

Trends & Traditions

APRIL 2013

Madison Senior News and Activities



Senior Center Preview

Highlight discussion
"Pen Pals with Jeffrey School"

Learn all about the new programs that will take place during the month ahead. Do you have questions about the Newsletter? Do you want to learn about new programs and special events? Do you have ideas for future programs and trips? Kristen Caramanica will host this informative session.

Wednesday, April 3rd, 12:30



Volunteer Celebration!

Join us as we thank our tireless group of Volunteers with a luncheon in their honor. Volunteers are a vital component to the offerings at the Senior Center and they all deserve our recognition and thanks. Lunch will consist of pizza, salad & cake.

Please register at the Senior Center by Thurs., April 18th Wed., April 24th at 11:30 \$3 per person

It's Bocce Sign-Up Time Again!

If you want to do something social with a slight competitive edge this is for you. Bocce is held at the beautiful Madison Surf Club. Our first informational meeting and sign ups will be held on April 5th, at 10:00 am. Please RSVP to the Senior Center.



FREE CLASS DEMONSTRATION Cooking Food For Energy

A class focusing on making vegetarian cooking both fun and fulfilling. Plant based meals can help you manage your weight and **Increase Your Energy!** Learn to incorporate grains, vegetables and soy. Led by Associate Chef, Ainjali Dipaola. Thursday, April 18th 1:00-2:00pm
Pre-Registration is required

FAMILY CAREGIVER SUPPORT GROUP

Free

Join VNA's Caregiver Support Network expert, Molly Standley for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers. During the meeting, your loved ones can take part in a supervised activity run by the program director. Group will meet the 3rd Tuesday of the month. The 1st meeting is Tues., April 16th from 11:00am-12:00. Please register at the MSC.



"Journey to Health and Wellness Fair"

Save the Date

May 15th 10:00am - 7:00pm

MEDICARE "TURNING 65" SEMINAR

Wednesday, April 10th - 5:30 to 7:30pm **Free**
Are you a baby boomer? Are you confused about Medicare & the various plans? Confused by Social Security? What to learn how to maximize your retirement benefits? Key information will be discussed regarding making important decisions. Guest speakers: **Carlos Maynard**, a Medicare expert, and **Craig Bernard** of *Madison Investment Center*. **Space is limited.**

LUNCH BUNCH TRIPS

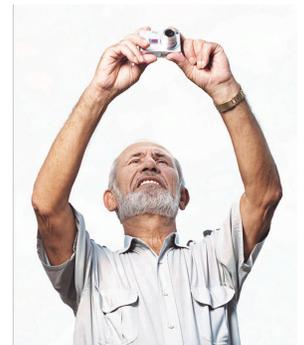
Meals on your own
Wednesday April 19th depart MSC at 11:15
Lunch at *Lenny and Joe's* in New Haven. **Bus fee \$2**
Monday April 29th depart MSC at 11:15.
Enjoy lunch at *Log Cabin Restaurant* in Clinton & shopping at *Clinton Crossing* for some shopping enjoyment. **Bus Fee: \$2**

IMAGES 2013 Photography Show & Sale at the Mill Gallery

IMAGES 2013 is the 32nd annual competition and exhibition hosted by Shoreline Arts Alliance is highly regarded for excellence statewide and is open to all residents of Connecticut. IMAGES is the only annual, statewide, professionally juried competition and exhibition open to all CT photographers.

April 8th depart MSC at 12:45pm

Bus fee: \$2



Women's Empowerment Group

Felt & Safety Planning Mon. April 8th 12:45pm A seasonal activity with felt and a discussion on safety. How do we feel physically and emotionally safe? Who are safe people to talk to.
Collage and Goals Mon. April 22nd 12:45pm Create an inspiring collage by cutting out inspiring magazines images or of things you wish to do. Discuss self-esteem and personal goals for each individual.





MADISON SENIOR CENTER

29 Bradley Road, Madison, CT 06443

PHONE: (203)245-5627

FAX: (203)245-6186

WEBSITE: www.madisonct.org/seniors

HOURS: Monday-Friday 8:30a-4:00p

SR. COMMUNITY CAFÉ

(203)245-5686

For lunch reservations call before noon the day before and leave a message.

