



# Trends & Traditions

MADISON SENIOR NEWS

Madison Senior Center  
C/O First Congregational Church  
26 Meetinghouse Lane  
Madison, CT 06443

## January 2011

OFFICE HOURS:  
8:30 AM – 4:00 PM  
MONDAY – FRIDAY

Website: <http://www.madisonct.org/seniorsvcs/index.shtml>

### SENIOR COMMISSION CHAIR

Patricia Melady  
VICE-CHAIR

Maureen Lopes

### MEMBERS:

Elizabeth Booth

Robert Hale

Gerard Kerins

Leslie Marcarelli-Naizby

Barry Miller

Wendy Oberg

Marcy Sanders

### Liaison to the Board of Selectmen:

Noreen Kokoruda

### STAFF

Scot Erskine

Gina Millan

Heather Castrilli

Carrie Gazda

### BUS DRIVERS

Pat Cocchiaro

Patricia Connelly

Michael Rand

Helen Sneider

Carolyn Tenedine

### CAFÉ MANAGER

Joan Waldron



Please call the Senior Center if you  
are interested in receiving the  
newsletter via email!

### TOWN WEB PAGE

[www.madisonct.org](http://www.madisonct.org)

Main Office: 203-245-5627

Fax: 203-318-0670

Municipal

Agent: 203-245-5687

Café Site: 203-245-5686

### MADISON SENIOR SERVICES COMMISSION

Meetings held on the third Thursday of the month. Next meeting:  
January 20, 2011, 5:30 PM in the Hammonasset Room at the Town Hall.

### UCONN VS LOUISVILLE

Saturday, January 15, 2011 Prog. # 700157-A

Come cheer on the UConn Huskies' Women's Basketball team as they play against their Big East rival Louisville. The motor coach transportation will leave the Rte. 79 Comm. Lot **TBD** For a 12:00 pm game. \$41 pp

### Afternoon with Frank Sinatra Westbrook Elks

Saturday, January 29, 2011 Prog. #700162 A

Enjoy a buffet lunch and music 12:30-5pm \$27.50pp. \$32.50 for non-Residents. Leave Rte 79 Commuter Lot at 11:45am and return approximately 5:45pm

**Looking for volunteers who knit or crochet- To teach students in the after school program. Please contact the Senior Center if you are interested.**

### NEW! THE DOCTOR'S CORNER

**Q.** Dear Dr. Kerins; I'm 76 years old and feel that I am in fairly good health. Why would I need to see a geriatrician and what is the exact role of geriatricians in the care of older adults?  
~ Mabel

**A.** Dear Mabel; Thank you for your question about the role of geriatricians in caring for older adults. Most geriatricians are fully trained in internal medicine and then complete additional subspecialty training in the field of geriatrics. Geriatrics focuses on the care of older adults, looking at their medical, psychosocial, and most importantly, their functional needs. The over all goal of geriatric medicine is to maximize the patients function and minimize their morbidity.

One of the most important distinctions a geriatrician must make is determining if the patient's presenting medical issue is an inherent part of aging, or whether it is related to a disease process that may be treated in an effort to maximize function. Often, older adults experience conditions such as memory loss, depression, mental confusion, difficulty ambulating, incontinence, or over use of medications. The prevailing thought was that such conditions were part of aging and little could be done to impact such conditions and their resulting effect on function. We now know that although many of these conditions are more common when one ages, there may be some interactions and interventions that may minimize their impact on day to day functioning.

Besides focusing on the signs and symptoms of aging, the management of chronic disease issues in older adults also falls under the domain of the geriatric physician. If someone has a concern about the aging process, is experiencing new and different symptoms, or is told that their symptoms are related to the above conditions and are unavoidable as one gets older, this then might be the time to seek the counsel of a geriatric physician. ~ Dr. Kerins.

Please drop your questions off in the box located at the Madison Senior Center c/o FCC of Madison- 26 Meeting House Lane or Beach & Recreation Department @ 8 Campus Drive.

**MUNICIPAL INFORMATION**

For more information, please contact Heather Castrilli at (203) 245-5687 OR [castrillih@madisonct.org](mailto:castrillih@madisonct.org)

**ANNOUNCEMENTS/CURRENT SOCIAL SERVICE PROGRAMS**

**SENIOR & DISABLED TAX RELIEF PROGRAM**

**Filing Period: February 1, 2011 to May 15, 2011**

The Town of Madison offers tax relief for elderly and totally disabled residents that own and occupy their property as a primary residence. There are income, age, and residency requirements in order to be eligible to qualify for the program.

