



# The Depot Express

## MADISON SENIOR SERVICES NEWSLETTER



DEPOT MEETING CENTER  
9 OLD ROUTE 79  
MADISON, CT 06443

### February 2010

OFFICE HOURS:  
8:30 AM – 4:00 PM  
MONDAY – FRIDAY

OFFICE: 245-5627

FAX: 318-0670 MUNICIPAL AGENT: 245-5687

CAFE SITE: 245-5686

#### SENIOR COMMISSION CHAIR

Patricia Melady  
VICE-CHAIR  
Maureen Lopes

#### MEMBERS:

Elizabeth Booth  
Bob Hale  
Gerard Kerins  
Barry Miller  
Wendy Oberg  
Marcy Sanders  
Judith Stigle  
Noreen Kokoruda;

Liaison to the Board of Selectmen

#### STAFF

David Melillo  
Katherine DeBurra  
Gina Millan  
Heather Castrilli  
Carrie Gazda  
BUS DRIVERS

Pat Cocchiaro  
Patricia Connelly

Michael Rand  
Helen Sneider  
EXERCISE INSTRUCTOR

Patricia Velleca  
CAFÉ MANAGER

Joan Waldron

#### Senior Recreation Advisory Group...

To attain input from YOU!

**We need your ideas for 2010!**

Meets 4 times a year! Next Meeting:  
May 12, 2010. (2<sup>nd</sup> Wed. of the month  
in May due to Sedona trip!)

Be the first to share your ideas!

Call to volunteer!

If you're feeling shy, fill out a suggestion form in the Upper Level of the Depot & drop it in the suggestion box! All ideas appreciated! Tell us what we are doing right & wrong! Box is located on the table near the elevator.

#### TOWN WEB PAGE

[www.madisonct.org](http://www.madisonct.org)

Please call the Depot if you are interested in receiving the newsletter via email!



#### Madison Senior Services Commission

Meetings are held on the third Thursday of the month. Next meeting:  
February 18, 2010 @ 5:30 PM in the Upper Level of the Depot.



#### BILLY ELLIOT ON BROADWAY

**Wednesday, February 24, 2010. Leave Commuter Lot @ 8:45 AM.**

Billy Elliot is a funny heart-warming celebration of one young boy's dream in a gripping tale of triumph over adversity. This powerful musical is a story of a boy who discovers he has a special talent for dance, while other boys are more interested in boxing. This wonderful musical has won **9 BEST MUSICAL AWARDS!** Join us for this feel-good musical about a young boy beating all the odds to fulfill his dreams! We were offered this last minute opportunity to get this great price for the show, lunch @ Bossa Nova, & transportation-so we pass it on to you! Limited seating! **\$175.00.**

#### FLOWERS & FELT

**Monday & Tuesday, March 1 & 2, 2010.**

Celebrate Spring @ the **LARGEST** Indoor Flower Show in the WORLD;  
**the PHILADELPHIA INTERNATIONAL FLOWER SHOW**

w/the excitement of an overnight stay in Atlantic City!

Includes Motorcoach, 1 night @ Bally's (centrally located in the Boardwalk), \$15 Bonus, Admission to Flower Show, Reading Market Visit, bag handling, gratuities & tip!

**\$193 Single, \$143 Double, \$133 Triple.**

#### AARP TAX ASSISTANCE PROGRAM

**Thursday Afternoons, Depot Lower Level-1:30-5:30 PM, by appointment.**

Free confidential tax counseling will be available at the Depot for **low to middle-income** taxpayers. IRS certified tax counselors will offer assistance in filing tax returns on Thursday afternoons. Taxpayers are requested to bring; ID, 2008 tax return, 2009 income reports, all 1099 forms, W-2 forms from each employer, unemployment compensation and all other forms that indicate Federal and/or Connecticut Income Taxes paid in 2009. All documents of income, deductible expenses documents & ID must be brought to the scheduled appointment.



#### SHORELINE INSTITUTE OF LIFELONG LEARNING

The Winter 2010 brochures for members are in the mail! This exciting program offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! For example a class offered this term @ the Depot:

***The Evolution of the PC; February 4, 2010 @ 3:00 PM.***

**Haven't joined SILL yet?...**

A special presentation open to the general public beyond membership!...

