lunch. **Depart MSC at 9:45am and returning around 6pm**

R\$106 | NR\$116

South Pacific

Ivoryton Playhouse

Wednesday, July 15th

Who doesn't love this extraordinary show that includes "Some Enchanted Evening," "Younger Than Springtime," "Bali Ha'i," "There Is Nothin' Like A Dame," and "A Wonderful Guy"? But *South Pacific* is also a deeply felt drama. Its portrayal of Americans stationed in an alien culture in wartime is as relevant today as when it first thrilled audiences back in 1949. The play is based upon two short stories by James A. Michener from his book *Tales of the South Pacific*, which itself was the winner of the Pulitzer Prize for Fiction in 1948. For their adaptation, Rodgers and Hammerstein, along with co-writer Joshua Logan, won the Pulitzer Prize for Drama in 1950.

Depart MSC at 1:00

\$38R | \$48NR

Celebrate Italia

The Aqua Turf

Tuesday, July 21st

Offers a wide variety of American and Italian favorites so that everyone will have a chance to enjoy the celebration. The band, "The Italian Connection," has performed in many prestigious venues such as The Ritz Carlton Hotel, The Four Seasons Hotel, and The World Trade Center. Enjoy coffee and donuts, door prizes and a complimentary beverage. Lunch includes salad, pasta with sausage and meatballs, Chicken Cacciatore, vegetables and dessert.

Depart MSC at 10:00

Fee: \$48

Bobby Rydell *presented by Friendship Tours*

The Aqua Turf

Wednesday, August 12th

Starring in the hit film "Bye Bye Birdie," and performing on countless TV shows. Bobby has earned a reputation as a classic performer. Not only is he a superb singer, he is an outstanding drummer, dancer and actor. A polished performer at a young age, he was the youngest ever to headline the Copacabana. Bobby performs "Wild One," "Volare," "We Got Love," "Kissin' Time," and "Forget Him." Lunch at the Aqua Turf includes a Garden Salad, Pasta, Chicken Francaise and Baked Salmon with Dill Sauce, Vegetable, Potato, Rolls, Dessert, and Beverage.

Departure Madison Senior Center at 10 am

Fee: \$88R | \$98NR

Historic Philadelphia Overnight

Phenomenal Price!!

August 18th-19th

Enjoy a fun-filled 2 days in Philadelphia. Explore Longwood Gardens, at the renowned DuPont Estate. Overnight accommodations at the Holiday Inn Express in midtown Philadelphia. A welcome dinner marks our arrival. Day two ride the Ducks Tour on Philadelphia's only land and water tour! Enjoy Reading Terminal Marketplace for shopping and lunch on your own. Price includes motor coach, hotel, 1 dinner, 1 breakfast, sightseeing and admission as per itinerary, driver and tour guides gratuity.

Depart Time 7:30am \$302 pp Twin/Triple, \$382 pp Single \$100 deposit due by May 26th with final deposit due by July 7th



Pacific Northwest and California

September 14th-21st

Day 1: Overnight stay in Seattle and welcome dinner **Day 2:** Sightseeing tour of the “Emerald City.” Departing Seattle, travel south through Olympia and stop at Mount St. Helens Visitor Center. Continue to Portland for a two-night stay at the Hotel Eastland. **Day 3:** Drive along the Mt. Hood route to the Columbia River Gorge for a day of sightseeing. Learn about its fascinating hydropower and history. At night, relax on a dining and sightseeing cruise, on the Willamette River and Lake Oswego. Enjoy a vibrant setting enhanced by dazzling city lights, festive cuisine and live performances. **Day 4:** Journey through what was the promised land for many pioneers during the days of the Oregon Trail., the Willamette Valley. Head to the coastal town of Newport and stop along the beautiful coastline and the Oregon Dunes National Recreation Area. **Day 5:** Drive to Bandon State Natural Area and be amazed by the scenery along the striking Beach Loop with sights such as Bandon Rocks and Face Rock. Stop in the picturesque town of Gold Beach. Enter redwood country of California. Travel through Redwood National Park, get close-up to some of the world’s largest trees. Arriving in Eureka, enjoy a delightful tour through this historic timber and fishing village and witness the Victorian architecture of Old Town. **Day 6:** Continue through the Redwood Forest and see the “Avenue of the Giants”, drive over the Golden Gate Bridge and arrive in the “City by the Bay,” San Francisco. Tonight offers exceptional views of San Francisco and the Bay Bridge. **Day 7:** After breakfast discover this amazing city with a sightseeing tour. You will see the Twin Peaks, the Golden Gate Bridge and China Town. Enjoy the rest of your day at leisure to explore on your own. **Day 8:** Your Tour ends, head home. Included in the price: Group transportation from a central location to and from Bradley International Airport, round trip airfare, air taxes and fees/surcharges, hotel transfers, 8 Days & 7 Nights, 10 meals: 6 Breakfasts, 4 dinners. Book by March 13, 2015 and Save \$100 per person. **Not included in price is cancellation waiver insurance, cost of \$205 a person.**

Double: \$2,699, Single: \$3,349, Triple: \$2,669 Reg rates are Double: \$2,799, Single: \$3,449, Triple: \$2,769.