Please stop in or give a call to receive program information or to schedule an appointment to apply.

**Maximum Qualifying Income: \$58,450**

**CONNECTICUT ENERGY ASSISTANCE PROGRAM**

The Connecticut Energy Assistance Program assists CT residents by paying for a portion of their heating costs for the winter season. The asset limit for homeowners is \$10,000 & for renters the limit is \$7,000. Proof of all income, rent, & utility expenses, as well as bank statements for the 4- week period prior to the date of the application, are required.

**Maximum Monthly Income for a Single: \$2540 Maximum Monthly Income for a Couple: \$3322**

**Please call (203)245-5687 to schedule an appointment.**

**SNAP PROGRAM (Formerly Food Stamps)**

This program helps offset food expenses. Eligible participants are given a set amount of money each month on an EBT debit card to use at local grocery stores. Monthly income guidelines: **Single: \$1,671, Couple: \$2,248.**

**FOOD PANTRY**

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The pantry is located in the back of the First Congregational Church on the Town Green and is open Wednesdays from 11-3. **Transportation available, call Dial-a-Ride, 203-245-5695. Regular Bus Pick up for Concord Meadows-10:15AM.**

**ANGEL FOOD MINISTRY**

In these tight economic times, we all could use a little help in making ends meet! Bethel Assembly of God Church, Guilford, CT operates a program that can help lower your food costs. Preorder food through Angel Food Ministries & receive substantial savings. For more information, you can visit their website:

<http://www.guilfordbethel.org/AngelFoodInfo.htm>. Stop in at the senior center to pick up this months menu or call (203)453-5171 or 203-245-1385. SNAP benefits are accepted.

**CONNPACE**

ConnPACE or the CT Pharmaceutical Assistance Program helps participants offset the costs of their Rx's. The filing period for **new clients is Nov. 15<sup>th</sup> to Dec. 31<sup>st</sup>** annually with an annual registration fee of \$45 per person. ConnPACE only covers Rx's on your Med. D formulary and will cover premiums of benchmark Med D plans.

**MEDICARE SAVINGS PROGRAM**

The Medicare Savings Program assists eligible participants with paying their Medicare Part B premiums each month. In addition, participants will have \$2.50 co-pay for generic Rx's and \$6.30 co-pay for name brand Rx's. This also covers doctor CoPays, if your doctor accepts State Medical Insurance. There is no asset test or filing time period for this program.

**Maximum monthly income for a single: \$2,091.67 and for a couple: \$2,816.67**

**TRANSPORTATION OPTIONS**

**DIAL-A-RIDE**

Madison Senior Center  
**203- 245-5695**

A public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work.

Please call to be mailed the rules and regulations.

**48 HOURS NOTICE REQUIRED!!**

**SENIOR BUS**

Madison Senior Center  
**203-245-5627**

Fixed routes to the senior center, downtown, special events, hot lunch program, & Thursday grocery shopping. See enclosed monthly calendar for route schedule.

**48 HOURS NOTICE REQUIRED!!**

**MADISON COMMUNITY SERVICES:**

**203-245-3031**

Madison Community Services has a group of volunteers who will take Madison residents to Medical Appointments. This program operates locally and in the surrounding areas.