DIAL-A-RIDE (203)245-5627

Operates on Mondays, Wednesdays and Fridays only. 48 hour notice required.

MUNICIPAL AGENT FOR THE ELDERLY (203)245-5687



SENIOR COMMISSION

- Chair:Maureen Lopes
- Vice-ChairDr. Gerard Kerins
- Secretary:Robert Hale
- Members..... Mitchell Cohan
- Patricia Melady
- Barry Miller
-Wendy Oberg
-Marcy Sanders
-Margaret Walden

The Senior Commission meets on the second Thursday of the month at the Senior Center. The next meeting will be **April 11th, 2013 at 5:30pm**

LIAISON TO BOARD OF SELECTMAN Diane Stadterman

SENIOR CENTER STAFF

- Sr. Services Manager..... Austin Hall
- Municipal Agent.....Heather Castrilli
- Program Coord.....Kristen Caramanica
- Secretary:Ellie Gillespie
- Bus Driver:..... Michael Rand
- Bus Driver:.....Helen Sneider
- Bus Driver:.....Pat Cocchiaro
- Bus Driver:.....Dennis Marron
- Bus Driver:.....Domenick Vitti
- Café Manager..... Jodie Shevlin

IMPORTANT TAX DOCUMENTS

Plan to file for state or local programs this year? Please keep all your year end 1099's & income benefit statements. Tuck forms in a safe spot for the upcoming year.

SENIOR & DISABLED TAX RELIEF PROGRAM

Friday, February 1, 2013 -Wednesday, May 15, 2013.

The Town of Madison and State of Connecticut offer tax relief for elderly & disabled residents that own and occupy their property as a primary residence. Income, age, and residency requirements in order to be eligible and qualify for the program. Stop in Center for a complete list of updated guidelines. **2012 income taxes must be filed prior to appointment. Maximum Qualified Income \$61,672.**

RENT REBATE

Monday, April 1st – Tuesday, October 1st 2013

Participants must submit proof of income for 2012, proof of rental, heating, electric, & water payments made in 2012. This proof can be obtained by contacting your landlord, oil/gas/propane company, CL&P & Connecticut Water Company. Eligible participants are age 65 & over or disabled & have incurred rental expenses in 2012, in Connecticut. **2012 max. income: single: \$33,500 & couple: \$40,900**

MADISON FOOD PANTRY

The food pantry, operated by Madison Community Services, is available for residents who need assistance. The Pantry is located at Orchard Park off Mungertown Rd and is open on Wednesdays from 11:00 AM – 3:00 PM. If you are unable to leave your home but would like to use the food pantry, a homebound delivery program is available. **Transportation available, Bus Pick up around noon.**

MEDICARE SAVINGS PROGRAM

Pay the monthly Medicare Part B premiums for qualifying participants. May lower co-pays for prescriptions to between \$2.60 - \$6.50. May also cover doctor co-pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program. **Monthly max. income: Single: \$2,356.68 & Couple: \$3,180.78**

SNAP PROGRAM (Formerly Food Stamps).

Helps offset food expenses. Money is given to eligible participants monthly, on an EBT debit card to use at local grocery stores. **Monthly Max. Income: Single: \$1,671, Couple: \$2,248.**

“SAFETY CHECK LIST”

Are you concerned for your safety in the event of a Hurricane or do you know someone you are worried about? The “safety check list” will be utilized in the case of an emergency, such as Hurricane Sandy and will provide us with the necessary information to check in on you. To add your name to the list, please contact the Senior Services Department at **(203) 245-5627.**

FOOD PANTRY DONATION LOCATION

The Madison Senior Center is now a donation location for the Madison Food Pantry. Please consider helping your local friends and neighbors with a donation.

What's Going On!!



MOVIE MATINEE @ MSC



No Fee. These movies are brought to you by **SSILL**, Movies start at 1:00pm.