“On Golden Pond”

Stage-Loft Theater in Sturbridge, MA

Sunday, September 20th

An aging couple, Ethel and Norman Thayer, spend each summer at their home on a lake called Golden Pond. During the year the story takes place, they are visited by daughter Chelsea with her fiancé and his son. The play explores the often turbulent relationship the young woman shared with her father growing up, and the difficulties faced by a couple in their twilight years of long marriage “*On Golden Pond*”. Pre-Price includes Pre-Show Lunch at *Salem Cross Inn* includes house salad, bread basket, baked scrod or roast stuffed chicken breast, vegetable and potato, ice cream cake ball with hot fudge and beverage.

Depart MSC at 8:15 return 6:30pm

R\$83 | NR\$93

“The Big E Fair” on Connecticut Day

Wednesday, September 23rd

The “Big E”, New England’s greatest fair, is the premier event each fall with nearly one million guests. Located in West Springfield, Mass., it’s ranked among the top fairs in the country. The “Big E” encompasses a wide variety of events including: The Storowton Village Museum, shopping, The Avenue of States, agricultural and livestock events, rides, horseshow, lots of food! Price includes transportation, Admission and Driver’s Gratuity. **Fee: \$51**

Oktoberfest Platzl Brauhaus

Tuesday, October 20th

Travel to the Platzl Brauhaus located in Pomona, NY. The fun starts while you enjoy delicious homemade donuts and Danish served with coffee or tea. Later delight in an Oktoberfest dinner including a choice of Roast Half Chicken, Roast Pork Platter or Sauerbraten. Also enjoy Spare Ribs, Red Cabbage, and Sauerkraut served with all the trimmings. Soda, beer and apple cider will be served throughout the day. A wonderful German band and dancers will perform all day! Price includes transportation, festivities, luncheon and driver’s gratuity. **There may be multiple stops**

Departure time TBD.

R\$92 | NR \$97

“Show Boat”

Westchester Theater

Thursday, November 12th

Travel to Elmsford, NY for a day of entertainment and fun. Enjoy a matinee performance of “Show Boat” and lunch at Westchester Broadway Theater. Choice of entrée upon arrival. This wonderful musical follows the lives, loves and losses of a troupe of riverboat performers on the Mississippi, while illuminating the racial and social changes that were shaping the country from 1890-1927. Its timeless score contains some of the most beautiful, emotionally charged songs ever written, including Old Man River, Can’t Help Lovin’ Dat Man, and Make Believe. Tour includes transportation, lunch and show, and driver’s gratuity. There may be multiple stops.

