



The Depot Express

MADISON SENIOR SERVICES NEWSLETTER



DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443

January 2010

OFFICE HOURS:
8:30 AM – 4:00 PM
MONDAY – FRIDAY

OFFICE: 245-5627

FAX: 318-0670 MUNICIPAL AGENT: 245-5687

CAFE SITE: 245-5686

SENIOR COMMISSION CHAIR

Patricia Melady
VICE-CHAIR
Maureen Lopes

MEMBERS:

Elizabeth Booth
Ruth Burris
Barry Miller
Wendy Oberg
John O'Brien
Marcy Sanders
Judith Stigle

Noreen Kokoruda;
Liaison to the Board of Selectmen

STAFF

David Melillo
Katherine DeBurra
Gina Millan
Heather Castrilli
Carrie Gazda
BUS DRIVERS
Pat Cocchiaro

Welcome to the Staff!...

Patricia Connolly

Michael Rand
Helen Sneider
EXERCISE INSTRUCTOR

Patricia Velleca
CAFÉ MANAGER

Joan Waldron

Senior Recreation Advisory Group...

To attain input from YOU!

We need your ideas for 2010!

Meets 4 times a year! **Next Meeting:**

January 6, 2010.

Be the first to share your ideas!

Call to volunteer!

If you're feeling shy, fill out a suggestion form in the Upper Level of the Depot & drop it in the suggestion box! All ideas appreciated! Tell us what we are doing right & wrong! Box is located on the table near the elevator.

TOWN WEB PAGE

www.madisonct.org

Please call the Depot if you are interested in receiving the newsletter via email!

Madison Senior Services Commission

Meetings are held on the third Thursday of the month. Next meeting:
January 21, 2010 @ 5:30 PM in the Upper Level of the Depot.

JANUARY'S MUSEUM OF THE MONTH ...

FLORENCE GRISWOLD MUSEUM W/LUNCH

Friday, January 8, 2010

Details of trip on page 7!

SPECIAL ANNOUNCEMENT...

Additional bus added to Mohegan Sun Overnight (January 20, 21) to fulfill wait list!

TAX RELIEF PROGRAM...

For Information call Heather @ 245-5687

The Town of Madison, Senior & Disabled Tax Relief Program will begin taking applications February 1, 2010- through May 15th Elderly Homeowner Benefit Program. **Call Heather @ 245-5687** for information on income guidelines & filing requirements & an appointment.

AARP TAX ASSISTANCE PROGRAM

Thursday Afternoons-Depot Lower Level-1:30-5:30 PM, by appointment.

Appointment scheduling begins Monday, January 4, 2010.

Free confidential tax counseling will be available at the Depot for low to middle-income taxpayers. IRS certified tax counselors will offer assistance in filing tax returns on Thursday afternoons. Taxpayers are requested to bring; Identification, 2008 tax return, 2009 income reports that have been received, all 1099 forms, W-2 forms from each employer, unemployment compensation and all other forms that indicate Federal and/or Connecticut Income Taxes paid in 2009. All documents of income, deductible expenses documents & ID must be brought to the scheduled appointment.

NEW!...

LIL'S 90TH @ THE LONG WHARF THEATRE

Wednesday, February 3, 2010

Enjoy this wonderful story @ a matinee performance w/great seats to see the show.

(Including front row for those who sign-up first on January 4th!)

Lillian nears a milestone birthday and she and family are putting the finishing touches on the much-anticipated party. Written by Darci Picoult, this playful yet poignant play with a message that when reason fails, **"IT IS THE POWER OF LOVE TO STAND THE TEST OF AGING!"** Leave Depot @ 1:00 PM for a 2:00 PM performance. **\$30.00**

SHORELINE INSTITUTE OF LIFELONG LEARNING

The Winter 2010 brochures for members are in the mail! This exciting program offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! For example two classes offered this term @ the Depot are:

The American Revolution; January 21, 2010 @ 1:30 PM &

The Evolution of the PC; February 4, 2010 @ 3:00 PM.

Please call the office @ 245-5627 to become a member of this great program!

Great new classes and topics- see new brochure!

TRANSPORTATION OPTIONS ON PG. 2

MUNICIPAL INFORMATION

Please **Contact Heather @ 245-5687** OR castrillih@madisonct.org for more information...

