

Trends & Traditions

April 2014



Madison Senior Center



MUSEUM OF THE MONTH TRIP

Take a docent tour of the "Brass City" (Waterbury) *Mattatuck Art Galleries* featuring artwork by American artists from the 18th-20th centuries. Then on to a

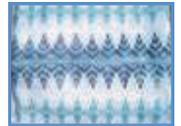
self-guided tour of the History Center and the Button Museum (displaying over 10,000 buttons!). Lunch at "The Riverhouse Café," *please call for meal choice*. Finally, we stop at *Fascia's Chocolate Factory* for a tour and make your own chocolate bar. Fascia's was named "Best Chocolates in CT" by CT Magazine in 2012. Depart MSC at 9, return by 4 pm.

Friday, April 25th

Fee is all inclusive: \$34

Swedish Weaving

Swedish Weaving is a very relaxing and fun needle craft that dates back centuries. The beauty of this needle-craft is that it only requires a few items: Monk's cloth, 4-ply yarn, a #13 yarn needle, scissors, a pattern, and the desire to create a unique, impressive handcraft. We will start with a small project. The instructor will explain, at the first class, what is needed.



Tuesday, April 22nd

10:45-12:15pm

Pre-Registration is required

FREE

Volunteer Celebration!

Join us as we thank our tireless group of Volunteers with a luncheon in their honor. Volunteers are a vital component to the offerings at the Senior Center and they all deserve our recognition and thanks. Lunch will consist of pizza, salad & cake.

Please register at the Senior Center by Wed. April 16th

Mon. April 21st at 11:30

\$5 per person



VNA Classes



Stronger Seniors

Weds. & Fris. 1-2pm

An education and exercise program focusing on heart health and fall prevention. For all exercise levels. Classes will be held from April 9 to June 27, no class on April 18.

12 week program

Fee: \$15

Master Your Medications

April 22nd 1-2pm

Learn safe and effective ways to manage your medications and who to go to for answers. Get answers and tips on talking to your doctor and pharmacist as well as organizing your daily regimen and medication record.

FREE

Be Your Own Health Care Hero

May 6th 1-2pm

Speak up! Ask questions! Be Prepared. Learn various ways to improve communication with your Health Care provider.

FREE

Recipe for Healthy Stress

June 10th 1-2pm

Seniors face many different stressors caused by the changes that occur in their later years. This program focuses on the many "ingredients" needed for older adults to have a healthy balance of stress, including: laughing, journaling and breathing techniques.

FREE

The *Adventurous* Culinary Club

Come on a culinary adventure with us to explore cuisines from around the world and make new friends! We will meet the first Friday of every month and go somewhere new for lunch. CT has a rich mix of cultures and culinary interests from Italian to Bosnian cuisine. There is something for everyone. Prices will vary so ask us to show you a menu.



Friday, April 4th

Depart MSC at 11:00

Saigon City in Old Saybrook (*Vietnamese/Thai Cuisine*)

Fee: \$2

LOCAL AUTHOR SERIES

Susan Santangelo

"Retirement Can Be Murder"

Baby Boomer Mysteries



Susan Santangelo, local author, has been a feature writer, drama critic and editor for daily and weekly newspapers in the New York metropolitan area, including a stint at Cosmopolitan magazine. A seasoned public relations and marketing professional, she produced special events for Carnegie Hall's Centennial.

"Retirement Can Be Murder" tackles the potential emotional impact of retirement on a typical baby boomer couple, Jim and Carol Andrews. Her plans to stall his retirement end in her husband being suspected of murdering his retirement coach. Midwest Book Review calls it "an entertaining and lighthearted read from a real pro." Pre-registration required

Monday, April 28th at 1:00

FREE

Very Important Newsletter Notice

If you haven't already, please contact us by May 1st if you wish to continue receiving our newsletter by mail. at (203) 245-5627 or gillespiee@madisonct.org. If we don't hear from you we will assume you wish to be removed from the list.



MADISON SENIOR CENTER

29 Bradley Road, Madison, CT 06443

PHONE: (203)245-5627

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Monday-Friday 8:30-4:00pm

SR. COMMUNITY CAFÉ

(203) 245-5686

For lunch reservations call before noon the day before and leave a message.