Departure time TBD

Fee: R\$104 | NR \$109

11 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Swedish Meatballs, Bowtie Noodles, Green Beans, Wheat Dinner Roll, Peaches, Milk	2 Escarole and Bean Soup, Crab Cake and Tartar Sauce, Confetti Brown Rice, California Blend Veggies, Rye Bread, Fresh Fruit	3 Herb Rstd Chicken Qtr., Spanish Rice, Spinach Salad w/Carrot, Rasp. Vinaigrette, Wht Bread, Apple Juice, Choc. Chip Cookie, Milk	4 Pot Roast, Gravy, Smashed Potatoes, Broccoli, Pumpernickel Dinner Roll, Fresh Melon, Milk	5 Spinach Grandioli with Tomato Sauce, Parmesan Cheese, Tossed Salad, Cucumber and Ital. Dressing, Garlic Breadstick, Pineapple, Milk
8 Mandarin Chicken, Veg. Fried Rice, Oriental Blend, Wheat Bread, Mandarin Oranges, Milk	9 Hamburger au Jus, Wht. Bun, Steak Fries, Coleslaw, Watermelon, Milk	10 Broccoli Quiche, Beets, Green Beans, Wheat Dinner Roll, Fresh Fruit, Milk	11 Chicken Noodle Soup, Crackers, Turkey, Gravy, Stuffing, Spinach, Rye Bread Baked Apple Wedges, Milk	12 Happy Birthday Seafood Salad, Lettuce & Tomato, 3 Bean Salad, Portuguese Roll, Cranberry Juice, Sliced Yellow Cake, Milk
15 Cream of Carrot Soup, Crackers, Light Crunch Fish, Tartar Sauce/Lemon, Tossed Salad, with Tomato and Ital. Dressings, Family Grain Bread, Fresh Fruit, Milk	16 Chicken Cacciatore, Bowtie pasta, Cauliflower with Parsley, Italian Bread, Pineapple Juice, Ice Cream Cup, Milk	17 Meatloaf w/ Gravy, Baked Potato, Sour Cream, Glazed Carrots, Multi-grain Bread, Tropical Fruit, Milk	18 Father's Day Veal Roulade, Small Baked Potato, Sour Cream, Herbed Peas & Onions, Garlic Dinner Roll, Holiday Cake, Milk	19 Eggplant Rolatini w/ Cheese, Penne Pasta, Spinach, Garlic Bread, Melon, Milk
22 Spaghetti, Meat Sauce, Parm. Cheese, Spinach Salad w/ Carrot Shreds, Rasp. Vinaigrette, Garlic Bread, Mixed fruit Juice, Italian Ice, Milk	23 Shrimp Bisque, Crackers, Chef Salad w/ Turkey, ham Chees, Lettuce & Tomato, French Dressing, Wheat Breadstick, Fresh Fruit, Milk	24 Stuffed Salmon with Rosemary Cream, Brown Rice Pilaf, Roasted Zucchini & Yellow Squash, Marble Rye Bread, Pears, Milk	25 Roast Beef & Gravy, Baked Potato w/ sour Cream, Tuscan Bled Veggies, Peaches & Milk.	26 Veg. Omelet, Sweet Potato Fries, Coleslaw, Pumpernickel Bread, Apple Juice, M&M Cookie, Milk
29 Stir Fried Chicken, Broccoli, Brown Rice, Rye Bread, Pineapple, Milk	30 Salisbury Steak w/ Mushroom Gravy, Rstd Potato, Scandinavian Blend Veg., Pumpernickel Bread, Cranapple Juice, Marble Cake, Milk	Please remember to make your reservation with Jodie Shevlin at (203) 245-5686 by 12 Noon the day before you plan to come for lunch. (If you want to attend on a Monday please call by noon the previous Friday.)		

When times are good everyone wants to advertise

When times are tough everyone should!

This space is available for your ad!

PROTECTING SENIORS NATIONWIDE



\$19.95*/Mo. + 1 FREE MONTH

- > No Long-Term Contracts
- > Price Guarantee
- > American Made

TOLL FREE: 1-877-801-5055

*First Three Months

HOLIDAY SPECIAL



LET US PLACE YOUR AD HERE.



Silver Fox Financial
Specializing in Senior Needs

Life and Health, Disability, Plan D Medicare,
Long Term Care and Final Expense Insurance

Susan Finch Wenderoth

Tel: 203-245-7595

SilverFoxFinance@aol.com

**Proudly Serving the
Madison Community**

Swan Funeral Home is dedicated to serving the Madison community. We pride ourselves in providing compassionate care to local families during their most difficult times, when they need us most. Our unmatched selection of services make us the right choice today – and into the future.

Compassion Helpline® | National Transferability | Bereavement Travel
Personal Planning Services | Grief Support | Veterans Benefits



SWAN FUNERAL HOME

825 Boston Post Road | Madison, CT 06443 | 203-245-2488
www.SwanFuneralHomeMadison.com

THIS SPACE AVAILABLE



**For Information On Advertising,
Please Call Mark Carofano
at 1-800-888-4574 ext 3445 or
Email: mcarofano@4LPi.com**



Liturgical Publications Inc
Connecting Your Community™

*Golden Horizons
Elder Care Svcs.*



Personal Care
Companions
Homemakers
860-388-1788

**Madison Republicans
invite you to get involved!**



**Visit our website to learn how:
madisonrepublicans.org**

**THIS SPACE IS
AVAILABLE**

*This Space
is Available*

Connecticut Cremation Service

DIRECT CREMATION:
\$1,245.00 Complete

GRAVESIDE BURIAL SERVICE
\$3,370.00 + Cemetery Charges

Visa/Mastercard & Title 19 accepted
For Info Call 1-800-977-2309

SERVICE

System Service 24/7
Price Protection Plans
Burner Installation
Air Conditioning
Tank Installation
Tank Removal
Conversions



CALL 860-399-8244

PENNYWISE
PREMIUM HOME HEATING OIL & SERVICE



Does your loved one need extra care when you can't be there?

Strong House Adult Day Center
can help with weekday respite!
Nurturing & Home-like, ideal for those with memory impairment

203.245.0524

546 Durham Road, Madison
An affiliate of VNA Community Healthcare

THIS SPACE AVAILABLE



For Information On Advertising,
Please Call Mark Carofano
at 1-800-888-4574 ext 3445 or
Email: mcarofano@4LPi.com



Liturgical Publications Inc.
Connecting Your Community™



- Growing company currently hiring
- Ad Sales Executives
- Sales experience preferred
- Full-time
- Uncapped commissions
- Competitive benefits program offered
- Overnight travel required

E-mail jobs@4LPi.com for more information

County Hearing and Balance

Jeffery W. Worgul, Au.D., Doctor of Audiology
203-245-1950
82 Bradley Road, Madison, CT 06443

Bulletin advertising works
as hard as you do to
GROW your business.

