



# Trends & Traditions

MADISON SENIOR NEWS

Madison Senior Center  
C/O First Congregational Church  
26 Meetinghouse Lane  
Madison, CT 06443

## April 2011

OFFICE HOURS:  
8:30 AM – 4:00 PM  
MONDAY – FRIDAY

Website: <http://www.madisonct.org/seniorsvcs/index.shtml>

### SENIOR COMMISSION CHAIR

Maureen Lopes  
VICE-CHAIR

Gerard Kerins

### MEMBERS:

Mitchell Cohan

Robert Hale

Patricia Melady

Leslie Marcarelli-Naizby

Barry Miller

Wendy Oberg

Marcy Sanders

### Liaison to the Board of Selectmen:

Noreen Kokoruda

### STAFF

Scot Erskine

Gina Millan

Heather Castrilli

Carrie Gazda

### BUS DRIVERS

Pat Cocchiaro

Patricia Connelly

Michael Rand

Helen Sneider

Carolyn Tenedine

### CAFÉ MANAGER

Joan Waldron



Please call the Senior Center if you  
are interested in receiving the  
newsletter via email!

### TOWN WEB PAGE

[www.madisonct.org](http://www.madisonct.org)

Main Office: 203-245-5627

Fax: 203-318-0670

Municipal

Agent: 203-245-5687

Café Site: 203-245-5686

### MADISON SENIOR SERVICES COMMISSION

Meetings held on the third Thursday of the month. Next meeting is April 21, 2011, 5:30 PM in the Hammonasset Room at the Town Hall.

Madison Adult Travel presents.... **New Information**

### SOUTH DAKOTA THE BLACK HILLS & BADLANDS

SEPTEMBER 20-26, 2011

Join us for a 7-day adventure to South Dakota. Travel back in time aboard the 1880 steam locomotive train as it winds through the forest and beautiful scenery. See Crazy Horse memorial, the world's largest sculpture still in progress. Discover the vibrant colors and rock formations in Badlands National Park. Explore the legends in the city of Deadwood, home to Wild Bill Hickok and Calamity Jane. This trip is jam-packed with exciting sights through the Black Hills & Badlands, stop in to take a look at the trip brochure or to book your adventure! Price includes: Round trip transportation to and from Bradley Intl Airport, air fare, 7 days of adventures, 10 meals, taxes, and a tour guide.

Price per person: Single: \$2748.00 Prog. # 700121-A, Double: \$2198 Prog. # 700121-B, Triple: \$2165.00 Prog. # 700121-C

### FREE LIONS EYE SCREENING & BLOOD PRESSURE CLINIC

WEDNESDAY, APRIL 6, 2011 10:00-2:00 P.M

The Madison, Clinton, & Killingworth Lion's Club are sponsoring their annual free eye screening and blood pressure clinic at The Henry Carter Hull Library in Clinton across from the Morgan School. Call the Madison Senior Center for transportation.

### CENTER FOR BETTER HEARING SEMINAR

MONDAY, APRIL 25, 2011

Audiologists, Dr. Nancy McMahan, AuD and Dr. Sarah Briggs, AuD of Center for Better Hearing, LLC, Westbrook, will be discussing the latest topics in hearing loss, hearing aids, and the impact of untreated hearing loss on the quality of life. Treats and handouts provided to all who attend.

### NATIONAL PRESCRIPTION DRUG TAKE-BACK DAY

Saturday, April 30<sup>th</sup>, 2011 from 10:00 AM - 2:00PM

M.A.D.E. in Madison, & Madison Youth & Family Services, working with the Clinton Police Department and the Clinton Selectman's Task Force on Substance Abuse and are partnering together to sponsor a Medication Take-back event. Removing and properly disposing of unused medications from the home is extremely important. It keeps them from abuse/misuse, or from going down the sink or the toilet and ending up in the ground water. The collection location is at The Clinton Police Station, on

Route 1. If you are unable to travel to Clinton there are arrangements for you to dispose safely unwanted/expired medications on Friday, April 29<sup>th</sup> from 9:00 – 11:00 am. Please contact M.A.D.E in Madison at (203)245-5694 or the Senior Center office for more information.