***The Big Bang & the Creation of our Solar System;***

***Cosmic Considerations in the Evolution of Man w/Don Rankin!***

**Wednesday, February 17, 2010; 10:00 AM-12:00 Noon @ Memorial Town Hall!**

**Invite a friend to the program!**

**Join us for Lunch @ the Depot following this great program!**

**Transportation available! Pre-registration required!**

Please call the office @ 245-5627 to register or become a member of SILL!

**Great new classes & topics- see new brochure!**



**TRANSPORTATION OPTIONS ON PG. 2**

## MUNICIPAL INFORMATION

Please **Contact Heather @ 245-5687** OR [castrillih@madisonct.org](mailto:castrillih@madisonct.org) for more information...

### TAX RELIEF PROGRAM For Information call Heather @ 245-5687

The Town of Madison Senior & Disabled Tax Relief Program will begin taking applications Feb. 1 through May 15, 2010.  
**Call Heather @ 245-5687** for information on income guidelines, filing requirements & an appointment.

### CONNECTICUT ENERGY ASSISTANCE PROGRAM

The CT Energy Assistance Program assists CT residents by paying for a portion of their heating costs for the winter season.  
To qualify, an applicant must meet specific income & asset guidelines.

**Call Heather @ 245-5687 with questions or to schedule an appointment.**

### RENT REBATE REMINDERS

Clients, who are planning to file for the Rent Rebate Program in 2010, please contact your electric company to ask for a statement showing proof of payments made in 2009. Drop off a copy, w/Heather.

This will be kept for filing in May.

### FOOD STAMPS

Eligible participants are given a set amount of money on an EBT debit card each month to use at local grocery stores.  
Monthly income guidelines: Single: \$1,671, Couple: \$2,248. There is no asset limit.

**Contact Heather for assistance with filling out an application @ 245-5687.**

### FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance.  
It is located in the back of the First Congregational Church on the Town Green. The food pantry is open Wednesdays;  
11:00 AM-3:00 PM. For transportation, please call Dial-a-Ride @ 245-5695. 48 hours notice required.

Donations to the food pantry are welcome. Please contact Community Services @ 245-3031.

### TRANSPORTATION OPTIONS

**48 HOURS NOTICE REQUIRED!**

**PRE REGISTRATION REQUIRED!**

Madison residents, age 60 or older & disabled residents have transportation service options including the fixed route Madison Senior Bus, Dial-a-Ride & Madison Community Services; Medical Transportation Program. Madison residents may call the Depot, **245-5627** to be mailed a flyer for the programs or use our website to read the information.

#### VIA SENIOR BUS-245-5627

Fixed routes to the senior center, downtown, special events, hot lunch program & Thursday grocery shopping.  
See enclosed monthly calendar for route schedule.

#### DIAL-A-RIDE-245-5695

Operation of Dial-a-Ride is a public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work.

#### COMMUNITY SERVICES-245-3031

**Medical Appointment Transportation.**

(local & surrounding areas)

**7 DAYS NOTICE REQUIRED!**

#### SHORELINE SHUTTLE

**ESTUARY TRANSIT DISTRICT ROUTE**

Route includes pickup @ the Depot & return Monday-Friday.  
Call **(860) 510-0429** to make pick-up arrangements.

**Pre-registration required.**

This 9-Town Transit Bus (Madison to Old Saybrook) connects with the Dattco Bus to New Haven  
@ the Scranton Parking Lot. **TTY 1-800-842-9710.**

#### Medicare Monday

The 1<sup>st</sup> Monday of the month, Carlos Maynard volunteers to answer questions about Medicare **by appointment.**

**Call Heather to set up an appointment @ 245-5687.**

#### Elder Law & Legal Assistance for Medicare Patients.

Call the Center for Medicare Advocacy @ **1-800-262-4414.**

#### ConnPACE

The annual registration fee is \$45.

ConnPACE will not cover Rx's not on your Med. D formulary.  
ConnPACE will cover \$34.57 toward clients Med. D Premium.  
The difference will be the client's responsibility.