CONNECTICUT ENERGY ASSISTANCE PROGRAM

The CT Energy Assistance Program assists CT residents by paying for a portion of their heating costs for the winter season. To qualify, an applicant must meet specific income & asset guidelines.

Call Heather @ 245-5687 with questions or to schedule an appointment.

FOOD STAMPS

Eligible participants are given a set amount of money on an EBT debit card each month to use at local grocery stores.

Monthly income guidelines: Single: \$1,671, Couple: \$2,248. There is no asset limit.

Contact Heather for assistance with filling out an application @ 245-5687.

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance.

It is located in the back of the First Congregational Church on the Town Green. The food pantry is open Wednesdays; 11:00 AM-3:00 PM. For transportation, please call Dial-a-Ride @ 245-5695. 48 hours notice required.

Donations to the food pantry are welcome. Please contact Community Services @ 245-3031.

TRANSPORTATION OPTIONS

**48 HOURS NOTICE REQUIRED!
PRE REGISTRATION REQUIRED!**

Madison residents, age 60 or older & disabled residents have transportation service options including the fixed route Madison Senior Bus, Dial-a-Ride & Madison Community Services; Medical Transportation Program. Madison residents may call the Depot, **245-5627** to be mailed a flyer for the programs or use our website to read the information.

VIA SENIOR BUS-245-5627

Fixed routes to the senior center, downtown, special events, hot lunch program & Thursday grocery shopping.
See enclosed monthly calendar for route schedule.

DIAL-A-RIDE-245-5695

Operation of Dial-a-Ride is a public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work.

COMMUNITY SERVICES-245-3031

Medical Appointment Transportation.

(local & surrounding areas)

7 DAYS NOTICE REQUIRED!

SHORELINE SHUTTLE

ESTUARY TRANSIT DISTRICT ROUTE

Route includes pickup @ the Depot & return Monday-Friday.

Call **(860) 510-0429** to make pick-up arrangements.

Pre-registration required.

This 9-Town Transit Bus (Madison to Old Saybrook) connects with the Dattco Bus to New Haven

@ the Scranton Parking Lot. **TTY 1-800-842-9710.**

Medicare Monday

The first Monday of the month, Carlos Maynard volunteers to answer questions about Medicare **by appointment.**

Call Heather to set up an appointment @ 245-5687.

Elder Law & Legal Assistance for Medicare Patients.

Call the Center for Medicare Advocacy @ **1-800-262-4414.**

ConnPACE

ConnPACE CHANGES: Effective January 1, 2010...

The annual registration fee will be \$45.

ConnPACE will not cover Rx's not on your Med. D formulary
(If this effects you contact Heather @ 245-5687)

ConnPACE will cover \$34.57 toward a clients Med. D Premium.
The difference will be the client's responsibility.

If you earn less than \$1353 single & \$1821 couple;
you will be placed on the low income subsidy program instead of
ConnPACE and qualify for lower co-pays for your Rx's.

Handicapped Parking Permit . . .

Applications available in the Depot office.

Notary Services @ the Depot by Appointment:

Heather Castrilli, Katherine DeBurra & Gina Millan.

Call the Depot for an appointment.

Meals-On-Wheels

Hot meals are delivered @ noontime to the homebound or just recently out of the hospital & recovering, please call
(860) 388-1611; Ext. 207 **Requires 4-5 days notice.**

Meals On Wheels Volunteer Drivers:

The Town of Madison will reimburse
drivers 32.5 cents per mile.

MADISON SENIOR SERVICES CALENDAR

JANUARY 2010 (REGISTRATION OPENS 1/4/10) - Pre-Registration required for ALL events!