### HEALTH LECTURE SERIES WITH DR. PRASAD

It is our hope that this may provide empowerment to help understand the condition and resources available. Dr. Prasad has been in practice for 20 years. Teaching in Medicine, she also volunteers for the uninsured population, both in clinics and shelters and practices in the inner city. Each class will involve a 30-minute lecture followed by an interactive session whereby there can be an exchange of experiences, information and questions. Pre-Registration is required. Classes located at the Memorial Town Hall, Upper Level from 7:00 to 8:00 pm.

April 4, 2011 Lyme Disease Program #302050A

Fee: \$5.00 per person

May 16, 2011 Hypertension Program #302050C

Fee: \$5.00 per person

May 2, 2011 Asthma Program #302050B

Fee: \$5.00 per person

June 6, 2011 Obesity Program #302050D

Fee: \$5.00 per person

**MUNICIPAL INFORMATION**

For more information, please contact Heather Castrilli at (203) 245-5687 OR [castrillih@madisonct.org](mailto:castrillih@madisonct.org)

**ANNOUNCEMENTS/CURRENT SOCIAL SERVICE PROGRAMS**

**IMPORTANT REMINDER:**

The Rent Rebate Program will begin in May. Contact CL&P and the CT Water Company to receive a print out of your payments made in 2010. These statements, along with rental & heating expenses are needed to file for the Rent Program.

**ELECTRONICS RECYCLING EVENT**

**Saturday, April 9, 2011 9:00 AM-1:00 PM**

The 2<sup>nd</sup> Annual Electronics Recycling Event held at Madison’s Hammonasset Beach State Park. All electronics including computers, telephones (both cell and landline), televisions, copiers, printers, VCRs, and microwaves are collected. Any hard drives will be erased or destroyed. Electronics are a danger to the environment when disposed of improperly because they contain toxic materials such as led and mercury. There will also be paper shredding.

For more info, call (203)319-0242.

**SENIOR & DISABLED TAX RELIEF PROGRAM**

**Filing Period: Tuesday, February 1, 2011 to Friday, May 13, 2011**

The Town of Madison offers tax relief for elderly and totally disabled residents that own and occupy their property as a primary residence. There are income, age, and residency requirements in order to be eligible to qualify for the program. Please stop in or give a call to receive program information or to schedule an appointment to apply.

**Maximum Qualifying Income: \$58,450**

**CONNECTICUT ENERGY ASSISTANCE PROGRAM**

The Connecticut Energy Assistance Program assists CT residents by paying for a portion of their heating costs for the winter season. The asset limit for homeowners is \$10,000 & for renters the limit is \$7,000. Proof of all income, rent, & utility expenses, as well as bank statements for the 4- week period prior to the date of the application, are required.

**Maximum Monthly Income for a Single: \$2540 Maximum Monthly Income for a Couple: \$3322**

**Please call (203)245-5687 to schedule an appointment.**

**MEDICARE SAVINGS PROGRAM**

The Medicare Savings Program assists eligible participants with paying their Medicare Part B premiums each month. In addition, participants will have \$2.50 co-pay for generic Rx’s and \$6.30 co-pay for name brand Rx’s. This also covers doctor Co-Pays, if your doctor accepts State Medical Insurance. There is no asset test or filing deadline for this program.

**Maximum monthly income for a single: \$2,091.67 and for a couple: \$2,816.67**

**SNAP PROGRAM (Formerly Food Stamps)**

This program helps offset food expenses. A set amount of money each month given to eligible participants put on an EBT debit card to use at local grocery stores. The guidelines for monthly income: **Single: \$1,671, Couple: \$2,248.**

**FOOD PANTRY**

The food pantry is operated by Madison Community Services and available for those residents who need the assistance.

The pantry will move to a new location, as of April 13<sup>th</sup>, to Orchard Park off Mungertown Rd.

The food pantry is open on Wednesdays from 11:00 AM – 3:00 PM.

**Transportation is available, call Dial-a-Ride, (203)245-5695. Regular Bus Pick up for Concord Meadows 10:15 a.m.**

**TRANSPORTATION OPTIONS**

**DIAL-A-RIDE**

Madison Senior Center  
**203- 245-5695**

A public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work.

Please call to be mailed the rules and regulations.

**48 HOURS NOTICE REQUIRED!!**

**SENIOR BUS**

Madison Senior Center  
**203-245-5627**

Fixed routes to the senior center, downtown, special events, hot lunch program, & Thursday grocery shopping. See enclosed monthly calendar for route schedule.