DIAL-A-RIDE (203)245-5627

Operates on Mondays, Wednesdays and Fridays only. 48 hour notice required.

MUNICIPAL AGENT FOR THE ELDERLY (203) 245-5687



SENIOR COMMISSION

Chair: Maureen Lopes
 Vice-Chair Dr. Gerard Kerins
 Members..... Mitchell Cohan
 Patricia Melady
 Sheri Puricelli
 Wendy Oberg
 Marcy Sanders
 Craig Bernard

The Senior Commission meets on the second Thursday of the month at the Senior Center. The next meeting will be April 10th at 5:30pm

LIAISON TO BOARD OF SELECTMAN.....Diane Stadterman

SENIOR CENTER STAFF

Sr. Services Manager Austin Hall
 Municipal Agent Heather Castrilli
 Program Coord Kristen Caramanica
 Secretary: Ellie Gillespie
 Bus Driver: Michael Rand
 Bus Driver: Helen Sneider
 Bus Driver: Pat Cocchiaro
 Bus Driver Dennis Marron
 Bus Driver Domenick Vitti
 Café Manager..... Jodie Shevlin

SENIOR & DISABLED TAX RELIEF PROGRAM

Monday, February 3rd, 2014 - Thursday, May 15th, 2014.

The Town of Madison and State of Connecticut offer tax relief for ages 65 and older, or totally disabled residents, that own and occupy their property as a primary residence. There are income, age, and residency requirements in order to be eligible and qualify for a discount. Stop in for a complete list of updated guidelines. A qualifying applicant will receive a discount off of their property taxes beginning July 2014. **2013 income taxes must be filed prior to appointment.**

Maximum Qualified Income \$62,720.

TAX DEFERRAL PROGRAM

Monday, February 3rd, 2014 - Thursday, May 15th, 2014

The Town of Madison offers a tax deferral program for ages 65 and older or totally disabled residents, who own and occupy their property as a primary residence. A qualifying applicant will be able to defer up to 100% of the real estate tax, not to exceed \$6,000 in one-tax year. Tax deferrals will be secured by a lien against the property with a current interest rate of 100%. To be eligible, applicant's mortgages, home equity and other liens cannot exceed the assessed value of their homes. Stop in for a complete list of updated guidelines. **Maximum Qualified Income \$62,720. 2013 income taxes and tax relief application must be filed prior to applying for a deferral. Application intake at the Town Assessor's Office.**

MEDICARE SAVINGS PROGRAM

Updated Program limits

Helps to pay the monthly Medicare Part B premiums for qualifying participants. Depending on income level this program may also lower co-pays for prescriptions to between \$2.60 - \$6.50, and may cover co-pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program. **Monthly Max. Income: Single: \$2,393.58 & Couple: \$3,225.06**

SNAP PROGRAM (Formerly Food Stamps).

Helps offset food expenses. Money is given to eligible participants monthly, on an EBT debit card to use at local grocery stores.

Monthly Max. Income: Single: \$1,671, Couple: \$2,248.

START COLLECTING YOUR PAPERWORK - RENT REBATE

Application intake begins Friday, May 16th

Are you filing income taxes for 2013? – Must be completed by April 15th!

Call CL&P, ask them to mail you a proof of payments made in 2013.

Call your heating company and ask for proof of payments in 2013.

Call CT Water Company and ask for a proof of payments in 2013. Participants must submit proof of income for 2013, proof of rental, heating, electric, & water payments made in 2013. Eligible participants are age 65 & over or disabled & have incurred rental expenses in 2013, in Connecticut. Participants will receive a one-time check in the fall to help offset rental expenses.

2013 max. income: single: \$34,100 & couple: \$41,600

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The Pantry is located at Orchard Park off Mungertown Rd. and is open on Wednesdays from 11:00 AM – 3:00 PM. If you are unable to leave your home, but would like to use the pantry, arrangements can be made. **Transportation is available through the Senior Center. Regular Bus Pick up for Concord Meadows will be around 12:30pm.**

Safety Checklist: Are you concerned for your safety in the event of a storm or do you know someone you are worried about? The "safety check list" will be utilized in the case of an emergency. To add your name to the list, call **(203) 245-5627.**

**MEDICARE COUNSELING**

By appointment only.