Monday	Tuesday	Wednesday	Thursday	Friday
Meet Madison; Judge Jongbloed; Supreme Court Judge!				Happy New Year! 1
<p style="text-align: center;">The Senior Center hosts a monthly program w/a local Madison individual to speak @ lunch in the Senior Café. This month join us for lunch on 1/29/10 w/Judge Jongbloed; Supreme Court Judge!</p> <p style="text-align: center;">Learn her background and the process of becoming a judge. Conversation and focus on some of the current challenges facing the judicial branch!</p> <p style="text-align: center;">REFUND REQUESTS WILL BE ISSUED ONLY IF A SEAT CAN BE FILLED FROM THE WAIT LIST!</p>				<p style="text-align: center;">NEW YEAR'S DAY!</p> <p style="text-align: center;">DEPOT CLOSED!</p> <p style="text-align: center;">Happy New Year 2010!</p>
Registration Opens! 4	5	Advisory Group! 6	7	MUSEUM of the MONTH! 8
<p>9:00 AM Fit & Mov 10:30 AM ChairExercise 12:00 PM LUNCH 1:30 PM Shoreline Institute of Life-Long Learning Meeting! (Guilford Senior Center) Consider joining this group & sharing in the planning! 1:30 PM Line-Dancing</p>	<p>9:00 AM Bus/Town 9:00-11:00 Computer 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class</p> 	<p>9:00 AM Fit & Mov 10:00 AM Advisory Group Meeting! Bring your ideas for 2010! 10:15 AM Srs/Mo 12:00 PM LUNCH w/John Bowers FLU INFORMATION w/ focus on SWINE FLU... Bring your ?'s</p>	<p>9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg</p> <p style="text-align: center;">Fun Trivia... Burns & Allen wed in 1926!</p>	<p>9:00 AM Fit & Mov Leave Depot @ 9:30 AM Florence Griswold Museum \$30.00 10:30 AM ChairExercise 12:00 PM LUNCH</p>
Luncheon Talk! 11	12	13	Birthday Program! 14	Drawing of TIXs! 15
<p>9:00 AM Fit & Mov 10:30 AM ChairExercise 12:00 PM LUNCH w/Phil Zuckerman; Madison Probate Judge PASSPORT PRIMER! Important information for traveling! 12:45 PM Blood Pressure 1:30 PM Line-Dancing</p>	<p>9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class</p>	<p>9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH "Bring a friend to lunch!" No ST. MARGARET'S Program during January OR February! 1:00 PM BINGO @ the Depot - BRING A FRIEND!</p>	<p>9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH BIRTHDAY CAKE DAY Register w/Joan! 1:00 Cards & Mah Jongg</p> 	<p>9:00 AM Fit & Mov 10:30 AM ChairExercise 12:00 PM LUNCH Bye-Bye Birdie TIX's drawing! Have you placed your name in box in office? 1:00 PM FALL PREVENTION w/Regina D. from the VNA.</p>
18	19	MOHEGAN SUN! 20	MOHEGAN SUN! 21	22
<p>Dr. Martin Luther King Jr. Day!</p> <p style="text-align: center;">DEPOT CLOSED!</p> 	<p>9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class</p> <p style="text-align: center;">Antarctica was discovered in 1840!</p>	<p>8:30 AM Leave Commuter Lot MOHEGAN SUN OVERNIGHT! 9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH</p> 	<p>9-10 AM LEGAL ASSISTANCE by Appt. 9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg MOHEGAN SUN OVERNIGHT RETURNS! (5:00 PM... APP. RETURN TIME) 5:30 PM MSCC</p>	<p>9:00 AM Fit & Mov 10:30 AM ChairExercise 12:00 PM LUNCH 12:30 PM FINANCIAL FIRST AID! w/Bob Scata; State of CT Great facts to know about keeping your financial records organized and the whereabouts of your \$\$\$! How to be prepared in an emergency!</p>
25	26	27	LION KING! 28	"Meet Madison" 29
<p>9:00 AM Fit & Mov 10:30 AM ChairExercise 12:00 PM LUNCH 12:45 PM Blood Pressure 1:00 PM DeCluttering Get Organized for the New Year! Don't throw out anything of value! New Program w/Trish Panico! 1:30 PM Line-Dancing</p>	<p>9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class</p> 	<p>9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 1:00 PM PASTA VITA IN OLD SAYBROOK Get a great prepared gourmet meal for yourself!</p>	<p>9:00 AM – 3:00 PM Grocery Shopping LION KING! 11:30 AM Leave Depot for the Bushnell in HARTFORD 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1915- US Coast Guard established! 1973-Peace in Vietnam Announced!</p>	<p>9:00 AM Fit & Mov 10:30 AM ChairExercise 12:00 PM LUNCH w/Judge Jongbloed; State of Connecticut Supreme Court Judge</p> 

SENIOR COMMUNITY CAFÉ

Lunch @ 12:00 NOON! Please be on time! Lucky Lunch Fridays include a free raffle!