**48 HOURS NOTICE REQUIRED!!**

**MADISON COMMUNITY SERVICES:**

**203-245-3031**

Madison Community Services has a group of volunteers who will take Madison residents to Medical Appointments. This program operates locally and in the surrounding areas.

**7 DAYS NOTICE REQUIRED!**

# APRIL 2011 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="text-align: center;"><b><u>THANK YOU VOLUNTEERS</u></b></p> <p>April is Volunteer Recognition Month. We want to thank all of our very special friends that volunteer for us, throughout the year. We cannot thank them enough for all they do. They have made our transition to our temporary home a smooth one. Stop in through the month of April to meet them and say hello and thank them.</p>				<p style="text-align: center;"><b>1</b></p> <p>7:45 AM Leave Comm Lot Early Bird Bingo Special at <b>Foxwood's Casino \$10</b> (casino pkg. w/trip) 9:00 AM Fit &amp; Move 10:15 AM Srs in Motion 12:00 PM LUNCH- Lower Level</p>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
9:00 AM Fit & Move 10:15 AM Srs in Motion <b>11:30 AM Lenny &amp; Joe's Fish Tale &amp; Ice Cream at the Carousel</b> 12:00PM LUNCH 1:30 PM Line Dancing	9:00 AM Bus/Town 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class 3:00 PM Yoga	9:00 AM Fit & Move <b>9:30 AM Brunch at Chip's in Orange &amp; Christmas Tree Shop &amp; AC Moore's \$5</b> 10:15 AM Srs in Motion 12:00PM LUNCH <b>1:00 PM – 3:30 PM VNA Living Well Workshop</b>	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH Lower Level  <b>12:00-4:00 PM Tax Preparation Surf Club</b>  1:00 PM Cards & Mah Jongg – Rooms 15 & 16A 3:00 PM Yoga	9:00 AM Fit & Move 10:15 AM Srs in Motion  <b>11:30 AM – 1:30 PM St. Margaret's Brown Bag Lunch &amp; Vision Check</b>  12:00 PM LUNCH
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
9:00 AM Fit & Move 10:15 AM Srs in Motion 12:00PM LUNCH 12:00 – 1:30pm -Blood Pressure <b>1:00 PM leave FCC Walmart &amp; Dollar Store in Guilford</b> 1:30 PM Line Dancing	9:00 AM Bus/Town 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class 3:00 PM Yoga	9:00 AM Fit & Move 10:15 AM Srs in Motion <b>12:00 PM St. Margaret's Bingo</b> 12:00 PM LUNCH <b>1:00 PM – 3:30 PM VNA Living Well Workshop</b>	<b>9-10 AM LEGAL ASSISTANCE by Appt.</b> 9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH <b>12:00-4:00 PM Tax Preparation Surf Club</b> 1:00 PM Cards & Mah Jongg – 3:00 PM Yoga	<b>9:00 AM Leave Comm Lot Taste of Providence</b> (see info pg. 7) <b>\$60.00</b> 9:00 AM Fit & Move 10:15 AM Srs in Motion 12:00PM LUNCH
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
12:00PM LUNCH 1:30 PM Line Dancing <b>1:00 PM Easter Egg Hunt &amp; Treats to Follow</b>  <b>1:00 PM Book Club Meeting</b>	1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class	12:00 PM LUNCH <b>12:45 PM Ice Cream Social &amp; Bingo \$2.00</b>  <b>1:00 PM – 3:30 PM VNA Living Well Workshop</b>	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 PM Cards & Mah Jongg – Rooms 15 & 16A <b>1:00 PM Bocce Meeting</b>	<p style="font-size: 2em; font-weight: bold;">CLOSED</p> <p style="font-size: 2em; font-weight: bold;">GOOD FRIDAY</p>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
12:00 PM LUNCH 1:30 PM Line Dancing 12:30 – 1:30pm -Blood Pressure  <b>1:00 PM Center for Better Hearing Seminar</b>	9:00 AM Bus/Town 1:00 PM Bus/Town 1:00 PM Card Play – Rooms 15 & 16A 1:30 PM Art Class	<b>11:30 AM Leave FCC Daffodil Festival Hubbard Park Bag Lunch \$3.00</b>  12:00 PM LUNCH <b>1:00 PM – 3:30 PM VNA Living Well Workshop</b>	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 PM Cards & Mah Jongg – Rooms 15 & 16A	<b>11:00 AM Leave FCC Cartoon Museum &amp; Paul's Restaurant \$8.00</b> 12:00PM LUNCH <b>9:00 AM - 11:00 AM Bring old Rx's to be recycled</b>