If you earn less than \$1353-single & \$1821-couple;  
you will be placed on the low income subsidy program instead of ConnPACE and qualify for lower co-pays for your Rx's.

**New Simplified Process to attain...**

**Handicapped Parking Permit . . .**

New application form from the DMV available on the [www.ct.gov/dmv.org](http://www.ct.gov/dmv.org) or in the Depot office. The form is now a one page document that can be faxed by your doctor's office to the DMV expediting the process.

**Notary Services @ the Depot by Appointment:**

Heather Castrilli, Katherine DeBurra & Gina Millan.

Call the Depot for an appointment.

#### Meals-On-Wheels

Hot meals are delivered @ noontime to the homebound or just recently out of the hospital & recovering, please call (860) 388-1611; Ext. 207 **Requires 4-5 days notice.**

**Meals On Wheels Volunteer Drivers:**

The Town of Madison will reimburse drivers 32.5 cents per mile.

# MADISON SENIOR SERVICES CALENDAR

**FEBRUARY 2010 (REGISTRATION OPENS 2/1/10) - Pre-Registration required for ALL events!**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Registration Opens! 1</b>	<b>GROUNDHOG DAY! 2</b>	<b>MEET MADISON! 3</b>	<b>4</b>	<b>CRAFT PROGRAM! 5</b>
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH <b>1:00 PM GUILFORD HOUSE...</b> Learn about this new location w/a 4 star rating from Medicare! 1:30 PM Line-Dancing	9:00 AM Bus/Town <b>12:00 PM LUNCH w/ ...</b> Will the Groundhog see his shadow in PUNXSUTAWNEY, PA? 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class	9:00 AM Fit & Mov 10:15 AM Srs/Mo <b>12:00 PM LUNCH</b> w/Phil Zuckerman; Madison Probate Judge Leave Depot @ 1:00 PM for 2:00 PM performance of LIL's 90 <sup>th</sup> @ Long Wharf! \$30.00.	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg <b>1<sup>st</sup> US President elected 1789!</b> Join us for Presidential... Trivial Pursuit February 22 <sup>nd</sup> @ 1:00 PM!	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH <b>1:00 MAKE A SCARF!</b> Cozy project for the season! No sewing required! Thanks Britany & Alyssa Burlakoff; Designers of this program!
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
9:00 AM Fit & Mov 10:30 AM ChairErcise <b>11:30 AM Leave for VISIT @ the GUILFORD HOUSE</b> Lunch & a tour of this great facility! 12:00 PM LUNCH 12:45 PM Blood Pressure 1:30 PM Line-Dancing	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class	9:00 AM Fit & Mov 10:15 AM Srs/Mo <b>No ST. MARGARET'S Program in February!</b> 12:00 PM LUNCH <b>1:00 PM BINGO @ the Depot w/ 1:30 PM "Special Refreshment Program"</b> <u>Pre register for both programs!</u>	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg	9:00 AM Fit & Mov <b>10:00 AM LUNCH @ FIVE GUY'S BURGERS</b> (President Obama's favorite burger joint!) Enjoy a burger just like the President during President's month! 10:30 AM ChairErcise 12:00 PM LUNCH <b>Lincoln's Birthday!</b> ☐☐
<b>15</b>	<b>16</b>	<b>ASH WEDNESDAY! 17</b>	<b>Birthday Program! 18</b>	<b>19</b>
<b>President's Day Depot Closed!</b>	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class	9:00 AM Fit & Mov <b>10:00 AM BIG BANG w/SILL @ MTH!</b> 10:15 AM Srs/Mo <b>12:00 PM LUNCH</b> <u>"Bring a friend to lunch!"</u> Ash Wednesday-Register w/Dial-a-Ride for Church Services! Check your Church bulletins!	<b>9-10 AM LEGAL ASSISTANCE by Appt.</b> 9:00 AM – 3:00 PM Grocery Shopping <b>12:00 PM LUNCH BIRTHDAY CAKE DAY</b> Register w/Joan! 1:00 Cards & Mah Jongg 5:30 PM MSCC	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH <b>12:45 PM WAL-MART in the Guilford Plaza!</b>
<b>22</b>	<b>23</b>	<b>Great Opportunity.. 24</b>	<b>25</b>	<b>Lunch Speakers! 26</b>
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:45 PM Blood Pressure <b>1:00 PM Presidential Trivial Pursuit!</b> 1:30 PM Line-Dancing George Washington's Birthday! Join us for "Presidential" Trivial Pursuit to celebrate his day!	9:00 AM Bus/Town <b>12:00 PM LUNCH w/scavenger hunt for tootsie rolls!</b> 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class <b>First Tootsie Roll-1896!</b>	..to get last minute tickets for Billy Elliot! <b>8:45 AM Leave Depot for BROADWAY-NYC!</b> Billy Elliot-the hottest show on Broadway! \$175.00 w/lunch, transportation & show! 9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg	9:00 AM Fit & Mov 10:30 AM ChairErcise <b>12:00 PM LUNCH</b> Important Health Advice from Comfort Keepers of Guilford! (News You Can Use!)... for seniors! Special focus on Heart Health!