April 5th “Top Hat” April 12th “Adams Rib”

April 19th “After the Thin Man” April 26th “Summer Stock”

MEDICARE MONDAY

Mon., April 1st 9 - 10:00am
 Information, counseling, & assistance for Medicare, Supplemental Insurance & Medicare Advantage Plans. Carlos A. Maynard assists by appointment only.



WELL RIGHT NOW CLINICS

Mon., April 8th and 22nd 12-1:30pm
 VNA Community Healthcare holds Well Right Now Clinics on the 2nd & 4th Mondays of the month.



LEGAL ASSISTANCE

Thurs., April 18th 9-10:00am
 Attorneys from Cronan and Sweeney volunteer counseling services on a one-on-one basis. **By appointment only: Call the Senior Center**

NOTARY SERVICES

Tues., April 9th 10am-12pm
By appointment only, on the 2nd Tuesday of the month, at the Senior Center. Please call for an appointment.

MEALS-ON-WHEELS

Prepared by The Estuary Council of Seniors (860) 388-1611 Ext. 207
 Meals delivered around noon to the homebound or recently recovering. **Requires 5 days notice & doctor referral.**

HANDICAPPED PARKING PERMIT

Available on the www.ct.gov/dmv.org or in the Senior Center office.



Spring Craft with Kristen

Wed., April 17th at 12:30pm

Join Kristen for a fun filled craft, making Flower Pot Pens! **Fee: \$4**
Register by: Mon. April 15th

Wii Bowling

Every Wednesday, 1 - 2 pm
 Seniors Across the country are playing the Wii, providing a gentle low-impact aerobic exercise.



Digital Photography Class

This course will guide you from taking a picture to processing them on your computer. Inst. Steve Smith. **Mon., April 15th-29th**
7-8:30p Fee: R:\$45 NR:\$55

SENIOR CAFÉ

Monday through Friday at Noon
 Menus available at the Reception Desk. Over age 60 or disabled: suggested donation of \$3.00. Please call Jodie at (203)245-5686 by Noon the previous day to order lunch.

DIAL-A-RIDE

M, W & F - 8:45a to 3:30p
 A transportation service designed for the needs of the elderly and disabled. Madison residents only. Rides are provided to a 14 town region for medical & legal appointments, work, & personal business. 48 hour advance notice required on a first-come, first-served basis. Call (203)245-5627 for a ride.



SENIOR CENTER BUS

Monday - Friday 9:00a to 3:30p
 A fixed route bus service to the senior center, downtown, special events, grocery shopping and other locations around town. Call the Senior Center for a schedule.



ART 101

Instruction in drawing, charcoal, pastels, watercolor, acrylics, and oils. **Tuesdays until May 28th**
1:30 - 3:30p Fee: \$5 Muriel Waldvogel

Ms. Martha's Bake Shoppe

Scones, scones, scones!

Sweet and savory scones from the same batter.
Friday, April 29th 1:45-3:45.
12 Bakers max Fee \$7



Mind Game Challenge

Do you enjoy crossword puzzles, Sudoku, word searches? Come and join us for a mental workout
Thursdays 10:30-11:30am

Bingo !

Dessert Bingo 1st Friday of the month at 1:00pm **Friday, April 5th**
St. Margaret's Church Bingo
 2nd Wed. of the month. Bingo starts at 12:00pm. Bring a bag lunch!
Wed., April 10th

TECH SUPPORT

Have an I-Pad or a smart phone and don't know how to use it? "Facebook and Skype" What's that?
 Get all your questions answered for free at the Madison Senior Center. Scranton Memorial Library Teen Advisory Group and Madison Youth & Family Services will be offering **free "drop-in"** learning sessions. Teen Volunteers will be available to answer your questions. **FREE!!**
Wednesday April 17th 10:00-11:00am
Thursday April 18th 2:00-3:00pm
Monday April 22nd 5:00-6:00pm

SHOPPING TRIPS

Bus fee is \$2, Lunch on your own

Mon. April 1st Depart MSC:1pm
Big Y in Guilford

Mon. April 19th Depart MSC 12:45pm
Bishop's Orchard Farm Store

Mon. April 29th Depart MSC 12:30pm
Christmas Tree Shop in Orange

BOOK CLUB:

Mon. April 22nd - 1 pm
Discussing:
Paris Wife

If you are already in a book club and need a place to host it, please consider us here at the MSC, we would love to have you! Looking for Book Club leaders call Kristen (203) 245-5695 if you are interested.