# SENIOR COMMUNITY CAFÉ

**Lunch begins at 12:00 PM**

Please remember to call to order lunch by 12:00 PM the previous day. To order lunch held on a Monday, call the Friday before. To order lunch for Wednesday, please call by Monday. Lucky Lunch Fridays include a free raffle for those purchasing lunch.  All meals include Bread & Butter, Milk, and Coffee & Tea. All Soups come with Unsalted Crackers. All Soups, Entrees, Gravies, Sauces, Salad Dressings & Desserts are Low Fat, Low Sodium.				<b><u>LUCKY LUNCH</u></b> 1 <b>Lunch Downstairs</b> Baked Salmon Boat w/ Dill Brown Rice Salad Sliced Pears
4 Lentil Soup Meatloaf w/ Mushroom gravy Whipped Potatoes Salad Mandarin Orange Slices	5 <b>No Lunch Served</b>	6 Swedish Meatballs Buttered Noodles Mixed Vegetables Tropical Fruit Cup	7 <b>Lunch Downstairs</b> Honey Glazed Chicken Cranberry Sauce Oven Roasted Potatoes Peas & Mushrooms Sliced Peaches	<b><u>LUCKY LUNCH</u></b> 8 Roast Pork w/ Gravy Pineapple Ring Broccoli Florets Whipped Potatoes & Squash combo Fruit Cocktail
11 Angus Burger Potato Puffs Diced Carrots Orange	12 <b>No Lunch Served</b>	13 Beef Vegetable Soup BBQ Ribs Spinach Apricots	14 Turkey w/ Gravy Oven Roasted Potatoes California Blend Veg. Pound Cake w/ Peaches & Topping	<b><u>LUCKY LUNCH</u></b> 15 <b>Birthday Cake Day</b> Stuffed Shells Cut Green Beans Salad Birthday Cake
18 Salisbury Steak w/ Gravy Whipped Potatoes Vegetable Medley Fruit Cocktail	19 <b>No Lunch Served</b>	20 Fresh Fruit Cup Roast Top Round Au jus Baked Potato Petite Peas w/ Mushrooms Coconut Custard Pie	21 Fried Chicken White Rice Belgian Carrots Special Cookie	22 <b>Good Friday</b>  <b>Senior Center Closed</b>
25 American Chop Suey Cut Green Beans Salad Fresh Seasonal Fruit	26 <b>No Lunch Served</b>	27 Veal Roulade w/ Gravy Rice Pilaf Salad Mandarin Oranges	28 Philly Cheese Steak Potato Puffs Stewed Tomato Unfrosted Brownies	29 Spaghetti & Meatballs Salad Fresh Fruit Cup

**HAPPY BIRTHDAY TO ALL THE APRIL BIRTHDAYS!**

**Celebrate with us on Birthday Cake Day**

**April 15, 2011**

**Receive a special surprise to celebrate your day!**

Please make Joan aware of your birth date, to receive a surprise.

(Attendance is required on Birthday Cake Day)



If you cannot attend a luncheon that you have reserved, please call Joan in the Café at 203-245-5686. There may be last minute calls to fill your spot. Thank you for your cooperation.

**SENIOR CAFÉ ANNOUNCEMENT**

Due to the elderly nutrition services budget cuts, through FSW & The Agency on Aging of South Central Connecticut, inc., the Madison Senior Center will no longer serve lunch on Tuesday, effective February 1, 2011.

## **EXERCISE AND RELAX WITH YOGA**

Instructed by Pat Velleca. Learn Yoga techniques that are used to increase circulation and relaxation. Know your body physically and mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control, and an increase in energy. Suitable for all ages and conditions. Loose clothing and mats needed. **Classes held at the Congregational Church.**

### **Program # 404204 C**

Day: Tuesdays  
Dates: Mar. 29 – Apr. 12  
Time: 3:00-4:00pm  
Fee: \$23.00

### **Program # 404204 D**

Day: Thursday  
Dates: Mar. 24 – Apr. 14  
Time: 3:00-4:00 pm  
Fee: \$30.00

## **CHAIR-EXERCISE**

Instructed by Pat Velleca. Designed for those who need to exercise while seated. Benefits: muscle tone, joint flexibility, and cardiovascular strength.

