



The Depot Express

MADISON SENIOR SERVICES NEWSLETTER



DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443

April 2010

OFFICE HOURS:
8:30 AM – 4:00 PM
MONDAY – FRIDAY

OFFICE: 245-5627

FAX: 318-0670 MUNICIPAL AGENT: 245-5687

CAFE SITE: 245-5686

SENIOR COMMISSION CHAIR

Patricia Melady
VICE-CHAIR

Maureen Lopes

MEMBERS:

Elizabeth Booth

Robert Hale

Gerard Kerins

Leslie Marcarelli-Naizby

Barry Miller

Wendy Oberg

Marcy Sanders

Liaison to the Board of Selectmen:

Noreen Kokoruda

STAFF

David Melillo

Katherine DeBurra

Gina Millan

Heather Castrilli

Carrie Gazda

BUS DRIVERS

Pat Cocchiaro

Patricia Connelly

Michael Rand

Helen Sneider

Welcome to the staff!

Carolyn Tenedine

EXERCISE INSTRUCTOR

Patricia Velleca

CAFÉ MANAGER

Joan Waldron

Senior Recreation Advisory Group...

To attain input from YOU!

We need your ideas for 2010!

Meets 4 times a year! Next Meeting:

May 12, 2010. (2nd Wed. of the month

in May due to Sedona trip!)

Be the first to share your ideas!

Call to volunteer!

TOWN WEB PAGE

www.madisonct.org

Please call the Depot if you are interested in receiving the newsletter via email!



Madison Senior Services Commission

Meetings are held on the third Thursday of the month. Next meeting:
April 15, 2010 @ 5:30 PM in the Upper Level of the Depot.

Last three weeks to have your taxes completed w/the...

AARP TAX ASSISTANCE PROGRAM

Thursday Afternoons, Depot Lower Level-1:30-5:30 PM, by appointment.

Free confidential tax counseling will be available at the Depot for **low to middle-income** taxpayers. IRS certified tax counselors will offer assistance in filing tax returns on Thursday afternoons. Taxpayers are requested to bring: ID, 2008 tax return, 2009 income reports, all 1099 forms, W-2 forms from each employer, unemployment compensation and all other forms that indicate Federal and/or Connecticut Income Taxes paid in 2009. All documents of income, deductible expenses documents & ID must be brought to the scheduled appointment.

RED ROCKS OF SEDONA PARTY

Wednesday, April 21, 2010 @ 1:30 PM!

Travelers-get your itinerary, meet your fellow traveling friends, fill out emergency contact information & bring your questions to the PARTY!

RAIL & SAIL @ the INN IN ESSEX

Sunday & Monday, July 18 & 19, 2010 (2 days, 3 GREAT meals!)

Exciting tour featuring the NY Adirondack & Vermont Green Mts! Board the motor coach in the Commuter Lot & journey to Albany to board the Amtrak Scenic Mt. Rail Journey to Plattsburg, NY on the 4-hour train ride viewing the beautiful mountains. Upon arrival in Plattsburg, we rejoin our motor coach & travel to our ferry ride to Grand Island! On the Island, we will stay @ the beautiful INN in ESSEX. (home to the New England Culinary School.) The students greet us with a Wine & Cheese Welcome Reception. The evening will host a Gourmet Outdoor BBQ w/Bon Fire & Entertainment. Bring your bathing suit- hotel has an indoor & outdoor pool! Continental breakfast the next morning before checkout. En route home, we will stop @ the famous Church Street Marketplace. In the afternoon, we board the Ethan Allen Dinner Boat Cruise for lunch on Lake Champlain.

Return time approximately 7:00 PM. \$385; Single \$305; Double, \$295; Triple.

\$10 surcharge (pp) if you sign up after MAY 1! (due to train reservations!)

ANNOUNCING THE ...

The "Wall of Information"

We are assembling written information that we have collected from our great seminars and volunteers are placing them in binders that will be placed in our Library on the porch! Some of our health, energy, and financial seminars have such great information! If you could not attend one for some reason and would like to have the information, we would be happy to share this with you!

TRANSPORTATION OPTIONS ON PG. 2

Dial-a-ride is testing a new schedule with expanded hours to accommodate requests! (See Insert!)

Please call to see if we can get you where you need to go! **203-245-5695!**
(48 hours notice please!)

MUNICIPAL INFORMATION

Please **Contact Heather @ 245-5687** OR castrillih@madisonct.org for more information...