NOTARY SERVICES

By appointment only.

WELL RIGHT NOW CLINICSMon., Apr. 14th & 28th 12-1:30pmVNA Community Healthcare holds Well Right Now Clinics on the 2nd & 4th Mondays of the month. Includes blood pressure check.**LEGAL ASSISTANCE**Thurs., Apr. 17th 9-10am

Attorneys from Cronan and Shields offer private 15 min. counseling services. Call the MSC for an appointment.

DIAL-A-RIDEM, W & F - 8:45 to 3:30
(203) 245-5627.

Transportation for elderly and disabled Madison residents. Rides are given in a 14-town region for medical appointments and personal business. Minimum 48-hour notice needed.

SENIOR CENTER BUS

Monday - Friday 9am to 3:30pm

A fixed route service to the MSC, downtown, grocery shopping and the center of town. Call for a schedule.

HANDICAPPED PARKING PERMIT

Available in the Senior Center office.

MEALS-ON-WHEELSby The Estuary Council of Seniors (860) 388-1611 Ext. 207
Meals delivered around noon to the homebound or recently recovering. Needs 5 days notice & doctor referral.**SENIOR CAFÉ Mon. -Fri. at Noon**

Serving people ages 60 and up or disabled folks; there is a suggested donation of \$3.00. To order: call Jodie, (203) 245-5686 by Noon the day before.

**Thursday Book Club**

The Book Club will meet at 1 pm on: April 24 to discuss

"A Life Between Two Oceans"

Discussion led by Barbara MacDonald

MSC Preview for MayLearn all about the new programs that will take place during the month ahead. Do you have questions about the Newsletter? Do you have suggestions for new programs or special events?
Wed., April 16th 12:30pm**TECH SUPPORT***Have an iPad or a smart phone and don't know how to use it?
"Facebook & Skype" What's that?*Get all your questions answered for free at the Madison Senior Center. Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering free "drop-in" learning sessions. Teen Volunteers will be available to answer your questions. This will take place the last Monday of every month
Mon., April 28th
4:30-5:30 pm. **FREE!!****NEW!! French Class***Parlez-vous Francais?* All levels welcome; some prior exposure to French helpful. This will be a class to learn conversational phrases and French culture. *Optional conversational French starting at 9:45am* Wed., Apr.16th-May 21st
9:45-11:15am **Fee: R\$34 | NR\$44****SSILL MOVIE MATINEE @ MSC**
FREE**"Something Light"
Fridays at 1:00 pm**

Apr. 4 th	The Lady Eve
Apr. 11 th	Ninotchka
Apr. 18 th	Smiles of a Summer Night
Apr. 25 th	The Palm Beach Story
May 2 nd	Bringing Up Baby
May 9 th	The Importance of Being Earnest
May 16 th	Mon Oncle

**Senior Singles Group**Tuesday, April 8th
at MSC at 5:30pmDinner on your own to follow
*Donohues***"Bridge Basics 3:
Popular Conventions."**It will teach the most important conventions including Stayman, Jacoby Transfers, Blackwood, and Gerber. 8 Weeks
Frid., Apr.11th-Jun. 6th No class on 4/18
10am-12 pm **Fee: R \$48 NR \$58****ART 101**

Instruction in drawing, pastel, watercolor, acrylics and oils.

Tuesdays-1:30-3:30pmInstr: M.Waldvogel **Fee \$5****Dessert Bingo!**1st Friday of the month
at 1pm Friday, April 4th**St. Margaret's Bingo April 9th**Come join us in filling and dyeing Easter Eggs. **Wed. April 2nd at 10:30 am.** We will use them for our Easter Egg Hunt we are hosting for an Egg Hunt with Pre-Schoolers from OLM. Wednesday, Apr. 9th 10am! **Lunch Bunch & Shopping**This month we will be traveling to:
Monday April 7th Shoreline Diner & Depart 11:45 pm Bishops Orchards
Mon., April 14th McDonalds for Depart 12:45pm Ice Cream & Big Y**Pinterest Snack Day** - Pinterest is a crazy new website that has everyone buzzing. It allows you to "pin" various interests online and save them as a recipe or craft. I have "pinned" a few creative, simple snacks for us to make. So join me in making them! We will meet the 3rd Wednesday of every month at 12:45-1:45. **Minimum required is 5. Apr.16th Easter Pretzel Bites \$4 May 21st Berry Crisp Parfaits \$5**



Exercise With Patty Velleca

CHAIR EXERCISES

Seated exercise. increase muscle tone, joint flexibility, and cardiovascular strength.