Coupon Exchange Club
 Bring your coupons and your scissors!
 Have fun socializing & exchanging coupons **Thursdays at 10:00am**

Exercise With Patty Velleca

CHAIR EXERCISES

Seated exercise. Focusing on muscle tone, joint flexibility, and cardiovascular strength.



Mondays - 10:30a to 11:30a

April 8th to June 24th 8 Classes
No Class May 20 & 27 R \$33 NR \$43

Fridays - 10:30a to 11:30a

April 12th to June 21st 8 Classes
No Class May 24 R \$33 NR \$43

SENIORS IN MOTION

Standing & chair exercises to help improve balance, strength, and stability.



Wednesdays - 10:30a to 11:30a

April 10th-June 26th 8 Classes
No class May 15 & 22 R \$26 NR \$36

EXERCISE & RELAX YOGA

Hatha Yoga techniques are used to increase circulation and relaxation. Yoga postures provide deep tension release, self-control, & increase energy.

Tuesdays - 3:00 to 4:00pm

April 9th-June 18th 8 Classes
No Class 5/21 R \$66 NR \$76

Thursdays - 3:00 to 4:00pm

April 11th-June 20th 8 Classes
No Class 5/23 R \$66 NR \$76

FITNESS & MOVEMENT

Low impact aerobics for continuing good health. Good cardiovascular workout with muscle and joint strengthening.

Mondays - 9:00 to 10:00am

April 8th-June 24th 8 Classes
No class 5/ 20,5/27R \$33 NR \$43

Wednesdays - 9:00 to 10:00am

April 10th to June 26th 8 Classes
No class May 15 & 22 R \$33 NR \$43

Fridays - 9:00 to 10:00am

April 12th-June 21st 8 Classes
No class May 24 R \$33 NR \$43

Crocheting with Plastic Bags



Do you know how to crochet? Come join Eleanor Wimble to learn how to make beautiful crocheted bags from recycling your plastic shopping bags. Please bring with you 2-3 colored bags, scissors and large crochet hook size (7-10).

Wed's April 3rd-April 24th 1-2:30pm
Fee \$3

TAI CHI

Tai Ch'uan is a gentle and profound way of nourishing body, mind and spirit. Practicing slow movements can improve health, vitality, balance, & concentration. Instr.: S. Hanley



Mondays - 9:00 to 10:00am

April 22nd-June 3rd 5 Classes
No class May 27th R \$44 NR \$54

Wednesdays 9:00 to 10:00 am

April 24th - May 24th 5 classes
..... R \$44 NR \$54

Tai Chi Around the World Day On the last Saturday of April each year at 10 am, tens of thousands in hundreds of cities, in over 70 nations come together to provide a healing vision for our world. This health education event's motto is "One World ... One Breath Held" at the MSC on **Sat., April 27th at 10:00am-11:00am**



LINE DANCING

A great way to keep moving, good exercise, dancing with fun people! Purchase a pass & join us. Passes last until end of June
Mondays - 2:00 to 2:55pm

5 - Class Pass R \$23 NR \$33
10 - Class Pass R \$46 NR \$56

SILVER TAPPERS CLASS

Did you love tap dancing as a child and your mother always told you not to tap in the house? All you need to do is register for the course, show up and Mardyanne will do the rest.



Thursdays - 10:00 to 11:00am

April 18th-June 13th 9 Classes (one free)
R \$72 NR \$82 - Instructor -M Goglia

Daffodil Festival

Meriden's largest and most colorful festival. This is the 35th year! A sea of fragrant yellow blossoms throughout 1,800 acre Hubbard Park. You will not only see 61 amazing varieties of daffodils, there will also be crafts, food, and entertainment.