(re-scheduled)

The Senior Center hosts a monthly program; "Meet Madison" w/a local Madison individual to speak @ lunch in the Senior Café. This month join us for lunch on the 3<sup>rd</sup> w/Phillip Zuckerman; Madison Probate Judge.

Judge Zuckerman will present a great program titled; "PASSPORT PRIMER"!

Important information for traveling!

AARP TAX ASSISTANCE PROGRAM; Thursday Afternoons, Depot Lower Level-1:30-5:30 PM, by appointment.

**REFUND REQUESTS WILL BE ISSUED ONLY IF A SEAT CAN BE FILLED FROM THE WAIT LIST!**

# SENIOR COMMUNITY CAFÉ

**Lunch @ 12:00 NOON! Please be on time! Lucky Lunch Fridays include a free raffle!**

1 BBQ Chicken Patty Spinach Sweet Potatoes Apricots	2 <b><u>Ground Hog Day!</u></b> Meatloaf w/Tomato Sauce Oven Roasted Potatoes Corn Golden Delicious Apple	3 Cream of Broccoli Soup Philly Cheese Steak Garden Salad Fruited Jell-O w/Topping	4 Beef Patty w/Sautéed Onions Tater Tots Petite Peas Fruit Cocktail	5 <b><u>LUCKY LUNCH</u></b> Whole Grain Crunchy Fish Red Bliss Potatoes Creamy Cole Slaw Tapioca Pudding w/Topping
8 Beef Vegetable Soup Cold Grilled Chicken w/Lettuce, Tomato & Onion Potato Salad Orange <b>12:45 PM Blood Pressure w/the VNA</b>	9 Veal Parmesan Ziti w/Marinara Sauce Tossed Salad Cupcake	10 Hearty Beef Stew Tossed Salad Mandarin Orange Sections <b>1:00 PM Bingo Program following lunch!</b> 	11 Chicken Rice Soup Sausage & Peppers Garden Salad Tropical Fruit Cup	12 <b><u>LUCKY LUNCH</u></b> Oven Fried Fish Roasted Potato Tossed Salad Oatmeal Raisin Cookie
15 <b>Presidents Day!</b>  <b>Depot Closed!</b>	16 Cream of Carrot Soup Angus Burger Baked Potato Green Beans Fresh Fruit	17 <b><u>Ash Wednesday!</u></b> Cheese Ravioli Green Beans Tossed Salad Fruit Cocktail 	18 <b><u>Birthday Cake Day!</u></b> Roast Turkey w/Gravy w/the fixin's & a great... <b>Birthday Cake!...</b> <b>...to celebrate the February birthdays!</b>	19 <b><u>LUCKY LUNCH</u></b> Fish Fillet Whipped Potatoes Vegetable Fresh Fruit Cup <b>12:45 PM WAL-MART in the Guilford Plaza!</b>
22 <b><u>Washington's b-day!</u></b> Veal Roulade w/Gravy Whipped Potatoes Tossed Salad Slice Peaches <b>12:45 PM Blood Pressure w/the VNA</b>	23 <b><u>TOOTSIE ROLL</u></b> Yankee Pot Roast w/Gravy Potatoes Mixed Vegetables Oatmeal Raisin Cookie <b>SCAVENGER HUNT!</b>	24 Italian Wedding Soup BBQ Rib Pattie Tossed Salad Peas Clementine	25 Southern Fried Chicken Macaroni & Cheese Spinach Sweet Potato Pie	26 <b><u>LUCKY LUNCH</u></b> Eggplant Parmesan Cut Broccoli Tossed Salad Tropical Fruit Cup <b>Welcome Comfort Keepers!</b>