Mondays - 10:30 to 11:30am

April 21st-May 12th

R\$17.00/NR \$27.00 4 classes

Fridays - 10:30 to 11:30am

April 25th- May 16th

R\$17.00/NR \$27.00 4 classes

SENIORS IN MOTION

Standing & chair exercises to help improve balance, strength, and stability.

Wednesdays - 10:30 to 11:30am

April 23rd- May 14th

R\$13.00/NR\$23.00 4 classes

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase circulation and relaxation. Yoga postures provide deep tension release, self- control, & they increase energy.

Tuesdays 9:30-10:30am

April 22nd - May 20th (No class 5/13)

R\$33.00/NR\$43.00 4 classes

Thursdays 3:00-4:00pm

April 24th- May 15th

R\$33.00/NR\$43.00 4 classes

FITNESS & MOVEMENT

Low impact aerobics for continuing good health. Cardiovascular workout with muscle and joint strengthening. Light weights will be used.

Mondays - 9 to 10am

April 21st-May12th

R\$17.00/NR \$27.00 4 classes

Wednesdays - 9 to 10am

April 23rd-May 14th

R\$17.00/NR\$27.00 4 classes

Fridays - 9 to 10am

April 25th- May 16th

R\$17.00/NR\$27.00 4 classes

CAREGIVER SUPPORT GROUP

Join VNA's Caregiver Support Network expert, Molly Standley, for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers.

FREE Tues., April 15th 11am-12pm



TAICHI

T'ai Ch'uan is a gentle way of nourishing body, mind, and spirit. Practicing slow movements can improve health, vitality, balance, & concentration.



Instr.: S. Hanley

12 weeks

Monday - 9 to 10 am

3/31-6/23 (No class on 5/26). **\$25.00**

LINE DANCING



A great way to keep moving, exercise, dance and have fun!

Mondays, 2:00pm to 2:55pm

5 Class Pass R \$23 NR \$33

10 Class Pass R \$46 NR \$56

Move with Balance

Join a team of active volunteers, age 55+, who "mentor" frail elders. Have lots of fun improving your focus, concentration, memory, balance, coordination, energy levels and more. Learn fall prevention techniques. Stay sharp no matter your age!

Research has shown that the brain learns and changes throughout our lives. So come to an informational meeting and you'll learn all about this award-winning program that is both fun and transformative. **Laughter guaranteed! April 23rd at 10:30 a.m.**

WELLNESS TALKS

We are excited to once again have **Middlesex Hospital's Rehabilitation Team** which is composed of Physical Therapists, Occupational Therapists and Speech Therapists providing various informative programs to the Madison Senior Center once again! The lectures will be:

Living with Arthritis 5/22

Managing Your Back Pain..... 8/28

COPD10/23

Thursdays from 10:30-11:30am

Registration is required.



IDEAS COMMITTEE

Do you have a program idea you have been waiting to share? New Art Class, Sewing Class, Sports Discussion Group? All ideas will be considered. We are starting an "Ideas Committee" here at the Senior Center on the last Tuesday of every month. **Tuesday, April 29th at 11am.**

EXERCISE CLASSES WITH KRIS

The "exercise pass" is good for 5 or 10 classes taught by Kris and is valid until the end of the fiscal year of purchase. **Fiscal Year ends: June 30th, 2014.**

5 - Class Pass - R \$40 NR \$50

10 - Class Pass - R \$80 NR \$90

All classes taught by Kris Reaske

ZUMBA FOR ALL

Use Zumba dance steps and lively music to create your own intensity level.



Mondays - 6 to 7pm

ZUMBA GOLD

Latin inspired, easy-to-follow, calorie burning, dance fitness party. Feel the music and let loose.