“MEET MADISON”				NEW YEAR’S DAY!
<p>The Senior Center hosts a monthly program w/a local Madison individual to speak @ lunch in the Senior Café. This month join us for lunch on Friday, January 29th w/Judge Jongbloed!</p> <p>All meals include Bread & Butter, Milk, Coffee & Tea. All Soups come with Unsalted Crackers. All Soups, Entrees, Gravies, Sauces, Salad Dressings; Desserts are Low Fat, Low Sodium.</p>				<p>DEPOT CLOSED! Happy New Year 2010!</p>
4	5	6	7	8
<p>Meatloaf w/ Chunky Tomato Sauce Bowtie Pasta Broccoli Cuts Lemon Ice</p>	<p>Southern Fried Chicken Macaroni & Cheese Spinach Apricots</p> 	<p>FLU INFORMATION w/John Bowers Focus on SWINE FLU ...Bring your ?’s Roast Pork w/Gravy Broccoli Cuts Whipped Potato/ Squash Combo Fruit Cocktail</p>	<p>Baked Chicken Leg ¼ w/Gravy Petite Peas Yellow Beans Tapioca Pudding w/Topping</p>	<p>LUCKY LUNCH Cream of Carrot Soup Angus Burger Tossed Salad Melon</p> 
11	12	13	14	15
<p>LUNCH SPEAKER! Turkey Kielbasa Sauerkraut Boiled Potatoes Cut Green Beans Tropical Fruit Cup Phillip Zuckerman; Probate Judge</p>	<p>Stuffed Shells w/Marinara Sauce Tossed Salad Belgian Carrots Sliced Pears</p>	<p>Beef Vegetable Soup Beef Patty w/Sautéed Onions & Cheese California Blend Veg. Yellow Beans Red Delicious Apple Bingo @ 1:00 PM</p>	<p>Birthday Cake Roast Turkey w/Gravy Cranberry Sauce Stuffing Mixed Veg. Birthday Cake Day!</p>	<p>LUCKY LUNCH Baked Fish Potato Puffs Zucchini Mandarin Orange Slices Drawing of the TIXS for BYE-BYE BIRDIE !</p>
18	19	20	21	22
<p>Dr. Martin Luther King Jr. Day! DEPOT CLOSED!</p>	<p>Pie Day BBQ Rib Patty Whipped Potato Squash Combo Peas & Pearl Onions Pie w/Topping</p>	<p>Yankee Pot Roast w/Gravy Boiled Potatoes Mixed Vegetables Vanilla Pudding w/Topping</p>	<p>Chicken Rice Soup Sausage & Peppers Tossed Salad Orange</p>	<p>LUCKY LUNCH Oven Fried Fish Peas & Carrots Tossed Salad Apricot Halves 12:30 PM FINANCIAL 1ST AID PROGRAM!</p>
25	26	27	28	29
<p>Cream of Broccoli Soup Philly Cheese Steak Diced Squash Fruited Jello w/Topping 1:00 PM DeCluttering Program !</p>	<p>Meatballs & Tomato Sauce Grinder Tossed Salad Seasonal Fresh Fruit</p> 	<p>Baked Chicken w/ Sautéed Onions White/Wild Rice Combo California Blend Veg. Unfrosted Brownie 1:00 PM Pasta Vita Trip!</p>	<p>Ham w/Pineapple Glaze Sweet Potatoes Petite Peas Applesauce</p>	<p>LUCKY LUNCH w/“Meet Madison” JUDGE JONGBLOED Eggplant Parmesan Tossed Salad Corn Oatmeal Raisin Cookie</p>

HAPPY BIRTHDAY TO ALL THE JANUARY BIRTHDAYS!

Celebrate with us on Birthday Cake Day!



We are fully aware that emergencies arise that cannot be controlled. Please remember that when you order lunch with the Café, it must be ordered 24 hrs in advance with account for wasted lunches not consumed. If you cannot attend a luncheon that you have reserved, please call 245-5686, even to leave a message on the answering machine. If you cancel a trip or call the office to say you are not coming in, please call the Café in addition to cancel lunch. There may be last minute calls to fill these spots.

Thank you for your cooperation.

BEGINNING; JANUARY 1, 2010...

Please let Joan know by the 1st of the month that your birthday is in the month. Join us on **Birthday Cake Day** and receive a special surprise to celebrate your day! (**Attendance required on Birthday Cake Day!**) This month January 14th.

Thank you to our wonderful volunteers in the lunchroom!

FITNESS & MOVEMENT

SESSION DATES:

9:00 – 10:00 AM Depot, LL
Monday, Wednesday & Friday.
Class Fees-Monday-\$21,
Wednesday-\$27, Friday-\$27.