**"MEET MADISON"** (re-scheduled)

The Senior Center hosts a monthly program w/a local Madison individual to speak @ lunch in the Senior Café. This month join us for lunch on Wednesday, February 3, 2010 w/Phillip Zuckerman; Madison Probate Judge. Judge Zuckerman will discuss the recent changes and regulations needed to require or renew your passport!

All meals include Bread & Butter, Milk, Coffee & Tea. All Soups come with Unsalted Crackers.  
All Soups, Entrees, Gravies, Sauces, Salad Dressings & Desserts are Low Fat, Low Sodium.

## HAPPY BIRTHDAY TO ALL THE FEBRUARY BIRTHDAYS!

### Celebrate with us on Birthday Cake Day!

**Please let Joan know by the 1<sup>st</sup> of the month that your birthday is in the month. Join us on Birthday Cake Day and receive a special surprise to celebrate your day! (Attendance required on Birthday Cake Day!) This month; February 18, 2010.**

We are fully aware that emergencies arise that cannot be controlled. Please remember that when you order lunch with the Café, it must be ordered 24 hrs in advance with account for wasted lunches not consumed. If you cannot attend a luncheon that you have reserved, please call 245-5686, even to leave a message on the answering machine. If you cancel a trip or call the office to say you are not coming in, please call the Café in addition to cancel lunch. There may be last minute calls to fill these spots.

Thank you for your cooperation.

**Thank you to our wonderful volunteers in the lunchroom!**



**FITNESS & MOVEMENT**

**SESSION DATES:**

**9:00 – 10:00 AM Depot, LL**  
**Monday, Wednesday & Friday.**  
**Class Fees-Monday-\$21,**  
**Wednesday-\$27, Friday-\$27.**



Low impact Aerobics for mature folks interested in maintaining & continuing good health. Good Cardiovascular Workout combined with Muscle & Joint Strengthening. Bring Sneakers, Cool, Comfortable Clothing & Floor Mat.

**SENIORS-IN-MOTION**

**10:15 – 11:15 AM, Depot, UL**  
**Wednesday.**  
**\$27.00 Class Fee.**

An exercise class designed especially for seniors who want more than just a Chair-Exercise. Involves some standing. Improve balance, strength & stability.

**Same dates as Wednesday; Fitness & Movement Classes.**

**CHAIR EXERCISE CLASS**

**10:30 – 11:30 AM, Depot, UL**  
**Mondays & Fridays**  
**Class Fee: Free.**



New participants welcome any time! Class designed for those who need to exercise while seated. Benefits: Muscle Toning, Joint Flexibility & Cardiovascular Strength. Same dates as the Monday & Friday Fitness & Movement Classes. (ChairExercise)

**Same dates as Fitness & Movement Classes.**

**EXERCISE & RELAX**

**w/HATHA YOGA w/Pat Velleca.**  
**Tuesday & Thursday**  
**@ Memorial Town Hall. \$63.00 Class Fee.**

Yoga techniques are used to increase circulation & relaxation. Know your body physically & mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control & an increase in energy. Suitable for all ages & conditions. Loose clothing & mats needed.

**ART 101 – Tuesdays, 1:30 – 3:30 PM**  
**Registration Fee: \$5.00.**



Art class taught by Muriel Waldvogel. Learn at your own pace & level of ability. Instruction in Drawing, Charcoal, Pastel, Watercolor, Acrylics & Oils. Please stop by the Depot for a list of supplies needed.