Mondays - 1:00 to 1:55pm

Thursdays - 11:10 to 12:10pm

Aqua Dome "Silver Splash"

A fun and exciting class designed for active older adults, increasing muscle strength, flexibility and range of motion through water exercise. The focus of this class is building core control. Participants do not need swimming skills.

Weds. 12:00-2:00 Fee \$7/class,

Payable to Aqua Dome upon arrival

If transportation is needed inquire at the Madison Senior Center

LOW VISION DEVICE CLINIC



Are you having difficulty with everyday tasks due to low vision? Check out the many low vision devices available to help you. Marcy Sanders, an occupational therapy faculty member from Quinnipiac, will assist you in finding the best device for yourself. Drop ins are welcome. **FREE April 21st & 28th 12-1:30 pm.**

**Mohegan Sun Friday**

Every turn leads to a new adventure. Food vouchers & bet coupons included. **Depart MSC at 9am.**

Friday, April 11th

Fee: \$7

Mohegan Sun

Debbie Reynolds

Tuesday, April 15th

Join the Madison Senior Center to see the incomparable Debbie Reynolds at Mohegan Sun. Price includes: 3:00pm Reserved Show Time. Seats: lower level seating. \$30 Casino package: \$10 Meal Voucher good at any eating facility at Mohegan Sun. \$20 Free slot play/or Free Bet. **Depart MSC at 11:15 am and depart Mohegan at 5:00pm.**

Fee \$67 R | \$72 NR

The Aqua Turf

Tribute to Bobby Darin & Connie Francis

Tuesday, April 29th

Jimmy Mazz's cool vibe brings Bobby's immense talent to life performing great hits like, *Splish Splash*, *Beyond the Sea*, *Dream Lover*, and *Mack the Knife*. Eva Tereso will melt your heart when you hear her portray Connie Francis singing hit songs like, *Stupid Cupid*, *Where the Boys Are* and *Who's Sorry Now*. Sam Vinci will provide the dance music! Price includes the entertainment, Coffee & Donuts, Door Prizes, Complimentary Beverages, Salad, Pasta, Chicken Florentine, Pan Seared Salmon, Veggie, Potato, and Dessert.

Depart MSC at 9:45 am

Fee \$43.00

The Aqua Turf

Yale Whiffenpoofs & CT's Sweet Adelines

Wednesday, May 7th

The Whiffenpoofs travel extensively during the school year and take a three month world tour during the summer. World's oldest and best known collegiate a cappella group and one of Yale's most celebrated traditions. Also performing is the "sound of New England" CT Chapter of female Barbershop Singers, with more than forty women from Connecticut and Massachusetts. Price includes: Coffee & Donuts, Door Prizes, Complimentary Beverage, Salad, Pasta, Chicken Francais, Roast Beef, Veggie, Potato, and Dessert.

Depart MSC at 9:45 am

Fee \$43.00

"Who Loves You"

Tribute to Frankie Valli and the Four Seasons at the Aqua Turf

Tuesday, May 27th

What can be better than having Frankie Valli and the Four Seasons Live? This show consist of five young Broadway veterans recreating the music of the era. Choreography, staging and melodious harmonies, creating a memorable afternoon. *Sherry*, *Big Girls Don't Cry*, *Candy Girl*, *Walk Like A Man*, all the songs we love to hear. Family-style lunch menu with Garden Salad, Pasta, Chicken Francaise, Salmon with Dill Sauce, Vegetable, Potato Rolls, Desert, and Beverage.

Depart MSC at 9:45 am

Fee:\$77R | \$82NR

Newport Ice Cream Train

Thursday, June 5th

Step back and enjoy time aboard a luxury train and a scenic train ride on a 90-minute journey along Narragansett Bay. Sightseeing attractions include: Naval Base & aircraft carriers USS Forrestal & USS Saratoga; beautiful Prudence Island in Portsmouth & many handsome ships under sail. Ice Cream Parlor Car: Harken back to the good ole days— enjoy a hot dog or slice of pizza, a beverage and a soft-serve ice cream sundae with your favorite toppings! After the train ride enjoy a scenic 10-mile drive through Newport. See historic mansions on Bellevue Avenue have time for shopping and strolling on Bannister & Bowens Wharf area. Price Includes: Motor coach, train ride and ice cream, sightseeing attractions and driver's gratuity.