## **SENIORS IN MOTION**

Instructed by Pat Velleca. Designed for seniors who want more than Chair Exercise, includes some standing. Improve balance, strength and stability.

### **Program # 404207 C**

Day: Monday  
Dates: Mar. 28 – Apr. 11  
Time: 10:30 – 11:30am  
Fee: \$3.00

### **Program # 404207 D**

Day: Friday  
Dates: Mar. 25 - Apr. 15  
Time: 10:30-11:30am  
Fee: \$4.00

### **Program #404206 B**

Day: Wednesday  
Dates: Mar. 23 – Apr. 13  
Time: 10:15-11:15am  
Fee: \$12.00

## **FITNESS & MOVEMENT**

Instructed by Pat Velleca. Low impact aerobics for folks interested in continuing good health. Good cardiovascular workout combined with muscle and joint strengthening. Please Bring Sneakers, cool, comfortable clothing and a floor mat. Held at the Senior Center Meeting Center.

### **Program # 404205 D**

Day: Monday  
Dates: Mar. 28 – Apr. 11  
Time: 9:00-10:00am  
Fee: \$9.00

### **Program # 404205 E**

Day: Wednesday  
Dates: Mar. 23 – Apr. 13  
Time: 9:00-10:00am  
Fee: \$12.00

### **Program # 404205 F**

Day: Friday  
Dates: Mar. 25 – Apr. 15  
Time: 9:00-10:00am  
Fee: \$12.00

## **LINE DANCING AT HUBLEY HALL FIRST CONGREGATIONAL CHURCH**

Gayle Melonson is our Line Dancing Instructor for seniors. Classes held Monday's at 1:30 PM on the Hubley Hall First Congregational Church. Pre-register @ the senior center or at the Beach & Recreation Department.

### **Program #400301 B**

Day: Monday  
Dates: Feb. 28-Apr. 4  
Fee: \$27.00

### **Program # 300301 B**

Day: Monday  
Dates: Apr 11 – May 23  
Fee: \$31.50

## **ART CLASSES**

Tuesdays @ the Congregational Church 1:30-3:30 PM

Instruction in drawing, charcoal, pastel, watercolor, acrylics, oils. The instructor, Muriel Waldvogel, is a local Madison Artist, who volunteers her time and talent to teach our weekly program! List of art supplies available.

### **Program # 703400 C**

Dates: 3/1 – 6/28  
Resident Fee: \$18.00

## **BOCCE**

### **Thursday, April 21<sup>st</sup>, 2011, 1:00 PM at the First Congregational Church**

Enjoy the summer sun and cool breeze down at the Surf Club. Toss the pallino with some old friends and make some new ones! Bocce has proven to improve fitness, coordination and skill development, enhanced mental wellbeing. This is a great low-impact activity. Join us for the kick off meeting to sign up or get more information about the 2011 Bocce Season.

**Looking for substitutes to fill in for regular team players.**

Residents: \$10, Non Residents: \$15  
(This fee includes the end of year picnic)

## MONTHLY SERVICES & INFORMATION

<b>MEDICARE MONDAY</b> Monday, April 4, 2011 9:00 – 11:00 AM	Unbiased information, counseling, & assistance on Medicare, Supplemental Insurance & Medicare Advantage Plans. Carlos A. Maynard, a volunteer and Heather Castrilli assist Madison Residents. <b>By appointment only: Call Heather 203-245-5687</b>
<b>BLOOD PRESSURE CHECK</b> April 11 & 25, 2011 12:00-1:30 PM @ the Congregational Church	 VNA Community Healthcare holds BP Clinics on the 2 <sup>nd</sup> & 4 <sup>th</sup> Mondays of the month @ the Senior Center. <b>Blood Pressure Monitor also available for use in office. Just ask!</b>
<b>LEGAL ASSISTANCE,</b> April 21, 2011 9:00 – 10:00 AM.	Attorneys Thomas Cronan, Michael Sweeney, & Timothy Shields volunteer counseling services on a one-on-one basis. Thank you to our legal team for their monthly assistance! <b>By appointment only: Call the Senior Center 203-245-5627.</b>
<b>HANDICAPPED PARKING PERMIT</b>	 New application form from the DMV available on the <a href="http://www.ct.gov/dmv.org">www.ct.gov/dmv.org</a> or in the Senior Center office.
<b>NOTARY SERVICES</b> At The Senior Center By Appointment	Heather Castrilli, Gina Millan <u>Call the Senior Center for an appointment</u>
<b>Meals-On-Wheels</b> Prepared by The Estuary Council of Seniors (860) 388-1611 Ext. 207	Hot meals delivered around noontime to the homebound or just recently out-of-the-hospital & recovering, please call <b>Requires 4-5 days notice and doctor or nurse referral.</b>
<b>Madison Food Pantry Donations</b>	Donations to the Food Pantry are welcome. Please contact Madison Community Services, (203)245-3031.