**7 DAYS NOTICE REQUIRED!**

# JANUARY 2011 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>No Activities First Congregational Church Closed</b>	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class 3:00 PM Yoga	9:00 AM Fit & Move 10:15 AM Srs in Motion 12:00 PM LUNCH <b>1:00 PM Wii</b>	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH- Lower Level 1:00 Cards & Mah Jongg – Room 15 & 16A	9:00 AM Fit & Move 10:30 AM Chair Exercise 12:00 PM LUNCH- Lower Level <b>12:45 PM Leave FCC to Eli Whitney Museum in Hamden to see the holiday Gilbert Train Exhibition</b>
10	11	12	13	14
9-11am Medicare Monday 9:00 AM Fit & Move <b>9:00 AM. Leave FCC To Duck Pin Bowling \$7. Then lunch on own @ Jimmie's in West Haven</b> 10:30 AM Chair Exercise 12:00PM LUNCH 12:30 – 1:30pm -Blood Pressure 1:30 PM Line Dancing	9:00 AM Bus/Town 12:00 PM LUNCH Lower Level 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class 3:00 PM Yoga	9:00 AM Fit & Move 10:15 AM Srs in Motion 12:00PM LUNCH <b>1:00 PM Wii</b>	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg – Rooms 15 & 16A	9:00 AM Fit & Move 10:30 AM Chair Exercise 12:00 PM LUNCH <b>1:00 PM Seminar w/ JoAnn Begley from the VNA on Recipe for Healthy Stress</b>
17	18	19	20	21
<b>Martin Luther King Day Senior Center Closed</b>	9:00 AM Bus/Town 12:00 PM LUNCH- Lower Level 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class	12:00 PM LUNCH <b>1:00 PM Wii</b>	<b>9-10 AM LEGAL ASSISTANCE by <u>Appt.</u></b> 9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg – Room 15 & 16A	9:00 AM Fit & Move 1030 AM Chair Exercise 12:00PM LUNCH <b>1:00 PM Movie Day</b>
24	25	26	27	28
9:00 AM Fit & Move 10:30 AM Chair Exercise 12:00 PM LUNCH 12:30 – 1:30 pm -Blood Pressure <b>1:00 PM Bingo @ the Senior Center</b> 1:30 PM Line Dancing	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class	12:00 PM LUNCH <b>1:00 PM Wii</b>	<b>9:00 AM Leave Commuter Lot Rte 79 for Mohegan Sun Overnight</b> 9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg – Rooms 15 & 16A	9:00 AM Fit & Move 1030 AM Chair Exercise 12:00 PM LUNCH <b>1:00 PM Walmart</b>
31	<p><b>Saturday, January 15, 2011 UCONN vs LOUISVILLE \$41pp</b></p> <p><b>Saturday, January 29, 2011 Westbrook Elks Lodge presents buffet &amp; Show. \$27.50 pp</b></p> <p><b>Monday, January 31, 2011 – 1pm – Please join us as we hear from LT. Mike O'Connor and Officer Greg Martin as they present a discussion on Senior Danger Awareness. – Learn about how to protect yourself against scams, financial exploitation and more. Held in Hubley Hall at First Congregational Church. In the event of inclement weather seminar will be held in February.</b></p>			
9-11AM Medicare Monday 9:00 AM Fit & Move 10:30 AM Chair Exercise 12:00 PM LUNCH <b>1:00 PM Seminar on Senior Danger Awareness with LT O'Connor</b> 1:30 PM Line Dancing				

# SENIOR COMMUNITY CAFÉ

**Lunch begins at 12:00 PM**

3	4	5	<b>Lunch Downstairs</b> 6	<b><u>LUCKY LUNCH</u></b> 7
<b>No Activities or Lunch First Congregational Church Closed</b>	Fried Chicken Macaroni & Cheese Spinach Apricots	Angus Burger w/ Gravy White Rice California Blend Vegetables Sliced Peaches	Sausage & Peppers Red Bliss Potatoes Mixed Vegetables Oranges	<b>Lunch Downstairs</b> Roast Pork w/ Gravy Broccoli Florets Whipped Potato/ Squash Combo Fruit Cocktail
10	11	12	<b>Birthday Cake Day</b> 13	<b><u>LUCKY LUNCH</u></b> 14
Turkey Kielbasa Sauerkraut Boiled Potatoes Green Beans Special Cookie	Stuffed Shells w/ Marinara Sauce Petite Peas Belgian Carrots Sliced Pears	Beef Patty w/ Sautéed Onions California Blend Vegetables Broiled Tomato Golden Delicious Apple	Roast Turkey w/ Gravy Stuffing Cranberry Sauce Mixed Vegetables Strawberry Birthday Cake	<b>Baked Salmon Boat w/ Dill Brown Rice Oriental Vegetables Sliced Pears</b>
17	18	19	20	<b><u>LUCKY LUNCH</u></b> 21
<b>Martin Luther King Day Senior Center Closed</b>	BBQ Rib Patty Whipped Potato/ Butternut Squash Combo Peas & Pearl Onions Pie w/ Topping	Yankee Pot Roast w/ Gravy Boiled Potatoes Mixed Vegetables Vanilla Pudding w/ Topping	Baked Leg ¼ w/ Gravy Parsley Potatoes Butter Beans Tapioca Pudding w/ Topping	<b>Spaghetti &amp; Meatballs California Blend Vegetables Fresh Fruit Cup</b>
24	25	26	27	<b><u>LUCKY LUNCH</u></b> 28
Cream of Broccoli Soup Philly Cheese Steak Belgian Carrots Tropical Fruit Cup	Meatball Grinder Mixed Vegetables Fresh Fruit	Chicken Teriyaki Wild Rice Oriental Vegetables Unfrosted Brownie	Ham w/ Pineapple Glaze Sweet Potatoes Petite Peas Applesauce	<b>Eggplant Parmesan Petite Corn Green Beans Oatmeal Raisin Cookie</b>
31	<p><b>Please remember to call to order lunch by 12:00 PM the previous day. To order lunch held on a Monday, call the Friday before.</b></p> <p><b>Lucky Lunch Fridays include a free raffle for those purchasing lunch.</b></p> <p>All meals include Bread &amp; Butter, Milk, and Coffee &amp; Tea. All Soups come with Unsalted Crackers. All Soups, Entrees, Gravies, Sauces, Salad Dressings &amp; Desserts are Low Fat, Low Sodium.</p>			
Beef Stew Mixed Vegetables Mandarin Orange Sections				