Depart MSC at 8:30 am (Estimated return: 6:00pm)

Fee: \$77R | \$82NR

Goodspeed Opera House

Damn Yankees (The Red Sox version)

Wednesday, June 11th

Batter Up! Just in time for baseball season comes the muscular musical comedy about a Red-Sox super fan who is transformed into a star slugger after he makes a deal with the devil and his sexy associate, Lola. Goodspeed re-imagines a Broadway classic that swings for the fences, no matter which team you root for. In the game of love and baseball, *You Gotta Have Heart*-but watch out for *Whatever Lola Wants*.

Depart MSC at 1:00 pm

Fee: \$54 R | \$59NR

9/11 Memorial and Museum

Monday, June 23rd

Visit the newly opened 9/11 Memorial, a national tribute of remembrance to honor the nearly 3,000 people killed in the terror attacks of September 11th. After our visit to the museum, enjoy a late-afternoon lunch at the famous Carmine's Italian restaurant. Your family-style meal will include Rigatoni with Broccoli and Chicken Parmigiana served with all the trimmings. There may be multiple stops. Price includes transportation, lunch, entry to the memorial and museum, a tour director and driver gratuities.

Check with us for Departure times.

Fee: \$117R | \$122NR

Rockies Rail Highlights

8 days /11 Meals/6 Breakfasts /1 Lunch /4 Dinners

Thursday, July 3rd-10th

Trip includes transportation to Bradley International Airport and round-trip airfare from Bradley International Airport to the lovely city of Calgary, Alberta. Itinerary at a glance; *Westin Hotel Calgary*, Calgary, Alberta, *The Fairmont Banff Springs Hotel*, Banff, Alberta, *Sawridge Inn and Conference Centre*, Jasper, Alberta, *Via Canada*, Toronto, Ontario, *Westin Baysshore*, Vancouver, British Columbia. Price does *not* include cancellation waiver or insurance at \$315 a person, this would be an additional charge.

Book now and you will save \$100.

Fees: Double \$3,999; Single \$4,599; Triple \$3,949

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Jennifer Jones

Director of Community Relations



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Broccoli-Stuffed Chicken, Bowtie Pasta, Green Beans, Pump. Roll, Cranapple Juice, Butterscotch Pudding, Milk</p>	<p>2 HAPPY BIRTHDAY! Beef Stew, Mashed Squash, Green Cabbage, Biscuit, Carrot Cake, Milk</p>	<p>3 Meatloaf w/ Gravy Mashed Potatoes, Peas and Onions, Oat Bread, Mandarin Oranges, Milk</p>	<p>4 Vegetarian Soup, Crackers. Baked Ziti, Italian Blend Veggies, Caesar Salad and Dressing w/ Croutons, Garlic Bread, Fresh Fruit, Milk</p>
<p>7 Herb Baked Chicken Qtr, Fresh Sweet Potato, Green Beans, Rye Bread, Fresh Fruit, Milk</p>	<p>8 Stuffed Pepper, White Rice, Carrots, Wht. Dinner Roll, Grape Juice, Lemon Cookie, Milk</p>	<p>9 Hot Open Turkey Sandwich on Wheat Bread, Steak Fries, California Veggies, Vanilla Pudding with Berry topping, Milk</p>	<p>10 Chicken Noodle Soup, Fish w/Florentine Sauce, Confetti Brown Rice, Tuscan Veggies, Multigrain Bread, Pears, Milk</p>	<p>11 Broccoli Quiche, Stewed Tomatoes & Zucchini, Tossed Salad w/ Italian Dressing, Oat Bread, Mandarin Oranges, Milk</p>
<p>14 Spaghetti and Meatballs, Broccoli, Parmesan Cheese, Herbed Breadstick, Peaches, Milk</p>	<p>15 Pork Loin w/ Gravy, Applesauce, Scalloped Potatoes, Peas & Mushrooms, Multigrain Bread, Fresh Fruit, Milk</p>	<p>16 New Orleans Chicken, Brown Rice, Oriental Blend, Wheat Bread, Pineapple Tidbits, Milk</p>	<p>17 Pineapple Juice, Glazed Ham, Swt. Potato Pone, Whole Green Beans, Rye Bread, Hot cross Bun, Milk</p>	<p>18 Closed for Good Friday</p>
<p>21 Volunteer Celebration "Pizza Party" \$5 Pre-register by April 17th</p>	<p>22 Oven Fried Chicken, Macaroni & Cheese, Spinach, Biscuit, Applesauce, Milk</p>	<p>23 Swedish Meatballs, Noodles, Green & Wax Bean Blend, Oat Bread, Peaches, Milk</p>	<p>24 Lentil Soup, Chef Salad, w/ Turkey, Ham and Cheese, French Dressing, Croissant, Mandarin Oranges, Milk</p>	<p>25 Vegetable Omelet, Roasted Tomato, Grilled Vegetables, Rye Bread, Pineapple Tidbits, Milk</p>
<p>28 Cheeseburger on Wheat Bun, Cole Slaw, Baked Beans, Fresh Fruit, Milk</p>	<p>29 Minestrone Soup, Spinach Grandioli w/ Sauce, Tossed Salad w/ Italian Dressing, Ital. Bread, Ital. Ice, Milk</p>	<p>30 Fresh Baked Ham w/ Gravy, O'Brien Potatoes, Mixed Vegetables, Oat Bread, Apricots, Milk</p>	<p><i>Please remember to make your reservation with Jodie Shevlin at (203) 245-5686 by 12 Noon the day before you plan to come for lunch . (If you want to attend on a Monday please call by noon the previous Friday.)</i></p>	