Low impact Aerobics for mature folks interested in maintaining & continuing good health. Good Cardiovascular Workout combined with Muscle & Joint Strengthening. Bring Sneakers, Cool, Comfortable Clothing & Floor Mat.

SENIORS-IN-MOTION

10:15 – 11:15 AM, Depot, UL
Wednesday.
\$27.00 Class Fee.



An exercise class designed especially for seniors who want more than just a Chair-Exercise. Involves some standing. Improve balance, strength & stability.
Same dates as Wednesday; Fitness & Movement Classes.

CHAIR EXERCISE CLASS

10:30 – 11:30 AM, Depot, UL
Mondays & Fridays
Class Fee: Free.

New participants welcome any time! Class designed for those who need to exercise while seated. Benefits: Muscle Toning, Joint Flexibility & Cardiovascular Strength. Same dates as the Monday & Friday Fitness & Movement Classes. (ChairExercise)
Same dates as Fitness & Movement Classes.

EXERCISE & RELAX

w/HATHA YOGA w/Pat Velleca.
Tuesday & Thursday
@ Memorial Town Hall. \$63.00 Class Fee.

Yoga techniques are used to increase circulation & relaxation. Know your body physically & mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control & an increase in energy. Suitable for all ages & conditions. Loose clothing & mats needed.

ART 101 – Tuesdays, 1:30 – 3:30 PM
Registration Fee: \$5.00.



Art class taught by Muriel Waldvogel. Learn at your own pace & level of ability. Instruction in Drawing, Charcoal, Pastel, Watercolor, Acrylics & Oils. Please stop by the Depot for a list of supplies needed.

BINGO

St. Margaret's Bingo...
NO January OR February Programs!

Thank you to the St. Margaret's

Bingo Volunteer Coordinators! See you in March!

Join us @ the Depot for Bingo; Wednesday, January 13, 2010.

CARD PLAYING

Tuesdays & Thursdays 1:00 – 4:00 PM
Set-back games to start January 5, 2010!

Depot, Upper Level. Bridge, Canasta, Pinochle & Mah Jongg.
Call Depot to express interest, especially for interest in pinochle!

QUILTING

Looking for new members!
Pre-register in the Depot.



Attention Quilters- Looking for new members!

A great space to work! No instructor. Use of studio space. Call to ask about dates for use of space. **Special announcement of possible NEW program in the SPRING @ the Advisory Meeting!**

MONTHLY SERVICES AT THE DEPOT. . .

<p>MEDICARE COUNSELING ... Unbiased information & assistance on Medicare, supplemental insurance, & Medicaid.</p>	<p>Carlos A. Maynard volunteers to assist Madison residents w/Medicare questions. "Medicare Monday" 9:00 to 11:00, <u>by appointment.</u> 1st Monday of the month. Call Heather @ 245-5687 to schedule an appointment.</p>
<p>BLOOD PRESSURE CHECK 12:45 PM @ the Depot. January 11 & 25, 2010</p>	<p>Service provided by VNA Services. BP Clinics held the 2nd & 4th Monday of the month @ the Depot. You may also have your BP checked the 1st & 3rd Tuesday of the month from 8:30-10:30 AM @ the Strong House. <u>Blood Pressure Monitor also available for use in office. Just ask!</u></p>
<p>LEGAL ASSISTANCE, 3RD Thursday Monthly, Next date: January 21, 2010. 9:00 – 10:00 AM. <u>By appointment only!</u></p>	<p>Attorneys Thomas Cronan, Michael Sweeney & Timothy Shields offer counseling services on a one-on-one basis. <u>Appointments Required.</u> Call the Depot 245-5627 to make an appointment. Thank you to our legal team for their monthly assistance!</p>



AARP DRIVING SAFETY PROGRAM COURSES 2010

The Guilford & Madison Senior Centers have created a Shoreline Guilford/Madison AARP Safe Driving Class offered to seniors to sharpen driving skills & enjoy a discount on auto insurance. State law mandates that people 60 & older are entitled to a minimum 5% discount on the liability portion of their policy upon completion of the two-day, 8-hour course.

Classes held @ Guilford Community Center: January 14-15, 1:00-5:00 PM, February 10-11, 1:00-5:00 PM, March 10-11, 1:00-5:00 PM, April 21-22, 6:00-10:00 PM, May 12-13, 1:00-5:00 PM, June 9-10, 1:00-5:00 PM.