Contact LPi for more
information! 1-800-888-4574



AGEMY
FINANCIAL STRATEGIES, INC.

Agemy Financial Strategies, Inc.
741 Boston Post Rd., Ste. 308, Guilford, CT
Phone: (203) 738-0026 • Office@agemy.com
We help people plan for retirement everyday.

Securities and Advisory Services offered through
Client One Securities, LLC Member FINRA/SIPC and
an Investment Advisor Agemy Financial Strategies,
Inc. and Client One Securities, LLC are not affiliated.



A speedy return
to what you love...
your health,
your loved ones,
your life!

At Madison House our short term rehab
will get you back on your feet quickly.

- Award-Winning Support Services
- Inpatient & Outpatient Therapy
- Physical, Occupational & Speech Therapies
- Post Surgical Orthopedic and Cardiac Care
- IV Therapy



Madison House
34 Wildwood Avenue • Madison, CT 06443
(203) 245-8008

Make Your Ad
POP
With Full Color

To advertise here contact LPi today!

1-800-888-4574

HELP PROTECT YOUR FAMILY
CALL NOW! 1-888-862-6429



HOME SECURITY TEAM



Is a Reverse Mortgage right for you?
Ask Sylvia!

(203) 458-5414 or SPatterson@GSByourbank.com

Sylvia Patterson NMLS# 528441. GSB NMLS# 535595.

GSB
Founded 1875
Guilford Savings Bank
Your Community. Your Values. Your Bank.
Equal Housing Lender Member FDIC



Madison Senior Center
29 Bradley Road
Madison, CT 06443

PRSR STANDARD
U S POSTAGE PAID
GUILFORD CT
PERMIT NO. 295

6/2015

AARP DRIVER SAFETY CLASS

A refresher course aimed at the 60+ driver. Call your insurance company you may be eligible for a discount for completing this course! The class will be held on Wednesdays from 12:30p to 4:30p

July 8th • Aug. 12th • Sept. 9th
Oct. 14th & Nov. 11th

Fee: AARP Member \$15
Non-Member \$20

Checks made payable to AARP

COMPUTER CLASS OPTIONS

Computer Seminar Help Sessions Two to Three Hours Long
Classes are designed for new and beginning users. Bring your own laptop or tablet (if available) in lieu of using the Center's computers. Classes available Tues 9-4, Wed. 1-4pm or Thurs.1-4. Contact us to arrange a time. Registration minimum 2 people. **Fee: \$12/session**

SHOPPING on the INTERNET – *Safely and Securely!*

Save money, save time. shop dozens of stores from the comfort of your home. Get the best price, compare items, read reviews, locate that hard to find item. From food to automobiles to travel to anything and everything.

EMAIL

Learn the email basics. What is an email address? How do I write and send an email? What do I do when I get an email? How do I send a picture to my friends? Can I print that picture my son sent me? How do I make and use an address book or contact list?

THE INTERNET

Learn the basics of the Internet, use it for research, to study a topic, to read the daily news from all over the world, to visit museums online, to watch movies and listen to music. You will leave this session knowing how to do search and being prepared to do much more.

FACEBOOK AND SOCIAL MEDIA

Are you interested in Facebook and other forms of social media – Instagram, Twitter, LinkedIn, etc. Learn how to get started and connect with grandchildren, old friends.

Computer Basics For Beginners

For those relatively new to computers. Learn the basics terminology, components etc. what can be done with a computer. If you have your own laptop or tablet, feel free to bring it with you. **(4 classes) Fee: R \$34 | NR \$44**
Wed. June 10th-July 1st 10 to 11am

iPad for Beginners

Learn the basics of using an iPad, terminology, components etc. What can you do with your iPad? Learn e-mail, playing games, and entertaining. Bring your iPad & Apple password. **(4 classes) Fee: R \$34 | NR \$44**
Wed., June 10th-July 1st 12-1:00pm

E-Bay: and "New" Craig's List

Open E-bay & PayPal accounts online, search and bid on an item, pay and complete the transaction, and find the best deal. Become an eBay seller, what it costs, how to price your items, take and upload a picture, complete the sale. Bring a camera, charged battery, & a pad and pencil. Classes are 2 hours. If you have your own laptop, please bring it with you. **(3 classes) Fee: R \$42 | NR \$52**
Thurs., June 11th-25th 10-12pm

All Computer Classes offered with the Guilford Senior Center. Guilford residents will be charged the resident fee.

Open Lab: computers available for personal use when classes are not in session from 9am-4pm free