TAX RELIEF PROGRAM For Information call Heather @ 245-5687

The Town of Madison Senior & Disabled Tax Relief Program will begin taking applications through May 15, 2010.
Call Heather @ 245-5687 for information on income guidelines, filing requirements & an appointment.

CONNECTICUT ENERGY ASSISTANCE PROGRAM

The CT Energy Assistance Program assists CT residents by paying for a portion of their heating costs for the winter season.
To qualify, an applicant must meet specific income & asset guidelines.
Call Heather @ 245-5687 with questions or to schedule an appointment.

RENT REBATE REMINDERS

Clients, who are planning to file for the Rent Rebate Program in 2010, please contact your electric company to ask for a statement showing proof of payments made in 2009. Drop off a copy, w/Heather, for filing in May.

FOOD STAMPS

Eligible participants are given a set amount of money on an EBT debit card each month to use at local grocery stores.
Monthly income guidelines: Single: \$1,671, Couple: \$2,248. There is no asset limit.
Contact Heather for assistance with filling out an application @ 245-5687.

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance.
It is located in the back of the First Congregational Church on the Town Green. The food pantry is open Wednesdays;
11:00 AM-3:00 PM. For transportation, please call Dial-a-Ride @ 245-5695. 48 hours notice required.
Donations to the food pantry are welcome. Please contact Community Services @ 245-3031.

TRANSPORTATION OPTIONS

**48 HOURS NOTICE REQUIRED!
PRE-REGISTRATION REQUIRED!**

Madison residents, age 60 or older & disabled residents have transportation service options including the fixed route Madison Senior Bus, Dial-a-Ride & Madison Community Services; Medical Transportation Program. Madison residents may call the Depot, **245-5627** to be mailed a flyer for the programs or use our website to read the information.

VIA SENIOR BUS-245-5627

Fixed routes to the senior center, downtown, special events, hot lunch program & Thursday grocery shopping.
See enclosed monthly calendar for route schedule.

DIAL-A-RIDE-245-5695

Operation of Dial-a-Ride is a public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work.

COMMUNITY SERVICES-245-3031

Medical Appointment Transportation.

(local & surrounding areas)

7 DAYS NOTICE REQUIRED!

SHORELINE SHUTTLE

ESTUARY TRANSIT DISTRICT ROUTE

Route includes pickup @ the Depot & return Monday-Friday.
Call **(860) 510-0429** to make pick-up arrangements.

Pre-registration required.

This 9-Town Transit Bus (Madison to Old Saybrook) connects with the Dattco Bus to New Haven
@ the Scranton Parking Lot. **TTY 1-800-842-9710.**

Medicare Monday

The 1st Monday of the month, Carlos Maynard volunteers to answer questions about Medicare **by appointment.**

Call Heather to set up an appointment @ 245-5687.

Elder Law & Legal Assistance for Medicare Patients

Call the Center for Medicare Advocacy @ **1-800-262-4414.**

ConnPACE

The filing period for new clients is Nov. 15th to Dec. 31st annually. The annual registration fee is \$45. ConnPACE will not cover Rx's not on your Med. D formulary and will only cover premiums of benchmark Med D plans. If you earn less than \$1353-single & \$1821-couple; you will be placed on the low-income subsidy program instead of ConnPACE and qualify for lower co-pays for your Rx's.

New Simplified Process to attain...

Handicapped Parking Permit . . .

New application form from the DMV available on the www.ct.gov/dmv.org or in the Depot office. The form is now a one-page document that can be faxed by your doctor's office to the DMV expediting the process.

Notary Services @ the Depot by Appointment:

Heather Castrilli, Katherine DeBurra & Gina Millan.
Call the Depot for an appointment.

Meals-On-Wheels

Hot meals are delivered @ noontime to the homebound or just recently out of the hospital & recovering, please call (860) 388-1611; Ext. 207 **Requires 4-5 days notice.**

Meals On Wheels Volunteer Drivers:

The Town of Madison will reimburse drivers 32.5 cents per mile.

MADISON SENIOR SERVICES CALENDAR

APRIL 2010 (REGISTRATION OPENS 4/1/10) - Pre-Registration required for ALL events!