**BINGO**

**St. Margaret's Bingo...**  
**NO January OR February Programs!**

**Thank you to the St. Margaret's**

**Bingo Volunteer Coordinators! See you in March!**

**Join us @ the Depot for Bingo; Wednesday, February 10, 2010.**

**CARD PLAYING**

**Tuesdays & Thursdays 1:00 – 4:00 PM**  
**Set-back games started January 5, 2010! Fun!**

**Depot, Upper Level. Bridge, Canasta, Pinochle & Mah Jongg.**  
**Call Depot to express interest, especially for interest in set-back & pinochle!**

**QUILTING**

**Looking for new members!**  
**Pre-register in the Depot.**



**Attention Quilters- Looking for new members!**

A great space to work! No instructor. Use of studio space.

Call to ask about dates for use of space.

**NEW program in the SPRING – Quilts for a CAUSE!**

***MONTHLY SERVICES AT THE DEPOT. . .***

<p><b>MEDICARE COUNSELING ...</b>  <b>Unbiased information &amp; assistance</b>  <b>on Medicare, supplemental insurance,</b>  <b>&amp; Medicaid.</b></p>	<p><b>Carlos A. Maynard volunteers to assists Madison residents</b>  <b>w/Medicare questions.</b>  <b>“Medicare Monday” 9:00 to 11:00, <u>by appointment.</u></b>  <b>1<sup>st</sup> Monday of the month. Call Heather @ 245-5687 to schedule an appointment.</b></p>
<p><b>BLOOD PRESSURE CHECK</b>  <b>12:45 PM @ the Depot.</b>  <b>February 8 &amp; 22, 2010</b></p>	<p>Service provided by VNA Services. BP Clinics held the 2<sup>nd</sup> &amp; 4<sup>th</sup> Monday of the month @ the Depot. You may also have your BP checked the 1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesday of the month from 8:30-10:30 AM @ the Strong House.  <b><u>Blood Pressure Monitor also available for use in office. Just ask!</u></b></p>
<p><b>LEGAL ASSISTANCE, 3<sup>RD</sup> Thursday</b>  <b>Monthly, Next date: February 18, 2010.</b>  <b>9:00 – 10:00 AM.</b>  <b><u>By appointment only!</u></b></p>	<p>Attorneys Thomas Cronan, Michael Sweeney &amp; Timothy Shields offer counseling services on a one-on-one basis.  <u>Appointments Required.</u>  <b>Call the Depot 245-5627 to make an appointment.</b>  <b>Thank you to our legal team for their monthly assistance!</b></p>



**AARP DRIVING SAFETY PROGRAM COURSES 2010**

The Guilford & Madison Senior Centers have created a Shoreline Guilford/Madison AARP Safe Driving Class offered to seniors to sharpen driving skills & enjoy a discount on auto insurance. State law mandates that people 60 & older are entitled to a minimum 5% discount on the liability portion of their policy upon completion of the two-day, 8-hour course.

**Classes held @ Guilford Community Center: February 10-11, 1:00-5:00 PM, March 10-11, 1:00-5:00 PM, April 21-22, 6:00-10:00 PM, May 12-13, 1:00-5:00 PM, June 9-10, 1:00-5:00 PM.**

**Classes held @ Madison Senior Center: July 12-13, 1:00-5:00 PM, August 9-10, 1:00-5:00 PM, September 13-14, 5:00-9:00 PM, October 4-5, 1:00-5:00 PM, November 8-9, 1:00-5:00 PM.**

***Advance registration required: AARP members \$12.00 & Non Members \$14.00 checks made payable to AARP. Please bring your membership card at time of registration or we must charge the full registration price.***

**AARP also offers an online course @ [www.aarp.org/drive](http://www.aarp.org/drive)**

**Looking for AARP VOLUNTEERS FOR SAFE DRIVING INSTRUCTORS!**

This is a classroom program, designed to help keep seniors driving safely for as long as possible. The program refreshes driving skills. Participants are entitled by law to get a 5% discount on the liability portion of their auto insurance. You will be fully trained to prepare you for your role as a DSP Instructor. You receive reimbursement for mileage and approved out of pocket expenses for each class you teach. To volunteer or to obtain additional information,

contact Cliff @ [cwmcguire1@comcast.net](mailto:cwmcguire1@comcast.net)