**HAPPY BIRTHDAY TO ALL THE JANUARY BIRTHDAYS!**

**Celebrate with us on Birthday Cake Day**

**January 13, 2011**

**Receive a special surprise to celebrate your day!**

Please make Joan aware of your birth date, to receive a surprise.

**(Attendance is required on Birthday Cake Day)**



If you cannot attend a luncheon that you have reserved, please call Joan in the Café at 203-245-5686. There may be last minute calls to fill your spot. Thank you for your cooperation.

## EXERCISE AND RELAX WITH YOGA

Instructed by Pat Velleca. Learn Yoga techniques are used to increase circulation and relaxation. Know your body physically and mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control, and an increase in energy. Suitable for all ages and conditions. Loose clothing and mats needed. **Classes held at the Congregational Church.**

### **Program # 404204 A**

Day: Tuesdays  
Dates: Jan. 4 – Feb 15  
Time: 3:00-4:00pm  
Fee: \$53.00

### **Program # 404204 B**

Day: Thursday  
Dates: Jan. 6- Feb 17  
Time: 3:00-4:00 pm  
Fee: \$53.00

## CHAIR-EXERCISE

Instructed by Pat Velleca. Designed for those who need to exercise while seated. Benefits: muscle tone, joint flexibility, and cardiovascular strength.

### **Program # 404207 A**

Day: Monday  
Dates: Jan 10 –Feb.14  
No class 1/17, 2/21  
Time: 10:30 – 11:30am  
Fee: \$4.00

### **Program # 404207 B**

Day: Friday  
Dates: Jan. 7-Feb 18  
Time: 10:30-11:30am  
Fee: \$7.00

## SENIORS IN MOTION

Instructed by Pat Velleca. Designed for seniors who want more than Chair Exercise, includes some standing. Improve balance, strength and stability.

### **Program #404206 A**

Day: Wednesday  
Dates: Jan. 5 – Feb. 16  
Time: 10:15-11:15am  
Fee: \$21.00

## FITNESS & MOVEMENT

Instructed by Pat Velleca. Low impact aerobics for folks interested in continuing good health. Good cardiovascular workout combined with muscle and joint strengthening. Please Bring Sneakers, cool, comfortable clothing and a floor mat. Held at the Senior Center Meeting Center.

### **Program # 404205 A**

Day: Monday  
Dates: Jan. 10- Feb. 14  
No Class 1/17  
Time: 9:00-10:00am  
Fee: \$12.00

### **Program # 404205 B**

Day: Wednesday  
Dates: Jan. 5- Feb. 16  
Time: 9:00-10:00am  
Fee: \$21.00

### **Program # 404205 C**

Day: Friday  
Dates: Jan. 7- Feb. 18  
Time: 9:00-10:00am  
Fee: \$21.00

## LINE DANCING AT HUBLEY HALL FIRST CONGREGATIONAL CHURCH

Gayle Melonson is our Line Dancing Instructor for seniors. Classes held Monday's at 1:30 PM on the Hubley Hall First Congregational Church. Pre-register @ the senior center or at the Beach & Recreation Department.