Monday	Tuesday	Wednesday	Thursday	Friday
			Regs. Opens! 1	2
<p>* CELEBRATION OF HEALTHY AGING @ the Village @ Mariner's Point! Thursday, April 29, 2010 4:00-7:30 PM Dr. Gerard Kerins; Keynote speaker for this event! * See program on calendar for departure time. Senior bus transportation available for this event! REFUND REQUESTS WILL BE ISSUED ONLY IF A SEAT CAN BE FILLED FROM THE WAIT LIST!</p>			9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30-5:30 PM AARP TAX ASSISTANCE PROGRAM	<p>GOOD FRIDAY! DEPOT CLOSED!</p>
5	6	7	8	BINGO! 9
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:00 PM "CHAIR VACA" - (Vacation!) w/Roger Hart Multi-Media Presentation – "Legacy of Beauty" 1:30 PM Line-Dancing	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class <p style="text-align: center;">Deadline to register for lunch & Bingo program on Friday; 4/9!</p>	9:00 AM Fit & Mov 10:00 AM-2:00 PM Lion's Club Free Eye Screening & Blood Pressure Check @ Henry Hull Library in Clinton! Call Dial-a-Ride for transportation! 10:15 AM Srs/Mo 12:00 PM LUNCH 1:30 PM SILL PARTY in Guilford!	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30-5:30 PM AARP TAX ASSISTANCE PROGRAM	9:00 AM Fit & Mov 10:30 AM ChairErcise 11:30 AM Leave Depot for lunch @ Guilford Senior Center... w/Bingo in the Alexander Lounge @ 12:45! Lots of fun! Pre-register by Tuesday April 6th! 12:00 PM LUNCH
12	13	14	15	16
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:45 PM Blood Pressure 1:30 PM Line-Dancing 2:00 PM Bocce Organizational Meeting \$10.00 to register for season. Pre-registrations accepted!	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 12:00 Noon ST. MARGARET'S Bingo Program!	9-10 AM LEGAL ASSISTANCE by Appt. 9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30-5:30 PM AARP TAX ASSISTANCE PROGRAM 5:30 PM MSCC	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:00 PM Spring Fling w/music by Brian Gillie on piano!
Wellness Program! 19	20	Volunteer Day! 21	Earth Day! 22	23
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:30 PM Line-Dancing 1:00 PM Kidney Disease Awareness Program w/Donna Sciacca! Sponsored by the National Kidney Foundation! Are you at Risk?	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class 5:30 PM STARS ON ICE! Leave Depot for a 7:00 PM performance. \$40.00.	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH for Volunteer Day! 1:30 PM RED ROCKS OF SEDONA PARTY! Travelers-Get your itinerary, meet your fellow traveling friends, fill out emergency contact information & bring your questions to the meeting!	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg Plant something to help our environment!	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:30 Champagne Taste @ the Hearth! Great Jewelry, Scarf & Accessory Show!
26	Arbor Day! 27	28	29	Hubbard Park! 30
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:30 PM The story of Lou Gehrig w/Carol Birch! 12:45 PM Blood Pressure 1:30 PM Line-Dancing	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:30 PM Art Class Plant something to help our environment!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 1:00 PM Leave Depot "Annie Get Your Gun" @ Goodspeed! 2:00 PM Performance! \$55.00.	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg * Leave Depot 3:30 PM CELEBRATION OF HEALTHY AGING @ Village-Mariner's Point! Entertainment, raffles, food & more! Bus Fee \$3.00.	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:45 PM Visit to Hubbard Park! See 600,001 (Yes "1") Daffodils in this breathtaking view to welcome Spring! Bus Fee-\$2.00.

SENIOR COMMUNITY CAFÉ

Lunch @ 12:00 NOON! Please be on time! Lucky Lunch Fridays include a free raffle!