### AARP Safe Driving Courses 2011

The Guilford & Madison Senior Center have created a Shoreline Guilford/Madison AARP Safe driving Classes offered to seniors to sharpen driving skills & benefit from a discount on auto insurance. Advance registration is required: AARP members \$12.00 & Non Member \$14.00. Please make checks payable to AARP and bring your membership card with you at time of registration.

AARP also offers an online course at [www.aarp.org/drive](http://www.aarp.org/drive)

**Guilford Community Center Classes: April 7<sup>th</sup> 6-10 PM. May 11<sup>th</sup> & June 10<sup>th</sup>, 1-5 PM**  
**Madison Senior Center Classes: July 11<sup>th</sup>, Aug. 8<sup>th</sup>, Sept. 12<sup>th</sup>, Oct. 3<sup>rd</sup>, & Nov. 14<sup>th</sup> 12-4 PM**

### MADISON SENIORS BOOK CLUB

#### STARTING MONDAY, APRIL 18, 2011 PROG. # 700304-A

Join us as we start our very own book club. We will meet the third Monday of each month from 1:00 to 2:00 p.m., the make up of the participants will determined the book choice. There is no fee to join. All you will need is to purchase the book that we will be reading. RJ Julia's has agreed to work with us to get our book club off the ground. They will help us choose, purchase the books and more... This is a fun way to read a variety of genres, socialize and have fun sharing your thoughts and ideas. Pre-registration required.

### COMPUTER FREE TIME

The computer area has a very busy schedule for personal use but please call to check on times available for you.  
 Be sure to sign in at the office.

### SCHILLER SHORELINE INSTITUTE FOR LIFE-LONG LEARNING

This exciting program offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! Membership: \$25 for the year. Classes in Madison as follows.

### AARP INCOME TAX ASSISTANCE PROGRAM

#### Thursday, February 10, 2011 @ FCC Lower Level Activity Rm. 12:00-4:00 PM, by appointment.

Free Confidential tax counseling will be available for low to middle-income taxpayers. IRS certified tax counselors offer assistance in filing your tax returns. Taxpayers need to bring, ID, 2009 tax return, 2010-income report, all 1099 forms, W-2 forms for each employer, unemployment compensation and all other forms that indicate Federal and or Connecticut income taxes paid in 2010.

Please be sure you bring all your forms with you to your appointment.

### CARD PLAYING & MAH JONGG

Tuesdays: Bridge, Canasta; Thursdays: Pinochle, Setback & Mah Jongg. On-Going through the year 1:00-4:00 PM.

**Call the Senior Center if interested in learning Mah Jongg. Lessons will be held on Wednesday at 1:00 PM.**

## PROGRAMS & TRIPS

Refund requests issued, if your seat can be filled from the waiting list.

### A TASTE OF PROVIDENCE FRIDAY, APRIL 15, 2011 PROG. # 700104-A

**New Information**

This little city has come a long way with a newly designed waterfront area, downtown district, the new Providence Place Mall and award-winning restaurants. USA Today has named it "one of the Top Ten Little Italy's in America." Our first stop on our tour is at Geppetto's, a upscale pizzeria located on DePasquale Square on Historic Federal Hill. The chef delights and entertains the group with his tableside demonstration of the techniques used in grilling the perfect pizza. He'll prepare, serve, and answer food related questions while we enjoy our full-course luncheon.

5-course meal includes: House salad w/ homemade honey mustard vinaigrette, Rhode Island style Calamari, Penne Pasta w/ Pink Vodka Sauce, Geppetto's famous Grilled Pizza and Tiramisu for dessert.

Following the luncheon, we will meet our Professional Guide who will step aboard our coach for a 90 minute tour through Little Italy, Federal Hill, downtown, the Historic East Side, and more!