Find businesses that support your community at **SeekAndFind.com**



Madison Senior Center
29 Bradley Road
Madison, CT 06443

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IT'S BOCCE SIGN-UP TIME AGAIN!

If you want to do something social with a slight competitive edge this is for you. Bocce is held at the beautiful Madison Surf Club. **Informational meeting and sign-ups will be held on Monday, April 7th, at 10:00 am.** If you are signing up as a team, please bring a list of all team members with you. Singles will be developed into teams as needed. Registration is limited to 24 teams of 4 people each.

COMPUTER CLASSES

Computer Basics For Beginners

For the person who is new or relatively new to computers. We start with the basics - terminology, components etc. We will learn what can be done with a computer; composing a letter, e-mail, and an introduction to the Internet.

Tuesdays, April 29th - June 3rd (no class May 13th) 1 to 2 pm Fee: R \$42 | NR \$52 (5 classes)

iPad for Beginners

Learn the basics of using an iPad, terminology, components etc. What can you do with your iPad? Learn e-mail, playing games, entertaining and set a reminder of when to take your medications! Bring your iPad & Apple password.

Thursdays, April 24th – May 22nd 1 to 2 pm Fee: R \$42 | NR \$52 (5 classes)

E-Bay: and “New” Crag’s List

This is sure to be a fun class! You will learn how to Open E-bay & PayPal accounts online, search and bid on an item, pay and complete the transaction, investigate sellers, and find the best deal. Also learn how to become an eBay seller, what it costs, how to price your items, take and upload a picture, complete the sale, and the best words to describe your item. Please bring a camera, charged battery, a pad and pencil, & questions you may have. Classes are 2 hours.

Tuesdays, April 22nd– May 6th 10 to 12 pm Fee: R \$42 | NR \$52 (3 classes)

All Computer Classes offered with the Guilford Senior Center. Guilford residents will be charged the resident fee.

Ongoing Activities at the Senior Center

Bridge	Thursdays	1– 4 pm	Hand & Foot	Fridays	1– 4 pm
Canasta	Tuesdays	1– 4 pm	Knitting Group	Tuesdays & Thursdays	10a-12p
Mah Jong	Thursdays	1– 4 pm	Poker	Wednesdays	1– 4 pm
Crocheting w/ Plastic Bags	Wednesdays	1–3 pm	Walking Club	Mon and Tues.	10:00am

**There’s
LOTS to do
at the Madison
Senior Center**