All meals include Bread & Butter, Milk, Coffee & Tea. All Soups come with Unsalted Crackers. All Soups, Entrees, Gravies, Sauces, Salad Dressings & Desserts are Low Fat, Low Sodium.		<u>Birthday Cake Day!</u> 1  Beef Stew Tossed Salad Birthday Cake!		GOOD FRIDAY! DEPOT CLOSED! 2					
FOOD SHOPPING ON A BUDGET! (Program @ Yale/Guilford Medical Center) Tuesday, May 25, 2010 @ 6:30-8:00 PM. Sign up for program <u>NOW!</u> We must reserve our spaces if available! Transportation provided!									
5	Lentil Soup Meatloaf w/Gravy Potatoes Green Beans Mandarin Orange Slices	6	Grilled Chicken Fillet White Rice Chinese Vegetables Chocolate Pudding w/Topping	7	Swedish Meatballs Buttered Noodles Mixed Vegetables Tropical Fruit Cup	8	Honey Glazed Chicken ¼ Cranberry Sauce Oven Roasted Potatoes Peas & Mushrooms Sliced Peaches	9	<u>LUCKY LUNCH</u> Oven Fried Fish Peas Creamy Cole Slaw Apple
12	Angus Burger Potato Puffs Diced Carrots Orange 12:45 PM Blood Pressure w/the VNA	13	Roast Pork w/Gravy Red Rice Vegetable Medley Green Fruited Jell-O	14	Beef Vegetable Soup BBQ Ribs Corn & Spinach Apricots 12:00 PM St. Margaret's Bingo Program	15	Turkey w/Gravy Oven Roasted Potatoes California Blended Veg. Pound Cake w/Peaches & Topping	16	<u>LUCKY LUNCH</u> Stuffed Shells Cut Green Beans Tossed Salad Oatmeal Raisin Cookie
19	Salisbury Steak w/Gravy Whipped Potatoes Vegetable Medley Fruit Cocktail	20	Chicken Vegetable Soup Turkey Kielbasa Sauerkraut Buttered Beets Fresh Fruit	21	<u>Volunteer Recognition Day!</u> Fresh Fruit Cup Roast Top Round Au Jus Baked Potato Peas w/Mushrooms Coconut Custard Pie	22	Southern Style Fried Chicken Wild & White Rice Combo Belgian Carrots Cookie	23	<u>LUCKY LUNCH</u> Oven Fried Fish Roasted Potatoes Zucchini Sliced Peaches
26	American Chop Suey Green Beans Tossed Salad Fruit 12:45 PM Blood Pressure w/the VNA	27	Roast Fresh Ham w/Gravy Sweet Potatoes Mixed Vegetables Oatmeal Raisin Cookie	28	Veal Roulade w/Gravy Rice Pilaf Tossed Salad Sliced Pears 	29	Philly Cheese Steak Potato Puffs Stewed Tomato Unfrosted Brownie	30	<u>LUCKY LUNCH</u> Italian Wedding Soup Grilled Chicken w/Gravy Green Beans Baby Carrots Orange

HAPPY BIRTHDAY TO ALL THE APRIL BIRTHDAYS!

Celebrate with us on Birthday Cake Day!

Please let Joan know early that your birthday is in the month of April!
Join us on Birthday Cake Day and receive a special surprise to celebrate your day!
(Attendance required on Birthday Cake Day!) This month; April 1, 2010.



We are fully aware that emergencies arise that cannot be controlled. Please remember that when you order lunch with the Café, it must be ordered 24 hrs in advance with account for wasted lunches not consumed. If you cannot attend a luncheon that you have reserved, please call 245-5686, even to leave a message on the answering machine. If you cancel a trip or call the office to say you are not coming in, please call the Café in addition to cancel lunch. There may be last minute calls to fill these spots.

Thank you for your cooperation.

Thank you to our wonderful volunteers in the lunchroom!

National Volunteer Week! April 19-23! Join us on April 21, 2010 in the Senior Café for a wonderful celebration to show our appreciation! Thank a volunteer for their contributions!

FITNESS & MOVEMENT

SESSION DATES:

9:00 – 10:00 AM Depot, LL
Monday, Wednesday & Friday.
Class Fees-Monday-\$30,
Wednesday-\$30, Friday-\$30.



SENIORS-IN-MOTION

10:15 – 11:15 AM, Depot, UL
Wednesday.
\$30.00 Class Fee.

CHAIR EXERCISE CLASS

10:30 – 11:30 AM, Depot, UL
Mondays & Fridays
Class Fee: Free.



EXERCISE & RELAX

w/HATHA YOGA w/Pat Velleca.
Tuesday & Thursday
@ Memorial Town Hall. \$68.00 Class Fee.

ART 101 – Tuesdays, 1:30 – 3:30 PM
Registration Fee: \$5.00.



BINGO

St. Margaret's Bingo...
Wednesday, April 14, 2010.

CARD PLAYING

Tuesdays & Thursdays 1:00 – 4:00 PM

QUILTING

Looking for new members!
Pre-register in the Depot.



Low impact aerobics for mature folks interested in maintaining & continuing good health. Good cardiovascular workout combined with muscle & joint strengthening.