**VOLUNTEER TODAY! TAX ASSISTANCE PROGRAM begins February 4, 2010.**

**Looking for AARP VOLUNTEERS FOR TAX-AIDES**

Every year new volunteers who have spent their careers dealing with numbers join the AARP Tax-Aide program. These volunteers assist low to middle income taxpayers of all ages, with special attention to those 60 & older, in completing their Federal and CT income taxes. Please consider volunteering as a Counselor &/OR Coordinator.

To volunteer, send an email to [ctvoltaxaide@juno.com](mailto:ctvoltaxaide@juno.com)

**ART CLASSES**

“ART 101” . . . Tuesdays, 1:30 – 3:30 PM-Registration Fee: \$5.00.

Instruction in Drawing, Charcoal, Pastel, Watercolor, Acrylics, Oils. Our Instructor is Muriel Waldvogel; Madison Artist, who volunteers her time and talent to teach our weekly program!

Classes are held in the Lower Level of the Depot. List of art supplies available at the Depot!

**New Members Welcome!**

**LINE DANCING AT MEMORIAL TOWN HALL**

Gayle Melonson is our Line Dancing Instructor for seniors & class is held Mondays-1:30 PM @ the Memorial Town Hall.

Pre-register @ the Depot or Beach & Recreation Department for any session, prior to start of class.

**Program # 400301A-1/4/10-2/22/10. \$19.50. (No 2/15/10 ) Program # 300301A-3/1/10-4/5/10. \$19.50**

**(Out of town residents -\$5.00 additional fee.)**

**Please try to register for the session before the first day of class. Thank you for you cooperation!**

**MAH JONGG Thursdays: 1:00-4:00 PM.**

**SET BACK!**

**Tuesday & Thursday -1:00-4:00 PM**

**Please call the Depot to place your name on the interest list for future games!**

**The Beach & Recreation Department has published the *RECREATOR* !**

**Please take some time to look through the booklet (copies available @ the Depot).**

**Consider learning a skill or talent. Recreation is a wonderful outlet to stay healthy and a wonderful way to reduce stress. Senior Friendly programs are denoted with a ☺.**

**If you have any ideas for a new program that you would like to see...**

**Consider joining the ADVISORY GROUP or call the Depot with your input!**

## PROGRAMS & TRIPS

Check the Monthly Calendar for daily events & trips!...

**AND PLEASE REMEMBER TO PRE-REGISTER for ALL EVENTS & PROGRAMS  
TO AVOID CANCELLING PROGRAMS!**

**REFUND REQUESTS WILL BE ISSUED IF A SEAT CAN BE FILLED FROM THE WAITING LIST!**  
(REGS. OPENS; February 1<sup>st</sup> for programs-Pre-Registration required for ALL events!)

### **No FEBRUARY MUSEUM OF THE MONTH!**

Watch for the great program offering coming to the center from the Peabody Museum!

A "Museum on the Road" program visits the center in March!

### **LIL'S 90<sup>TH</sup> @ THE LONG WHARF THEATRE**

**Wednesday, February 3, 2010.**

Enjoy this wonderful story @ a matinee performance w/great seats to see the show.

Lillian nears a milestone birthday and she and family are putting the finishing touches on the much-anticipated party. Written by Darci Picoult, this playful yet poignant play with a message that when reason fails, "**IT IS THE POWER OF LOVE TO STAND THE TEST OF AGING!**" Leave Depot @ 1:00 PM for a 2:00 PM performance. **\$30.00.**

### **GREAT WEEKEND EVENT!...**

**"BEARS IN Connecticut!"**

**Saturday, February 27, 2010.**

10:00 AM Lecture @ St. Andrew's Church presented by Felicia Ortner, Master Wildlife Conservationist and bear enthusiast.

Followed by a guided walk of Bauer Park on Copse Road. At 1:00 PM there will be an open house to celebrate the 20<sup>th</sup> anniversary of the donation of the Bauer Farm by Erwin Bauer to the Town of Madison!