Classes held @ Madison Senior Center: July 12-13, 1:00-5:00 PM, August 9-10, 1:00-5:00 PM, September 13-14, 5:00-9:00 PM, October 4-5, 1:00-5:00 PM, November 8-9, 1:00-5:00 PM.

Advance registration required: AARP members \$12.00 & Non Members \$14.00 checks made payable to AARP. Please bring your membership card at time of registration or we must charge the full registration price.

AARP also offers an online course @ www.aarp.org/drive

Looking for AARP VOLUNTEERS FOR SAFE DRIVING INSTRUCTORS!

This is a classroom program, designed to help keep seniors driving safely for as long as possible. The program refreshes driving skills. Participants are entitled by law to get a 5% discount on the liability portion of their auto insurance. You will be fully trained to prepare you for your role as a DSP Instructor. You receive reimbursement for mileage and approved out of pocket expenses for each class you teach. To volunteer or to obtain additional information,

contact Cliff @ cwmcguire1@comcast.net

VOLUNTEER TODAY!

Looking for AARP VOLUNTEERS FOR TAX-AIDES

Every year new volunteers who have spent their careers dealing with numbers join the AARP Tax-Aide program. These volunteers assist low to middle income taxpayers of all ages, with special attention to those 60 & older, in completing their Federal and CT income taxes. Please consider volunteering as a Counselor &/OR Coordinator.

To volunteer, send an email to ctvoltageaide@juno.com

ART CLASSES

“ART 101” . . . Tuesdays, 1:30 – 3:30 PM-Registration Fee: \$5.00.

Instruction in Drawing, Charcoal, Pastel, Watercolor, Acrylics, Oils. Our Instructor is Muriel Waldvogel; Madison Artist, who volunteers her time and talent to teach our weekly program!

Classes are held in the Lower Level of the Depot. List of art supplies available at the Depot!

New Members Welcome!

LINE DANCING AT MEMORIAL TOWN HALL

Gayle Melonson is our Line Dancing Instructor for seniors & class is held Mondays-1:30 PM @ the Memorial Town Hall.

Pre-register @ the Depot or Beach & Recreation Department for any session, prior to start of class.

Program # 400301A-1/4/10-2/22/10. \$19.50. (Out of town residents -\$5.00 additional fee.)

Please try to register for the session before the first day of class. Thank you for you cooperation!

MAH JONGG Thursdays: 1:00-4:00 PM.

SET BACK BEGINS !

Tuesday & Thursday -1:00-4:00 PM

Play begins January 5, 2010!

If you cannot begin play with us then please call the Depot to place your name on the interest list for future games!

The Beach & Recreation Department has published the *RECREATOR* !

Please take some time to look through the booklet (copies available @ the Depot).

Consider learning a skill or talent. Recreation is a wonderful outlet to stay healthy and a wonderful way to reduce stress. Senior Friendly programs are denoted with a ☺.

If you have any ideas for a new program that you would like to see...

Consider joining the ADVISORY GROUP- which meets on

Wednesday, January 6, 2010 @ 10:00 AM @ the Depot or call us with your input!

PROGRAMS & TRIPS

Check the Monthly Calendar for daily events & trips!...

**AND PLEASE REMEMBER TO PRE-REGISTER for ALL EVENTS & PROGRAMS
TO AVOID CANCELLING PROGRAMS!**

REFUND REQUESTS WILL BE ISSUED IF A SEAT CAN BE FILLED FROM THE WAITING LIST!

(REGS. OPENS; January 4th for all programs-Pre-Registration required for ALL events!)

JANUARY'S MUSEUM OF THE MONTH...Sign up now!

FLORENCE GRISWOLD MUSEUM W/LUNCH

Friday, January 8, 2010

An all inclusive visit to the Museum. Includes the "Magic of Christmas" & the fantasy trees. Enjoy the 12 ft Artist Tree & 100 painted palettes donated to Miss Florence's Tree from across the country. Guided tour includes the current exhibit; "Call of the Coast" w/paintings of the coastline of New England. See how many are familiar to you!

Tasty buffet lunch provided by "Cloud Nine" caterers included in the visit!

Leave Depot @ 9:30 AM. Admission, guided tour, delicious buffet lunch, & transportation. \$30.00.