Bring sneakers, cool comfortable clothing & floor mat.

National Health & Fitness Day- Wednesday, May 28, 2010.

Pat Velleca will pass out the logs to record your fitness time!

Please return them by May 21.

The Center w/the most logged minutes receives a plaque!

An exercise class designed especially for seniors who want more than just a chair-exercise. Involves some standing.

Improve balance, strength & stability.

Same dates as Wednesday; Fitness & Movement Classes.

New participants welcome any time! Class designed for those who need to exercise while seated. Benefits: Muscle toning, joint flexibility & cardiovascular strength. Same dates as the Monday & Friday Fitness & Movement Classes. (ChairExercise)

Same dates as Fitness & Movement Classes.

Yoga techniques are used to increase circulation & relaxation. Know your body physically & mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control & an increase in energy. Suitable for all ages & conditions. Loose clothing & mats needed.

Art class taught by Muriel Waldvogel. Learn at your own pace & level of ability. Instruction in drawing, charcoal, pastel, watercolor, acrylics & oils. Please stop by the Depot for a list of supplies needed.

Thank you to the St. Margaret's Bingo Volunteer Coordinators!

Happy Volunteer Appreciation Month!

Bridge, Canasta, Pinochle,
 Setback & (Mah Jongg-Thursdays).

Attention Quilters - Looking for new members!

Call to express interest. A great space to work!

Call to ask about dates for use of space.

NEW program to begin on May 6; 1:30-3:30 PM! – Quilts for a CAUSE!

Have you added your name to our list?

MONTHLY SERVICES AT THE DEPOT. . .

<p>MEDICARE COUNSELING ... Unbiased information & assistance on Medicare, supplemental insurance, & Medicaid.</p>	<p>Carlos A. Maynard volunteers to assists Madison residents w/Medicare questions. "Medicare Monday" 9:00 to 11:00, <u>by appointment.</u> 1st Monday of the month. Call Heather @ 245-5687 to schedule an appointment. Happy Volunteer Appreciation Month!</p>
<p>BLOOD PRESSURE CHECK 12:45 PM @ the Depot. April 12 & 26, 2010</p>	<p>Service provided by VNA Services. BP Clinics held the 2nd & 4th Monday of the month @ the Depot. You may also have your BP checked the 1st & 3rd Tuesday of the month from 8:30-10:30 AM @ the Strong House. Blood Pressure Monitor also available for use in office. Just ask!</p>
<p>LEGAL ASSISTANCE, 3RD Thursday Monthly, Next date: April 15, 2010. 9:00 – 10:00 AM. <u>By appointment only!</u></p>	<p>Attorneys Thomas Cronan, Michael Sweeney & Timothy Shields offer counseling services on a one-on-one basis. <u>Appointments Required.</u> Call the Depot 245-5627 to make an appointment. Thank you to our legal team for their monthly assistance! Happy Volunteer Appreciation Month!</p>



AARP DRIVING SAFETY PROGRAM COURSES 2010

The Guilford & Madison Senior Centers have created a Shoreline Guilford/Madison AARP Safe Driving Class offered to seniors to sharpen driving skills & enjoy a discount on auto insurance. State law mandates that people 60 & older are entitled to a minimum 5% discount on the liability portion of their policy upon completion of the two-day, 8-hour course.

Classes held @ Guilford Community Center: April 21-22, 6:00-10:00 PM,
May 12-13, 1:00-5:00 PM, June 9-10, 1:00-5:00 PM.

Classes held @ Madison Senior Center: July 12-13, 1:00-5:00 PM, August 9-10, 1:00-5:00 PM,
September 13-14, 5:00-9:00 PM, October 4-5, 1:00-5:00 PM, November 8-9, 1:00-5:00 PM.

Advance registration required: AARP members \$12.00 & Non Members \$14.00 checks made payable to AARP.
Please bring your membership card at time of registration or we must charge the full registration price.

AARP also offers an online course @ www.aarp.org/drive

Looking for AARP VOLUNTEERS FOR SAFE DRIVING INSTRUCTORS!

Safe driving is a classroom program, designed to help keep seniors driving safely for as long as possible. The program refreshes driving skills. Participants are entitled by law to get a 5% discount on the liability portion of their auto insurance. You will be fully trained to prepare you for your role as a DSP Instructor. You receive reimbursement for mileage and approved out of pocket expenses for each class you teach. To volunteer or to obtain additional information, contact Cliff @ cwmcguire1@comcast.net

ART CLASSES New Members Welcome!