Next visit Scialo Brothers Italian Bakery for a small tour and a taste of fresh pastry, before returning home stroll across the plaza to Vanda Ravioli's Italian Food Emporium to find gourmet pastas, fine Italian foods, olive oil, cheese, espresso and much more. Leave Comm. Lot, Rte. 79 @ 9:00AM. \$60 pp

**New Information**

### BABES IN HOLLYWOOD SUNDAY, JUNE 12, 2011 PROG. # 700005-A (Tickets are limited, please sign up ASAP)

Join us on a trip to the Warner Theatre in Torrington, CT, which has undergone an extensive restoration of the lobbies and auditorium. This beautiful theater is one of twelve remaining art deco theaters in the northeast. Get ready to swing, sway and swoon to over 30 of the most glorious song of the 20<sup>th</sup> Century as you go on a magical journey from the soundstages of Hollywood to the stages of Broadway in a salute to the legendary musical careers of Judy Garland & Mickey Rooney. Eat lunch at the Torrington Landmark Bogey's Restaurant before the show. Choice of Top Round Roast Beef, Chicken Parmigiana, or Bake Scrod, includes salad, potato, rice or pasta, fresh vegetables and dessert.

Leave Comm. Lot Rte 79 @ 10:15 AM, \$57 pp, Return approx. 5:30 pm.

### 1000 ISLANDS ADVENTURE ROMANTIC CASTLES & SCENIC WATERWAYS TUESDAY, JUNE 21-23, 2011

**New Information**

Join us for a 3-day excursion around the 1000 Islands of New York. Located where the St. Lawrence River flows out of Lake Ontario. The 1000 Islands region covers both sides of the international border between USA and Canada. Our destination is Alexandria Bay for a two nights stay at the 4-diamond award winning hotel, The Riveredge Resort. On Wednesday: enjoy a breakfast at The Windows on the Bay at Riveredge before setting off to explore the 1000 islands by water. Visit two famous Castles: Singer Castle on Dark Island and romantic Boldt Castle on Heart Island for a walking tour, board Uncle Sam's Cruise boat to relax on a narrated tour across the St. Lawrence. Explore the historic river port of Clayton, New York before dinner at the delightful Clipper Inn. On Thursday: eat breakfast before leaving the 1000 Islands heading home. Roll the dice at the popular Turning Stone Casino of the Oneida Tribe, Bonus Casino Package included.

Stop into pick up a flyer for more detail information about the accommodations and trip.

Fees: Single-\$589 -#700142A, Double- \$469pp -#700142B, Triple \$429pp--#700142C

**New Information**

### LOBSTER BASH @ AMARANTE'S SEA CLIFF FRIDAY, JULY 15, 2011 PROG. # 700006-A

Amarante's Sea Cliff located on the shore in New Haven, has a panoramic view second to none overlooking the Long Island Sound. The perfect setting to enjoy a Down East Clam Bake lunch and show with entertainer Bobby Justin. Our featured entertainer is a dynamic and versatile showman, best known for his renowned Tom Jones sounds. Bobby has performed for audiences throughout the US, including Las Vegas and New York. He has appeared with many famous headliners including the Temptations, Supremes, Spinners, Rodney Dangerfield, Mary Wilson and many others.

Clam Bake Includes: New England Clam Chowder, 1 ¼ lb. Fresh Lobster OR Rib Eye Steak, Corn on the Cob, Roasted Red Skin Potatoes, Steamed Mussels w/butter, BBQ Chicken, Cole Slaw, & Strawberry Shortcake.

Leave the Comm. Lot on Rte 79 @ 10:30 AM. Fee \$64, Return approx. 4:00pm.

**RETURN ADDRESS:**

**MADISON SENIOR SERVICES COMMISSION  
C/O FIRST CONGREGATIONAL CHURCH  
26 MEETINGHOUSE LANE  
MADISON, CT 06443-2691  
TELEPHONE: 203-245-5627**

**PRSR T STD  
U S POSTAGE  
PAID  
MADISON CT  
PERMIT  
NO. 140**

***ADDRESS SERVICE REQUESTED***



**DATED MATERIAL  
PLEASE DELIVER PROMPTLY**

**IMPORTANT REMINDERS**

**The Deadline for the Senior & Disabled Tax Relief Program is Friday, May 13, 2011**



**As soon as you receive your newsletter, come in to register for the events listed.**