BYE-BYE BIRDIE @ POLSON SCHOOL

The Backstage Players are performing a wonderful production of **BYE-BYE BIRDIE!**

The dates and times of the show are; **January 22 @ 7:00 PM, January 23 @ 7:00 PM, January 24 @ 3:00 PM, January 29 @ 7:00 PM & January 30 @ 3:00 PM.** We will be having a drawing for tickets to the show which have been donated to the Senior Center. Drop your name in the box @ the Depot office. The drawing will be held in the Senior Café on the Friday, January 15th during lunch! Join us for lunch! No bus transportation to performance.

MOHEGAN SUN OVERNITE! Additional bus added to satisfy wait-list!

Wednesday & Thursday; January 20-21, 2010.

Enjoy an affordable overnight to this extraordinary hotel. 34 stories tall w/1,200 luxury rooms & suites!

Enjoy your day at the Casino with its amazing shops, entertainment & architectural adventure at every turn, including the 7 story waterfall, planetarium dome & Wombi Rock formations! A glowing crystal mountain of imported stone which is a focal point for the *Casino in the Sky!* Trip includes motorcoach transportation, hotel stay, baggage handling, taxes, 2 food coupons & 1 bet coupon. **\$99-Double (pp), \$149-Single.**



LION KING @ THE BUSHNELL (Wait List Only!)

Thursday, January 28, 2010.

Lion King is the winner of numerous awards including *Best Musical*, *Best Theatrical Event of the Year*, & Awards for outstanding choreography, including **Best Musical Show!**

Great show to invite a grandchild OR just enjoy this fabulous show reminiscing thoughts of childhood!

Leave Depot @ 11:30 AM for a 1:00 PM performance. \$45.00.

New Trip...FLOWERS & FELT

Monday & Tuesday, March 1 & 2, 2010

Celebrate Spring @ the **LARGEST** Indoor Flower Show in the WORLD, the **PHILADELPHIA INTERNATIONAL FLOWER SHOW** along with the excitement of an overnight stay in Atlantic City!

Includes Motor coach, 1 night @ Bally's (centrally located in the Boardwalk), \$15 Bonus, Admission to Flower Show, Reading Market Visit, bag handling, gratuities & tip! **\$193 Single, \$143 Dbl, \$133 Trp.**



Invest in your MEMORIES! RED ROCKS OF SEDONA!

May 2-7, 2010.

A wonderful trip to Arizona to enjoy this beautiful area of the United States with its unique geological area & fascinating red rock formations, desert skies & wondrous historical landmarks! The breathtaking beauty of this area has mesmerized tourists & has been voted the **MOST BEAUTIFUL PLACE IN AMERICA!** The trip includes roundtrip airfare to/from Phoenix; deluxe accommodations in Sedona (5 nights @ Poco Diablo Resort) which lies in the mouth of Oak Creek Canyon, Sedona Trolley, Chapel of the Holy Cross, Tlaquepaque, Uptown Sedona, (delightful eclectic shops & art galleries) Red Rocks Jeep Tour, OR optional Hot Air Balloon ride (\$200 plus), Grand Canyon National Park, Montezuma's Castle Monument, Toozigoot, the "Wilderness Train"-1st class train tour through the Verde Canyon, (you may glimpse a bald eagle who nest there) & visit to Old Towne Scottsdale. Professional Tour Guide-*David Singing Bear*; native to the area will share wonderful information about the area. 9 Meals-5 breakfasts, 4 dinners, (2 w/dinner shows)

Stop by the office for a flyer & to register!

\$1,580-Double (pp), \$ 2,005-Single. \$1,520-Triple.

RETURN ADDRESS:

MADISON SENIOR SERVICES COMMISSION
DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443-2691
TELEPHONE: 245-5627

PRSRRT STD
U S POSTAGE
PAID
MADISON CT
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NO. 140



DATED MATERIAL
PLEASE DELIVER PROMPTLY

LUNCHEON SPEAKER ...

Wednesday, January 6, 2010 @ 12:00 NOON in the Senior Café
FLU INFORMATION w/ focus on SWINE FLU... w/John Bowers!

Bring your ?'s



STORM CLOSINGS

Storm Closings, Delays & Cancellations will be broadcast on Channel 3 Early Warning Network for the Madison Senior Center. If in doubt call the Depot before you head out.



REGISTRATION OPENS: January 4, 2010 for all programs!
Thank you for your cooperation!