Tuesdays, 1:30 – 3:30 PM-Registration Fee: \$5.00.

Instruction in drawing, charcoal, pastel, watercolor, acrylics, oils. Our Instructor is Muriel Waldvogel: Madison Artist, who volunteers her time and talent to teach our weekly program! **Happy Volunteer Appreciation Month!**

Classes are held in the lower level of the Depot. List of art supplies available.

Working on Art Show Ideas for the Spring!

MEN'S SENIOR SOFTBALL

Games every Tuesday & Thursday morning @ Surf Club.

Stop by the Beach & Recreation Department @ Town Campus for an updated schedule.

Play begins in April! **\$35.00 (includes shirt & hat!)**

SENIOR GOLF-Women or Men-ages 55 & up.

Hit the links this season & find that Arnold Palmer hidden inside of you. Play different courses around the state Tuesday (Men's) & Thursday (Women's) including Portland West, Portland, Quarry Ridge, Timberlin, Stanley & others.

For registration information and a schedule contact the Recreation Department @ 203-245-5623. Fee.

LINE DANCING AT MEMORIAL TOWN HALL- Visit to the program on May 3rd to see the dancers perform!

Gayle Melonson is our Line Dancing Instructor for seniors & class is held Mondays-1:30 PM @ the Memorial Town Hall.

Pre-register @ the Depot or Beach & Recreation Department for any session, prior to start of class.

Program # 300301A-3/1/10-4/5/10. \$19.50 & Program # 300301B-4/12 /10-5/17 /10. \$19.50

(Out of town residents -\$5.00 additional fee.)

Please try to register for the session before the first day of class. Thank you for your cooperation!

BOCCE ORGANIZATIONAL MEETING

MONDAY, April 12, 2010 @ 2:00 PM

Enjoy the beautiful Surf Club while getting some exercise! Call the Depot to let us know if you are interested in playing this year and you will be coming to the meeting. Start organizing your teams and bring your lists to the meeting.

Bring suggestions to improve the program and we will discuss and settle our plans for this season! Because of the increase in player numbers and popularity of the program, we are considering 2 sessions of play. (9:00 AM & 10:00 AM)

Registration for program will be accepted prior to meeting. Send your fee in anytime to reserve your spot!

\$10.00 includes end of season picnic!

Substitute players are always needed to fill vacancies!

SHORELINE INSTITUTE OF LIFELONG LEARNING

This exciting program will offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! The new brochure is out and the session is full of interesting courses!

Become a member of this great program!

The computer area has a very busy schedule for personal use but please call to check on times that it is available!

Sign in at the office. Looking for some volunteers to help coordinate effort with; Elderwisdomcircle.org

PROGRAMS & TRIPS

Check the Monthly Calendar for daily events & trips!...
**AND PLEASE REMEMBER TO PRE-REGISTER for ALL EVENTS & PROGRAMS
TO AVOID CANCELLING PROGRAMS!**

REFUND REQUESTS WILL BE ISSUED IF A SEAT CAN BE FILLED FROM THE WAITING LIST!

(REGS. OPENS; **April 1** for programs-Pre-Registration required for ALL events!)

If you have, any ideas for a new program that you would like to see...

Consider joining the **ADVISORY GROUP** (meets 5/12/10) or call the Depot with your input!

THE STARS ON ICE! @ Harbor Yard!

Tuesday, April 20, 2010.

Fresh off the ice in Vancouver, the Stars will bring the excitement of their performances directly to you! The tour captures the spirit of the Olympics as it visits cities across the USA! (One night per city!) Don't miss this opportunity to see Sasha Cohen, Evan Lysacek, Tanith Belbin & Benjamin Agosto. The world's best skaters in this magical combination of artistry, athleticism, & great music! Leave Depot @ 5:30 PM for a 7:00 PM performance. Must meet @ Depot! Thank you! **\$40.00.**

ANNIE GET YOUR GUN @ THE GOODSPEED!

Wednesday, April 28, 2010 @ 2:00 PM. (Wait List!)