Bus transportation available! Dress appropriately for the weather and outdoor activities!

**Last day to register for program; February 19, 2010!**

### **IRISH CABARET**

**Wednesday, March 17, 2010.**

**St. Patrick's Day Celebration w/Ed Ryan (Comedian, Singer, & Storyteller) to enjoy a wonderful lunch @ J.J. Sullivan's. Coffee & Danish upon arrival, Garden Salad, Corned Beef & Cabbage, Chicken Florentine OR New York Strip, Potato, Vegetable, Irish Soda Bread, Coffee, Tea, & Dessert. Leave the Depot @ 10:00 AM. \$55.00.**

### **ANNIE GET YOUR GUN @ THE GOODSPEED!**

**Wednesday, April 28, 2010 @ 2:00 PM.**

Center Orchestra Seats for this wonderful musical @ the Goodspeed! Enjoy this great musical w/lyrics written by Irving Berlin! The story fictionalizes the life of Annie Oakley-a sharp shooter from Ohio! (Ethel Merman starred in a great production of this in 1946!) Hit songs include; "There's No Business Like Show Business!" "Doin What Comes Natur'ly!" "You Can't Get A Man With A Gun!" & "Anything You Can Do." to name a few and bring a memorable smile to your thoughts! Leave Depot @ 1:00 PM for the 2:00 PM performance! **\$55.00.**



### **Invest in your MEMORIES! RED ROCKS OF SEDONA!**

**May 2-7, 2010. (Wait List Only!)**

A wonderful trip to Arizona to enjoy this beautiful area of the United States with its unique geological area & fascinating red rock formations, dessert skies & wondrous historical landmarks! The breathtaking beauty of this area has mesmerized tourists & has been voted the **MOST BEAUTIFUL PLACE IN AMERICA!** The trip includes roundtrip airfare to/from Phoenix; deluxe accommodations in Sedona (5 nights @ Poco Diablo Resort) which lies in the mouth of Oak Creek Canyon, Sedona Trolley, Chapel of the Holy Cross, Tlaquepaque, Uptown Sedona, (delightful eclectic shops & art galleries) Red Rocks Jeep Tour, OR optional Hot Air Balloon Ride (\$200 plus), Grand Canyon National Park, Montezuma's Castle Monument, Toozigoot, the "Wilderness Train"-1<sup>st</sup> class train tour through the Verde Canyon, (you may glimpse a bald eagle who nest there) & visit to Old Towne Scottsdale. Professional Tour Guide-*David Singing Bear*; native to the area will share wonderful information about the area. 9 Meals-5 breakfasts, 4 dinners, (2 w/dinner shows)

Stop by the office for a flyer & to register!

**\$1,580-Double (pp), \$ 2,005-Single. \$1,520-Triple.**

**RETURN ADDRESS:**  
MADISON SENIOR SERVICES COMMISSION  
DEPOT MEETING CENTER  
9 OLD ROUTE 79  
MADISON, CT 06443-2691  
TELEPHONE: 245-5627

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**DATED MATERIAL  
PLEASE DELIVER PROMPTLY**

**GREAT- Last-Minute OPPORTUNITY!...**  
..to get tickets for Billy Elliot! The hottest show on Broadway!  
Wednesday, February 24, 2010!  
Leave Commuter Lot @ 8:45 AM for BROADWAY-NYC!  
\$175.00 w/transportation, lunch @ Bossa Nova & show!

**TAX RELIEF PROGRAM...**  
**For Information call Heather @ 245-5687**

The Town of Madison, Senior & Disabled Tax Relief Program will begin taking applications  
February 1 through May 15, 2010.  
Call Heather @ 245-5687 for information on income guidelines, filing requirements & an appointment.

**STORM CLOSINGS**

Storm Closings, Delays & Cancellations will be broadcast on Channel 3 Early Warning Network for the  
Madison Senior Center. If in doubt call the Depot before you head out.



**REGISTRATION OPENS; February 1, 2010 !**  
Thank you for your cooperation!