Free admission Bus Fee \$5
Sun. April 28th Depart MSC at 9:30am

Walk with Kristen

Take a morning walk with Kristen around beautiful downtown Madison.
Tuesdays at 10:00 am

EXERCISE CLASSES WITH KRIS

The "exercise pass" is good for 5 or 10-classes taught by Kris and is valid until the end of the fiscal year of purchase. This year: June 30th, 2013.

5 - Class Pass - R \$40 NR \$50
10 - Class Pass - R \$80 NR \$90

All classes taught by Kris Reaske

BASIC PILATES CORE/FLEX

Overall strength training combined with basic Pilates this program is designed to increase body strength and core stability.

Tuesdays - 10:00 to 11:00am

SIMPLY STRETCH & STRENGTHEN

Stretching, light cardio & weight training that will develop strength, balance, and coordination. Can be done in a seated position. Anyone can do it! Join us for fun, smiles, great music and effective exercises.

Tuesdays - 11:00 to 12:00pm

ZUMBA FOR ALL

Use Zumba dance steps and lively music to create your own intensity level.

Mondays - 6:00 to 7:00pm

ZUMBA GOLD

Latin inspired, easy-to-follow, calorie burning, dance fitness-party. Feel the music and let loose.

Mondays - 1:00 to 1:55pm

Thursdays - 11:10 to 12:10pm

Middlesex Hospital

Peripheral Neuropathy

Pain, burning and change in sensation in the arms and legs are just a few things a person with peripheral neuropathy might experience. Learn what you can do to decrease your symptoms.

Thursday, April 25th 10:30-11:30a

Senior Singles Group

An active group looking for members to go to movies, luncheons, dinners, concerts, plays, outdoor activities. Interested? Call 203-245-5627. **Next Meeting: Tues. April 9th at Donohue's Restaurant in Madison at 5:30pm Dinner on your own**

Upcoming Casino Adventures



Mohegan Sun Friday

April 12th

Every turn leads to a new adventure with an indoor 55 foot waterfall, and electrifying water wall, the world's largest and most spectacular indoor planetarium dome, and a glowing crystal mountain. Upon arrival receive a food vouchers and bet coupons.

Depart MSC 9:00am, Bus Fee: \$7

The Amazing Kreskin Plus Mohegan Sun

April 16th



For six decades, he has astonished millions and dramatized the unique facets of the human mind. Kreskin has appeared on almost every variety show to be had; entertaining and spellbinding millions with his extraordinary talent and uncanny predictions. Also includes the rest of the day at Mohegan with a \$15 food credit, \$15 betting bonus and snack pack for way home all taxes and service charges, and transportation.



Depart MSC at 9:30am and return around 6pm. *This trip will return to the Senior Center after closing, so please arrange for a pickup.*

All for \$43 R and \$48NR

"Good News at the Goodspeed Opera House

Wednesday, May 8, 2013

A musical comedy. A youthful energy abounds in this signature Goodspeed musical filled with roaring nostalgia, plenty of laughter and rousing dance numbers. As game day approaches, anticipation builds on the Tait College campus but the football hero must first pass a big exam in order to play. He unexpectedly falls for his tutor, romance blooms and hijinks ensue. With songs like "You're the Cream in My Coffee," "The Varsity Drag," and "Life is Just a Bowl of Cherries," it's fun for everyone! **\$52 R \$59 NR price includes ticket to show and transportation**

Depart MSC at 12:45

Charles River Boat Cruise

Monday, May 20, 2013

Enjoy a day of cheesecake and cruising! Our first stop will be the Cheesecake Factory in Cambridge, MA. Sit back and relax on a one hour narrated cruise around the Charles River Basin. Your captain and crew will entertain and educate, pointing out the historic and cultural sights of Boston and Cambridge. Trip includes, transportation, lunch at the Cheesecake Factory, Sightseeing Cruise and Driver's Gratuity. *This trip will return to the Senior Center after closing, so please arrange for a pickup.* **\$98.00 Per Person**