Center Orchestra Seats for this wonderful musical @ the Goodspeed! Enjoy this great musical w/lyrics written by Irving Berlin! The story fictionalizes the life of Annie Oakley-a sharp shooter from Ohio! (Ethel Merman starred in a great production of this in 1946!) Hit songs include; "There's No Business Like Show Business!" "Doin What Comes Natur'ly!" "You Can't Get A Man With A Gun!" & "Anything You Can Do." to name a few and bring a memorable smile to your thoughts! Leave Depot @ 1:00 PM for the 2:00 PM performance! **\$55.00.**



RED ROCKS OF SEDONA PARTY!

Wednesday, April 21, 2010 @ 1:30 PM

Travelers-Get your itinerary, meet your fellow traveling friends, fill out emergency contact information & bring your questions to the PARTY!

RED ROCKS OF SEDONA! May 2-7, 2010. (Wait List!)

A wonderful trip to Arizona to enjoy this beautiful area of the United States with its unique geological area & fascinating red rock formations, desert skies & wondrous historical landmarks! The breathtaking beauty of this area has mesmerized tourists & has been voted the **MOST BEAUTIFUL PLACE IN AMERICA!** The trip includes roundtrip airfare to/from Phoenix; deluxe accommodations in Sedona (5 nights @ Poco Diablo Resort) which lies in the mouth of Oak Creek Canyon, Sedona Trolley, Chapel of the Holy Cross, Tlaquepaque, Uptown Sedona, (delightful eclectic shops & art galleries) Red Rocks Jeep Tour, OR optional Hot Air Balloon Ride (\$200 plus), Grand Canyon National Park, Montezuma's Castle Monument, Toozigoot, the "Wilderness Train"-1st class train tour through the Verde Canyon, (you may glimpse a bald eagle who nest there) & visit to Old Towne Scottsdale. Professional Tour Guide-*David Singing Bear*; native to the area will share wonderful information about the area. 9 Meals-5 breakfasts, 4 dinners, (2 w/dinner shows)

\$1,580-Double (pp), \$ 2,005-Single. \$1,520-Triple.



Friday, May 21, 2010- Agency on Aging of South Central CT Senior Expo in New Haven.

ARSENIC AND OLD LACE @ the IVORYTON!

Wednesday, June 23, 2010.

A delightful evening of murder and mayhem with the eccentric aunts, crazy nephews and bodies in the basement! Leave Depot @ 1:00 PM for a 2:00 PM performance. Join us for lunch in the Senior Café @ 12:00 Noon! Call Joan @ 203-245-5686 to order lunch by Monday, 6/21! **\$30.00.**



THE RIVERHOUSE in Haddam! (BRAND NEW LOCATION!)

Wednesday, June 30, 2010.

Nestled on a secluded ridge atop the banks of the CT River, this brand new state of the art banquet center sets the stage for a delightful summer afternoon! The majestic ballroom w/dramatic vaulted ceiling & 2-story atrium entrance offers river views overlooking the Goodspeed & Haddam Bridge to create a wonderful setting! The versatile entertainer, John Timpanelli will have the audience singing along one minute and switching gears to hilarious comedy the next... a great talent! Enjoy a wonderful meal w/garden salad, rolls, chicken marsala OR salmon w/pineapple salsa, veg. potato, chocolate mousse "martini" & iced tea & lemonade in carafes on the table. Leave Depot @ 10:30. **\$55.00.**

RETURN ADDRESS:
MADISON SENIOR SERVICES COMMISSION
DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443-2691
TELEPHONE: 245-5627

PRSRT STD
U S POSTAGE
PAID
MADISON CT
PERMIT
NO. 140



**DATED MATERIAL
PLEASE DELIVER PROMPTLY**

*** CELEBRATION OF HEALTHY AGING@ the Village @ Mariner's Point!**

Thursday, April 29, 2010 4:00-7:30 PM

**Dr. Gerard Kerins; Keynote speaker for this event! * See program on calendar for departure time.
Senior bus transportation available for this event!**

LION'S CLUB FREE EYE SCREENING & BLOOD PRESSURE CHECK

@ Henry Hull Library in Clinton!

Wednesday, April 7, 2010 -10:00 AM - 2:00 PM

Call Dial-a-Ride for transportation @ 203-245-5695!

TAX RELIEF PROGRAM...

For Information call Heather @ 245-5687

The Town of Madison, Senior & Disabled Tax Relief Program will be taking applications through **May 15, 2010**.
Call Heather @ 245-5687 for information on income guidelines, filing requirements & an appointment.



REGISTRATION OPENS; April 1, 2010!

Thank you for your cooperation!