### **Program #400301 A**

Day: Monday  
Dates: Jan. 10 – Feb. 14  
No Class 1/17  
Fee: \$22.50

### **Program #400301 B**

Day: Monday  
Dates: Feb. 28-Apr. 4  
Fee: \$27.00

### **Program # 300301 B**

Day: Monday  
Dates: Apr 11 – May 23  
Fee: \$27.00

## ART CLASSES

Tuesdays @ the Congregational Church 1:30-3:30 PM

Instruction in drawing, charcoal, pastel, watercolor, acrylics, oils. The instructor, Muriel Waldvogel, is a local Madison Artist, who volunteers her time and talent to teach our weekly program! List of art supplies available.

### **Program #703400 B**

Dates: 12/7 – 2/22  
Resident Fee: \$12.00

### **Program # 703400 C**

Dates: 3/1 – 6/28  
Resident Fee: \$18.00

## MONTHLY SERVICES & INFORMATION

<b>MEDICARE MONDAY</b> Monday, January 10, 2011 9:00 – 11:00 AM	Unbiased information, counseling, & assistance on Medicare, Supplemental Insurance & Medicare Advantage Plans. Carlos A. Maynard, a volunteer and Heather Castrilli assist Madison Residents. <b>By appointment only: Call Heather 203-245-5687</b>
<b>BLOOD PRESSURE CHECK</b> January 10 & 24, 2011 12:00-1:30 PM @ the Congregational Church	 VNA Community Healthcare holds BP Clinics on the 2 <sup>nd</sup> & 4 <sup>th</sup> Mondays of the month @ the Senior Center. <b><u>Blood Pressure Monitor also available for use in office. Just ask!</u></b>
<b>LEGAL ASSISTANCE,</b> January 20, 2011. 9:00 – 10:00 AM.	Attorneys Thomas Cronan, Michael Sweeney, & Timothy Shields volunteer counseling services on a one-on-one basis. Thank you to our legal team for their monthly assistance! <b>By appointment only: Call the Senior Center 203-245-5627.</b>
<b>HANDICAPPED PARKING PERMIT</b>	 New application form from the DMV available on the <a href="http://www.ct.gov/dmv.org">www.ct.gov/dmv.org</a> or in the Senior Center office.
<b>NOTARY SERVICES</b> At The Senior Center By Appointment	Heather Castrilli, Gina Millan <u>Call the Senior Center for an appointment</u>
<b>Meals-On-Wheels</b> Prepared by The Estuary Council of Seniors (860) 388-1611 Ext. 207	Hot meals delivered around noontime to the homebound or just recently out-of-the-hospital & recovering, please call <b><u>Requires 4-5 days notice and doctor or nurse referral.</u></b>
<b>Madison Food Pantry Donations</b>	Donations to the Food Pantry are welcome. Please contact Madison Community Services, (203)245-3031.

### **AARP Safe Driving Courses 2011**

The Guilford & Madison Senior Center have created a Shoreline Guilford/Madison AARP Safe driving Classes offered to seniors to sharpen driving skills & benefit from a discount on auto insurance. Advance registration is required: AARP members \$12.00 & Non Member \$14.00. Please make checks payable to AARP and bring your membership card with you at time of registration.

AARP also offers an online course at [www.aarp.org/drive](http://www.aarp.org/drive)

**Classes held 1-5 PM @ Guilford Community Center on January 12, February 9, March 11, May 11, June 10. The April 7 class will be held from 6-10 PM.**

**Classes held 12-4 PM @ Madison Senior Center on July 11, August 8, September 12, October 3, November 14.**

### **CARD PLAYING & MAH JONGG**

Tuesdays: Bridge, Canasta; Thursdays: Pinochle, Setback & Mah Jongg. On-Going through the year 1:00-4:00 PM.

**Call the Senior Center if interested in learning Mah Jongg.**

### **COMPUTER FREE TIME**

The computer area has a very busy schedule for personal use but please call to check on times available for you. Be sure to sign in at the office.

### **SCHILLER SHORELINE INSTITUTE FOR LIFE-LONG LEARNING**

This exciting program offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! A variety of classes offered. Become a member of this great program. New online registrations will be available for the fall session of classes. Be sure to include your email address with your registration to receive weekly class reminders, notifications of class changes, special guest events not listed in the catalog. Membership: \$25 for the year.