Departure time TBD

Grand Oak Villa's Italian Festival starring Jack Lynn and Angelo Ruggiero

Tuesday, May 21, 2013

The Italian Festival at the elegant Grand Oak Villa in Oakville, CT. Today's show brings together to good friends. Their rat pack style of music features Jack Lynn singing the romantic music of Dean Martin and Angelo Ruggiero singing the smooth standards of Frank Sinatra, Tony Bennett, and Perry Como. Enjoy lunch family style including garden salad, rolls, penne pasta, roasted potatoes, and mixed vegetables, chicken parmesan, pork loin with gravy, and for dessert enjoy Italian rum cake, coffee, and tea **\$57 per person**

Departure time TBD

Best of Bar Harbor

Tuesday, May 28-Friday, May 31, 2013

This is a four day trip to Vacationlands, beautiful Bar Harbor Maine. Trip includes roundtrip transportation, hotel accommodations, admission to attractions such as: Maine Lighthouse Museum in beautiful Rockland Maine, Lobster Capital of the world, horse-drawn carriage ride, Bar Harbor Oceanarium, sightseeing Nature Cruise of Freshman's Bay, Entertainment by The Great Lumberjack show and more. Six meals are included (3 Continental Breakfasts and 3 dinners), Maine souvenir hat, taxes and baggage handling and tour director and gratuities Sign up quick, this is sure to sell out!

\$582.00pp \$792.00 Single \$562.00 pp

Trip departure time TBD

Exotic Southern Caribbean Cruise Aboard the Norwegian Dawn

November 1st—15th

This is a 14-night cruise experience that departs from Boston, MA and heads to the Deep Southern Caribbean which offers the perfect pink and white sand beaches, crystal-clear waters and exquisite island adventures. We will be docking at St. Thomas, USVI, Antigua, Barbados, Curacao, Aruba, Cozumel and ending in Tampa, FL where we will have a flight back home. **Fees: Inside State Room—\$1509, Ocean view—\$1799, Balcony—\$2239. Book early to keep these rates. \$500 deposit is due at time of registration**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Herb Baked Chicken Qtr., Fresh Sweet Potato, Green Beans, Rye Bread, Margarine, Fresh Fruit, Milk	2 Stuffed Pepper, Mashed Potato, Carrot Coins, Wheat Rolls, Margarine, Grape Juice, Lemon Cookie, Milk	3 Hot Open Turkey Sandwich, w/Gravy on Oat Bread, Steak Fries, Calif Blend Veggies, Vanilla Pudding w/Berry Topping, Milk	4 Chicken Noodle Soup & Crackers, Stuffed Salmon w/ Lemon Dill Sauce, Confetti Brown Rice, Spinach, Multigrain Dinner Roll, Pears, Milk	5 Eggplant Rollatini, Cauliflower, Parmesan Cheese, Tossed Salad w/ Cucumber and Ital. Dressing, Garlic Bread, Mandarin Oranges, Milk
8 Spaghetti with Meatball Marinara, Broccoli, Parmesan Cheese, Breadstick, Peaches & Milk	9 Pork Loin with Gravy, Applesauce Garnish Scalloped Potato, Peas and Mushrooms, Multi-grain Bread, Fresh Fruit, Milk	10 New Orleans Chicken, Brown Rice, Oriental Blend Veggies, Wheat Bread, Pineapple Tidbits, Milk	11 Birthday Cake Day Pot Roast w/ Gravy, Mashed Potato, Green Beans, Wheat Dinner Roll, Apple Juice, Choc. Cake, Milk	12 Veg. Barley Soup, Crackers, Seafood Salad Plate, w/ Lettuce, Tomato & Carrot-Raisin Salad, Pumpnickel Bread, Cherry Jello w/ Pears, Milk
15 Lite Crunch Fish, Tarter Sauce, Swt Potato Fries, Zucchini, Whole Wht Bread, Cranberry Juice, Choc. Chip Cookie, Milk	16 Chicken Breast w/ Lemon Sauce, Couscous Pilaf, Scandinavian Blend Veggies, Wht Dinner Roll, Fresh Fruit, Milk	17 Swedish Meatballs, Noodles, Green & Wax Beans, Oat Bread, Peaches, Milk	18 Lentil Soup & Crackers, Chef Salad, Turkey, Ham, Cheese, Tossed Salad w/ Cukes, French Dressing, Croissant, Mandarin Oranges, Milk	19 Spinach Quiche, Roasted Tomato, Grilled Veggies, Rye Bread, Pineapple Tidbits, Milk
22 Cheeseburger, Wheat Bun, Lettuce & Tomato, Ketchup, Cole-slaw, Baked Beans, Fresh Fruit, Milk	23 Beef Onion Soup, Crackers, Spinach Ravioli, Meatball, Tossed Salad w/ Tomato, Ital. Dressing, Ital. Bread, Ital. Ice, Milk	24 Baked Ham w/ Gravy, O'Brien Potato, Mixed Vegetables, Oat Bread, Apricots, Milk	25 Turkey w/ Gravy, Stuffing, Bean Blend, Cranberry Sauce, Biscuit, Green Jello with Mixed Fruit, Milk	26 Cod w/ Lemon Dill Sauce, Roasted Potato, Broccoli, Wheat Bread, Pineapple Juice, Berry Strudel, Milk
29 Turkey & Bean Chili, Brown Rice, Chuck Wagon Blend Veggies, Corn Bread, Tropical Fruit Salad, Milk	30 Chicken Cacciatore, Bowtie Noodles, Green Beans, Pumpnickel Roll, Cranapple Juice, Pistachio Pudding, Milk	<i>Please remember to make your reservation with Jodi Shevlin by 12 Noon the day before you plan to attend at (203) 245-5786. (If you want to attend on a Monday please call by noon the previous Friday.)</i>		