### **AARP INCOME TAX ASSISTANCE PROGRAM**

**Thursday, FCC Lower Level Activity Rm. 12:00-5:00 PM, by appointment.**

Free Confidential tax counseling will be available for low to middle-income taxpayers. IRS certified tax counselors offer assistance in filing your tax returns. Taxpayers need to bring, ID, 2009 tax return, 2010-income report, all 1099 forms, W-2 forms for each employer, unemployment compensation and all other forms that indicate Federal and or Connecticut income taxes paid in 2010.

Please be sure you bring all your forms with you to your appointment.

## **PROGRAMS & TRIPS**

**Refund requests issued, if your seat can be filled from the waiting list.**

### **MOHEGUN SUN OVERNIGHT**

Enjoy a night's stay at the beautiful Mohegan Sun Resort & Casino. Transportation provided.

January 27 & 28, 2011. Bus departing from Rte 79 Commuter Lot.

**Program # 700038 A**-Single: \$179 **Program #700038 B**-Double: \$113 pp **Program # 700038 C**-Triple:\$108 pp

### **MOONLIGHT IN MYSTIC**

**Monday, February 14, 2011 Prog. #700160-A**

Enjoy a day @ Mohegan Sun Casino and then off to Cornerstone Playhouse for an upbeat musical. Leave the Rte. 79 Comm. Lot at 9:00 am to arrive at the casino @ 10 am. You will receive a meal voucher and a bet coupon upon arrival. At 2:45 pm we will leave the casino for the playhouse. Approx. arrival home 6:30 pm.\$36

### **Late Nite Catechism 2**

**Thursday, February 17, 2011 Prog. #700039-A**

If you have seen the original Late Nite Catechism then you must see this one. If this is your first time, this will be a treat. Lunch @ Black Rock Tavern in Thomaston. Menu: Salad, Choice of Baked Stuffed Sole or Chicken Parmesan, Vegetable, Potato, Dessert & Beverage. Please give meal choice at time of registration. \$68 pp

### **1000 ISLANDS OF NEW YORK STATE**

**TUESDAY, JUNE 21-23, 2011**

1000 Islands Adventure Romantic Castles & Scenic Waterways.

This trip includes two nights lodging at the Riveredge Resort, a 4-Diamond award-winning hotel that overlooks the St. Lawrence Seaway. You will have a narrated tour of the St. Lawrence aboard the Uncle Sam's Cruise boats, as well as a walking tour of the Castles. On the way home, a stop at the Turning Stone Casino where everyone will receive a Bonus Casino Package or go to Cooperstown to learn about baseball's great history.

**Fees: Single-\$589 -#700142A, Double- \$469pp -#700142B, Triple \$429pp--#700142C**

### **THE WII BOWLING LEAGUE**

**Wednesdays @ 1:00 PM FCC Prog. # 700303-A Starting January 5<sup>th</sup>,**

Come join Carrie Gazda, Recreation Supervisor, and Gina Millan to have fun and learn how Wii bowling works. This is a fun game. Everyone can participate, no one excluded. You can even sit in a chair and play.

### **SAVE THE DATES**

Singing in the Rain, March 31, 2011

Riverhouse- Country Music April 27, 2011

### **Directions to the Senior Center**

**North Bound:** Take Route 79 South; turn right on Bradley Road, then take a left at the First Congregational Church. The entrance to the senior center is below the fire escape.

**South Bound:** Take Route 79 North; turn left on Bradley Road, then take a left at the First Congregational Church. The entrance to the senior center is below the fire escape.

Entrance is located at the rear of the Church hall where there is ample parking. Hours will remain the same- 8:30 am to 4:00 pm, Monday thru Friday. The church hall offers seniors activity rooms and classrooms as well as space for lunch.

Gina Millan office accommodations are in the church hall and the number to reach her is telephone # 203-245-5627. The Municipal Agent for seniors, Heather Castrilli, is also located in the church hall and her # is 203-245-5687.

**RETURN ADDRESS:**

**MADISON SENIOR SERVICES COMMISSION  
C/O FIRST CONGREGATIONAL CHURCH  
26 MEETINGHOUSE LANE  
MADISON, CT 06443-2691  
TELEPHONE: 203-245-5627**

**PRSR STD  
U S POSTAGE  
PAID  
MADISON CT  
PERMIT  
NO. 140**

***ADDRESS SERVICE REQUESTED***



**DATED MATERIAL  
PLEASE DELIVER PROMPTLY**

**Winter Weather Storm Closings**

The Activities at the Senior Center will cancel in accordance to the Madison Public School closings.



**As soon as you receive your newsletter, come in to register for the events listed.**