Madison Senior Center
 29 Bradley Road
 Madison, CT 06443

PRSR STANDARD
 U S POSTAGE PAID
 GUILFORD CT
 PERMIT NO. 295

4/2013



Are you interested in playing horseshoes?
 MSC is looking to start a group in April!!
 Contact Kristen at (203) 245-5695

RETURN SERVICE REQUESTED

COMPUTER CLASSES

Computer Basics For Beginners

For the person who is new or relatively new to computers. We start with the basics - terminology, components etc. We will learn what can be done with a computer; composing a letter, e-mail, entertaining and E-MAIL, and an introduction to the internet.

Tuesdays, April 9th - May 7th - 1:00 to 2:00pm Fee: R \$42 NR \$52 (5 classes)

Laptops and iPads

For the person who is new or relatively new to a laptop or I pad. We start with the basics - terminology, components etc. We will learn what can be done with a computer; composing a letter, e-mail, entertaining and E-MAIL, and an introduction to the internet.

Thursdays, April 11th - May 9th - 1:00 to 2:00pm Fee: R \$42 NR \$52 (5 classes)

E-Bay: Buying and Selling Online

This is sure to be a fun class, learn how to buy and sell using eBay. Open E-bay & PayPal accounts online, search and bid on an item, pay and complete the transaction. We will also cover advanced tips such as how to investigate sellers, and how to find out what good prices are. You will be shown how to become an eBay seller, what it costs to sell online, how to price your items, taking and uploading a picture, completing the sale, and the best words to describe your item. Please bring with you a camera, charged battery and a pad and pencil as well as any questions you may have. Classes will be 2 hours long.

Tuesdays, April 9th - May 7th - 10:00a to 12:00pm.....Fee R \$42 NR \$52 (3 classes)

All Computer Classes offered with the Guilford Senior Center. Guilford residents will be charged the resident fee.

Ongoing Activities at the Senior Center

Bridge	Thursdays	1-4 pm	Hand & Foot	Fridays	1-4 pm	Pinochle	Tuesdays	1-4 pm
Canasta	Tuesdays	1-4 pm	Knitting Group	Thursdays	10a-12p	Poker	Wednesdays	1-4 pm
Mah Jong	Thursdays	1-4 pm	Sports Discussion	Tuesdays	10:30-11:30am			